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52ND YEAR NO. 35

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44 PAGES

WEDNESDAY, AUGUST 29, 2007

No vote yet

Discussion continues on block rate structure

By JULIE FENNELL

WILMINGTON - The Water & Sewer Commissioners met last week and continued their discussions on changing the water billing to a block rate structure. In recent months, the group has been discussing the pros and cons of the change and was expected to take the vote during this most recent meeting.

With one member absent, however, Chairman Joseph Balliro Jr. decided to table the vote until their next scheduled session in September when all commissioners could be present.

Water & Sewer Superintendent Michael Woods

CONTINUED PAGE 19W

Tragedy on the water

Local man's life lost despite heroic efforts

By LARZ F. NEILSON

SOUTH BRISTOL, ME - A pleasure boat trip turned tragic for a Wilmington family last week when their boat capsized near South Bristol, Maine. David Houser, Sr., 69, died in the mishap despite heroic rescue efforts by his nephew.

The family was on a 21-foot boat, the Fina-Lee, which capsized on Monday, August 20th near Inner Heron Island in the mouth of the Damariscotta River. Onboard were Mr. Houser, his wife Andrea, son David, Jr. and nephew William Merrill, Jr. Merrill was operating the boat.

The accident occurred at 11:45 a.m. when the boat was caught in a sea swell in an area where the river current meets the ocean. When the boat

CONTINUED PAGE 20W



Lorenzon DiMambro, Ryan St. Jean, and Jarred Aucion climbed the stairs onto the bus bound for the Shawsheen Elementary School on Tuesday, the first day of the school year in Wilmington.

(photo by Maureen Lamoureux -www.shootingstarpix.com)

What's a chalkboard?

Wilmington schools on the cutting edge with SMART Boards

By JULIE FENNELL

WILMINGTON - They say that technology paves the way for the future. If that's the case, the Wilmington public schools should have a smooth ride ahead this year. With upgraded technology, students and faculty now have access to interac-

tive teaching tools that are leading the way in education.

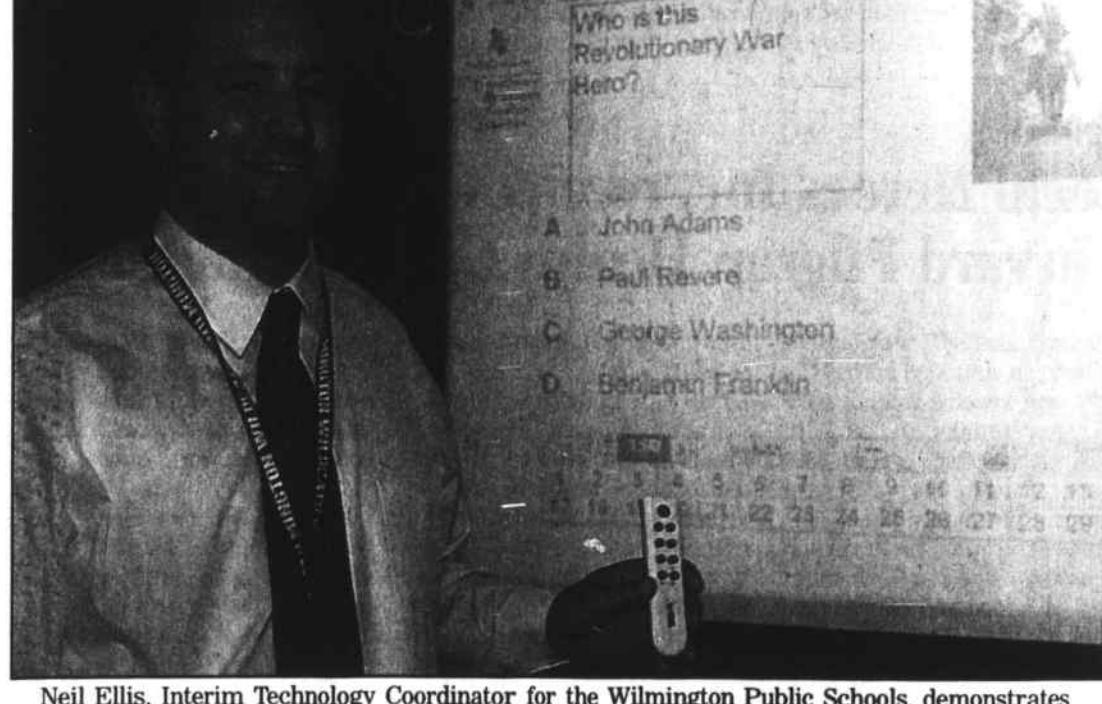
Remember chalkboards? They've been replaced with the SMART Board interactive whiteboard.

"It looks like a regular whiteboard but think of it as a giant mouse pad," explained Neil

Ellis, Interim Technology Coordinator for the Wilmington Public Schools. "You don't need a mouse because you use your finger instead."

He continued, "The teacher can type directly on the whiteboard using a button that pops

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Neil Ellis, Interim Technology Coordinator for the Wilmington Public Schools, demonstrates some of the features of one of the SMART Boards being used in the schools.

(photo by Maureen Lamoureux -www.printroom.com/pro/shootingstars)

The need is there, but the shelves are bare

Food Pantry seeks donations, reaching critical level

By JULIE FENNELL

WILMINGTON - Can you spare a can of soup or vegetables? How about some bread to help a neighbor in need? The Wilmington Food Pantry is in urgent need for food supplies and has asked that residents consider dropping off an item or two to help.

Bob DiPalma has volunteered with the organization for over fifteen years, but he was recently sur-

prised by the sharp increase in the number of families in need.

"I can't figure it out," said DiPalma. "During the summer, the number of families we serve usually drops down, but this year we're averaging about five new families registering with us per month. That's fifteen new families this summer alone without any of our other families dropping off."

Traditionally, the Food Pantry has served about 25 to 30 families every month during the summer, but they are averaging over 40 families a month right now. DiPalma acknowledged that supply levels sometimes decrease during the summer because food donors go away on

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Supplies are always a bit more scarce in summer than during the holidays, but with an increase in need, Wilmington's Community Pantry is facing a critical shortage.

(photo by Maureen Lamoureux -www.printroom.com/pro/shootingstars)

Olin Site

Public meeting to discuss investigation of site

WILMINGTON - On Wednesday, September 5 at 7:00 p.m., the public is invited to attend an informational meeting about the upcoming remedial investigation of the Olin Chemical Superfund Site. The meeting will be held in the Wilmington Middle School Auditorium, located at 25 Carter Lane.

Representatives from the U.S. Environmental Protection Agency (EPA), the Massachusetts Department of Environmental Protection, Olin Corporation, and the Town of Wilmington will be present to discuss the remedial investigatory work to be done.

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Local man med-flighted

State Police investigate crash

WILMINGTON - On Friday, August 24, 2007 at approximately 9:14 p.m., Troopers assigned to the State Police Barracks in Andover responded to a two-vehicle crash at the top of the off-ramp from Route 93 North to Route 125 in Wilmington that resulted in the serious injury of a Wilmington man.

Preliminary investigation by Trooper Matthew LaVita indicates that 25 year-old Joseph Picanso of Wilmington was operating a 2000 Buick Century sedan approaching the top of the off-ramp from Route 93 North to Route 125 in Wilmington when the vehicle entered into the Eastbound lane of Route 125 and crashed into the passenger side rear of a 2006 Freightliner tractor trailer unit that was traveling East on Route 125 passing the off-ramp from Route 93 North.

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Autism, which strikes without regard to race or gender, is affecting more and more children every year. Candida, A.J. and David Erickson and Robert Bouvier, owners of A.J.'s Kitchen in Wilmington, are working to fund research to find a cure.

(photo by Maureen Lamoureux -www.shootingstarpix.com)

Walk Now for Autism

A.J.'s - the little restaurant with a heart

By MARCY RAGUCCI

WILMINGTON - Greater Boston's Walk Now for Autism will be held on Sunday, October 14, 2007 at Suffolk Downs in East Boston, MA. Local restaurant owners David Erickson and Rob Bouvier at A.J.'s Restaurant in Wilmington proudly display puzzle pieces all over the walls to show sup-

port for this event.

Offering support for this cause has become a way of life for Erickson because David and his wife Candy Erickson's three-year old son, A.J. is autistic. Erickson named the restaurant in honor of A.J. and all the employees wear the puzzle symbol on their shirts and hats. The puzzle symbol sug-

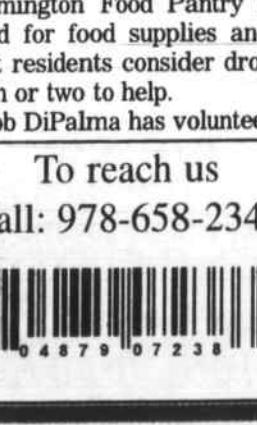
gests that no one knows the cause or the cure for autism, so there is always a missing piece of the puzzle with that condition.

"My wife and I noticed a change in A.J.'s behavior when he was about twelve months old," recalls Erickson. "He no longer reacted to me when I

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organization for over fifteen years, but he was recently sur-

prised by the sharp increase in the number of families in need.

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"Rally Day" scheduled for Sept. 9th at Tewksbury Congregational Church Children's Sunday School Program registration open

TEWKSBURY - Tewksbury Congregational Church, United Church of Christ (TCC), a member of the largest Protestant denomination in Massachusetts and one of the most historic churches in Tewksbury, announces today that registration is now open for the Children's Church School Program which will begin Sunday, September 9, 2007.

Said TCC's director of Religious Education, Rita Masters, "All children who are three years old or older are invited to attend regular Church School classes. And because we understand that some children feel nervous the first day of church school, like they do on the first day of regular school, we have designed Rally Day to make both parents and children feel comfortable with the program."

This year's Rally Day, the designated first day of the Children's Program, will take place at 9:00 a.m. Parents and children are invited to see the classrooms, meet their teachers, get familiar with the curriculum, and have some refreshments, before worship service begins at 9:30 a.m. The curriculum includes a lesson geared to the children's ages, take-home story sheets, crafts, snacks, and prayers. Students begin their morning lessons in the sanctuary with their families at 9:30 a.m. as part of the regular worship service. They are dismissed to their classes

following the children's story. Classes end at approximately 10:45 a.m. Membership in TCC is not required.

This year's school schedule features several programs and events geared specifically for children including the opportunity to join the cherub or junior choir, the youth band, and the youth English handbell choir; take part in the Christmas pageant; and contribute to mission projects for the local shelters and Tewksbury Food Pantry as well as the world's poor.

Additionally, children in grades 7-12 are invited to join the Youth Fellowship Program - which meets approximately twice per month from 6-8 PM on Sunday evenings. The goal of this group is to explore what it means to be a Christian every day, not just on Sunday mornings. Fellowship participates in field trips, workshops, retreats and many outreach service projects along with regular Sunday evening meetings. Students are invited to bring friends and may attend all or any individual event.

"These children are Tewksbury's future," said Masters. "We are really trying to help families instill good Christian values in their children and show the youth that not only can they really make a difference in the world, but that they have plenty of peers who have better things to do than get into troublesome mischief."

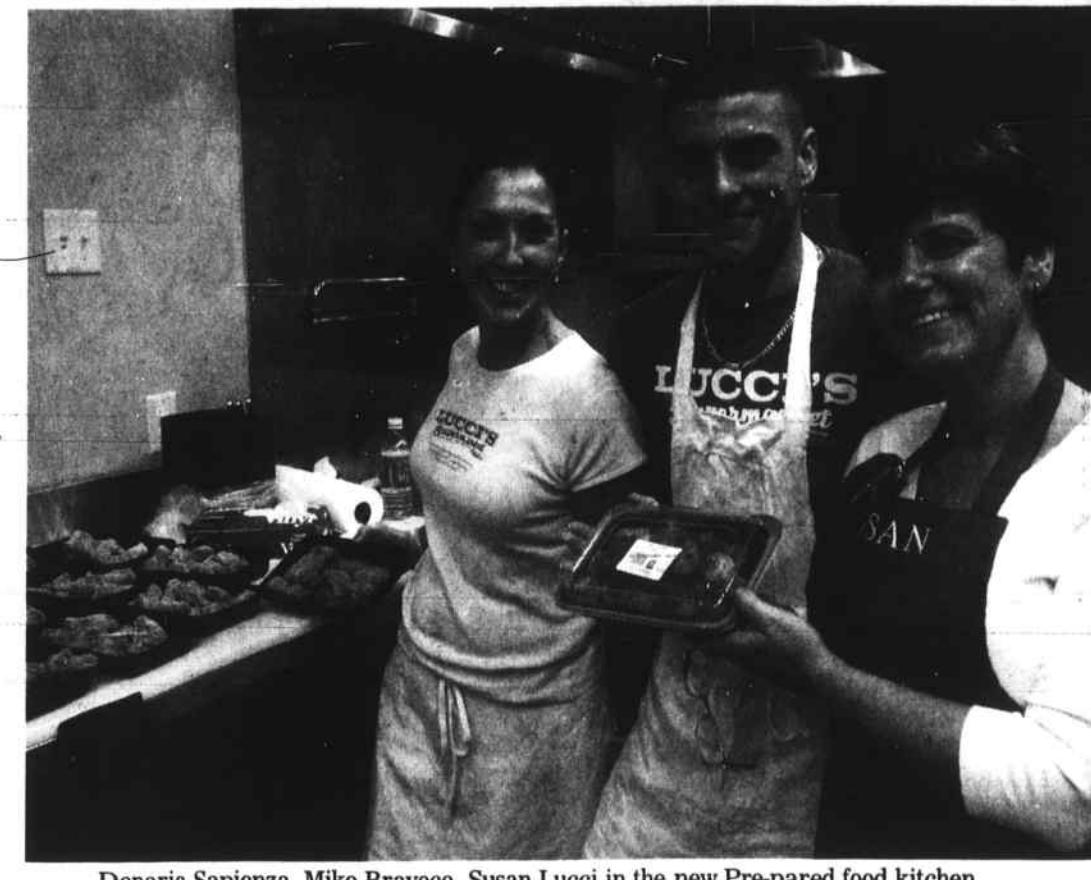
Nursery care for children

newborn to age three is also available to all families worshipping at Tewksbury Congregational Church.

All programs are free of charge. To register, contact Rita Masters at (978) 851-9411 or e-mail tewksburycc@verizon.net.

About the Tewksbury Congregational Church

Tewksbury Congregational Church, a Protestant church located across from the Town Common, was established in 1735. In 1962, the members voted to join with the umbrella organization of the United Church of Christ (the largest Protestant denomination in New England) but to maintain the historic name. Centered on the belief that God's word is central to proclaiming the Gospel, we worship in prayer, music, word and sacrament. Children join adults for the first fifteen minutes of worship and then go to their Church School classes. We celebrate the Sacrament of the Lord's Supper on the first Sunday of each month. Tewksbury Congregational Church welcomes all people desiring to lead their lives according to the teachings of Jesus Christ, regardless of race, color, national origin, previous religious background, economic status, gender, age, sexual orientation, or physical challenges. For more information, visit www.tewksburycc.org.



Donaria Sapienza, Mike Bravoco, Susan Lucci in the new Pre-prepared food kitchen.

Bill Ryerson photo

For freshly prepared entrees, side dishes and pasta dishes

Lucci's Supermarket adds new state of the art kitchen

WILMINGTON - Welcome to Susan's Kitchen. Under the supervision of John Lucci, Sr. a 1200 square foot state of the art kitchen and storage area has been added to Lucci's Supermarket.

After collaborating with Executive Chefs, restaurant equipment suppliers, and the local Board of Health, John Lucci, Jr. and his wife, Head Chef Susan Lucci, designed and outfitted the kitchen with state of the art equipment. This latest technology has provided a safe and comfortable work environment for Susan and her

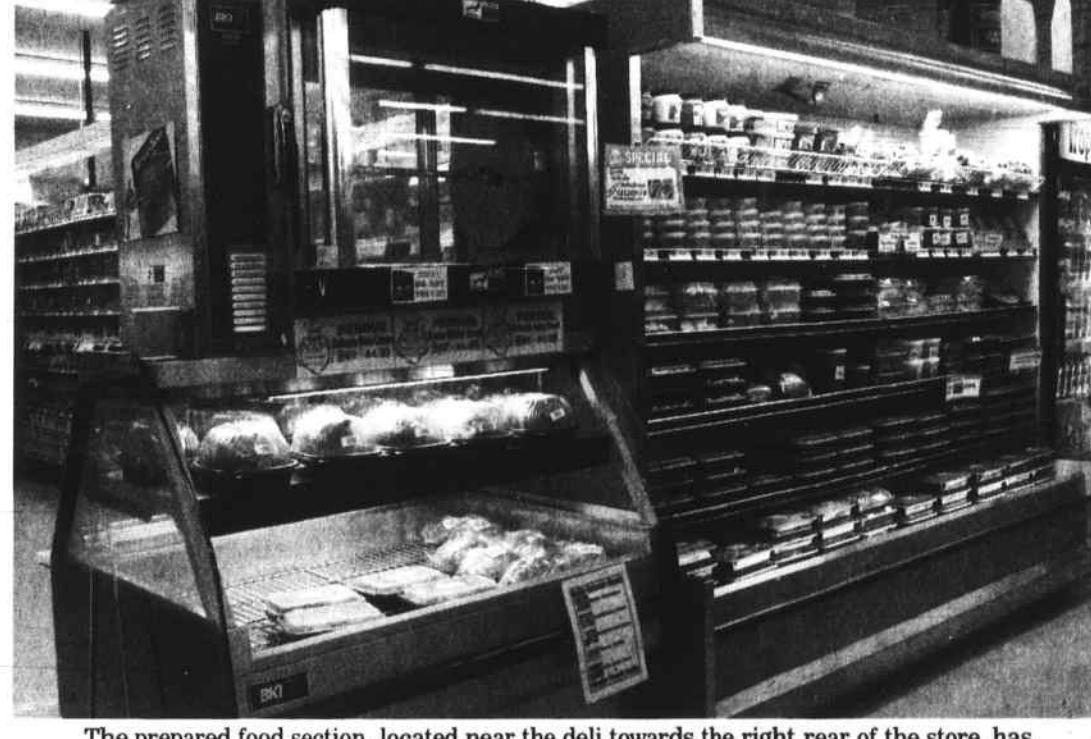
staff.

Susan and her staff have provided customers with freshly prepared entrees, side dishes and pasta dishes for a number of years. With the expansion of our kitchen, and Susan's innovative and tasty recipes the selections will increase to provide all customers with an expansive menu to choose from.

Susan's Kitchen is proud to provide you and your family with fast healthy alternatives, freshly prepared, fully cooked food to take home or back to work.

Some of the entrees available are Chicken Parmigiana, American Chop Suey, Salmon with Baby Arugula and Dijon vinaigrette, Cheesburger Pasta, Cheese Lasagna, and all White Meat Chicken Pot Pie just to name a few. Roasted Vegetable dishes change and expand with the seasons, and all requests are taken into consideration.

Stop by Lucci's Supermarket and peruse the many tasty entrees and side dishes Susan's Kitchen prepares for customers daily.



The prepared food section, located near the deli towards the right rear of the store, has become a popular stop for those in a hurry for some great food.

Bill Ryerson photo

Local Heroes Inc. receives funds from Harvard Pilgrim Health Care Foundation

Massachusetts servicemen and women stationed across the world will receive weekly care packages thanks in part to Local Heroes Inc. and a \$500 award from the Harvard Pilgrim Community Spirit 9/11 Grants Program.

The funds will be used to ship care packages filled with food and needed personal supplies. Over the past eighteen months Wilmington-based Local Heroes Inc. has sent more than 3,000 packages to soldiers stationed abroad. Local Heroes Inc. was one of 79 organizations to receive a grant from Harvard Pilgrim, with a grand total of more than \$39,000.

awarded in the second quarter of 2007.

The Harvard Pilgrim Community Spirit 9/11 Grant Program was created in commemoration to those lost on September 11, 2001 through a special contribution to the Harvard Pilgrim Health Care Foundation. The Program provides Harvard Pilgrim employees with an opportunity to seek Harvard Pilgrim's assistance in funding community activities that they regularly support through their own donations of time and/or money. Since its inception in September 2002, the Harvard Pilgrim

Community Spirit 9/11 Grant Program has provided hundreds of organizations with financial support and in-kind contributions worth more than \$400,000.

"Harvard Pilgrim is pleased that so many of its staff have chosen to give back to their communities through the Harvard Pilgrim Foundation," said Karen Voci, Executive Director of the Harvard Pilgrim Foundation. "The grants support the variety of activities and programs that enrich all of our communities and have made a difference in the quality of life in these places."

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OPINION

Letters to the editor

Looking for help

Dear Editor:

My family and I have been residents of Wilmington for over 10 years. Unfortunately, we have come to some trying times. We are in the process of losing our home in this wonderful town of Wilmington. We have a large family with young children, some of whom are in the Wilmington Public Schools.

A few years ago we suffered a car loss and have not fully recovered from this loss. We now have a stable job, but previous mortgage payments cannot be paid. We had to file for bankruptcy and our house is up for auction in the beginning of September. We have tried to work with the mortgage com-

pany but have had no luck, we contacted the Governor's office of Massachusetts but that was a dead end also. Different agencies have been contacted and have tried to assist us, but unfortunately they are unable to help. We have been trying diligently in hopes that someone could help us in some way.

Despite our efforts there has been no remedy to this situation.

We are asking the community for any suggestions one might have for helping us with this situation. Please forward any suggestions to wilmfamilyinc@ao.com.

Thank You,

Wilmington Resident

A vote for Miceli

Dear Editor:

I would like to thank you, Mr. Fennell, and Maureen Lamothe for the article that was in the Town Crier on 8/22/07 regarding the need for a sound barrier on Route 93 in the benefit of my home and my neighbors.

This article was very well written and informative and I think the people who work for the Town Crier do care about the residents of Wilmington and their needs. Maureen Lamothe did a very good job taking my picture as representative for the Town Crier and I was very pleased to be the front page.

It was good to know that Representative Jim Miceli was involved and the information he gave was very informative. I am also glad that

Representative Jim Miceli stated, "that the sound barrier for Route 93 is not a dead issue."

I know Route 128 is older than Route 93, but the people of Wilmington have been putting up with this "noisy neighborhood" for many years also. Representative Jim Miceli has done a very good job, over many years, for the residents in Wilmington, back when he was a Selectman, and then when elected to be State Representative for Wilmington and Tewksbury, and he will have my vote in his bid for Congress as I know he will do a great job representing us in Congress also.

Thank you again for your concern and interest in this matter.

Ron & Jan Deveau

Wilmington

A vote for Francis

Dear Editor:

Dennis Francis is a candidate for Selectman in the Tewksbury election on September 4th. I wholeheartedly endorse his candidacy. I first came to know Dennis Francis about a year ago when he was a member of the U25 School Advocacy group.

What impresses me about Dennis is his willingness to consider both sides of an issue. He is not simply pro school; he is pro Tewksbury. He genuinely endeavors to do what is most appropriate for the whole town and not solely for just one segment (Schools, Fire, Police, DFW, Library, etc.).

Mr. Francis has walked with quiet competence amidst the maelstrom of budget cut scenarios

that have plagued Tewksbury's FY 2008 budget cycle.

In these critical financial times, Tewksbury desperately needs people like Dennis Francis who will be fiscally responsible and totally focused on maintaining and improving all town services. Mr. Francis is his own man; he owes allegiance to no one. As Selectman, Dennis Francis will be 100% involved in what is best for the town as a whole and will not cater to special interests.

I respectfully request the citizens of Tewksbury to vote for Dennis Francis for Selectman on September 4th.

Sincerely,

Kevin Donnelly
Member Tewksbury Finance Committee



The Family Therapist

WEDNESDAY, AUGUST 29, 2007

by Anthony Ferrara

The price of freedom

When parents lose the respect of their child, they have lost parenthood's greatest challenge. Look around in shopping areas in the street, and restaurants and you will see kids going wild. Not all, but great majority can't be controlled by the parents. They show no respect for the parent's authority. Too often I hear bribes and pleading from parents to control their child. Little children are controlling the adults. Most of these parents are loving, giving, and caring while spending adequate time with their children. Children are given the world while giving nothing in return. All this outpouring of love and concern, yet still no respect from the child.

This trend can continue into adulthood. Lack of respect, especially toward the elderly, is everywhere. Pick up a newspaper any day and you will read about the disrespect and the abuse. Young punks are beating even elders in their eighties and nineties.

Why are parents failing to receive the respect they deserve? This question has haunted many of today's parents. "Why don't they respect us?" We give them everything

they need and desire?" Parents do not see the greater needs that are being left out. Many of these children have been denied a good, natural process of growing up. Self-reliance, responsibility, and learning how to wait and to accept a "no" for an answer are a must. Without these characteristics, children are but an empty shell longing to be filled. Bad influences and habits could find their way into this emptiness.

When children lack independence, they are not self-sufficient. Without being able to shoulder responsibility, a person will usually fail as a productive family member. When nothing is expected of children, they learn to give nothing in return. Their chance of holding on to a job becomes doubtful. They usually are late for work. The incentive to achieve or complete a job is usually lacking. In the past, Mom and Dad were there to fulfill their inadequacies.

Character development starts when we are babies. Don't wait until your child is older to teach her acceptable behavior. Don't cop out with the saying, "Kids will be kids." Their defiance's are sometimes regarded as

cute and are greeted with laughter. Some believe that a child acting out is healthy. Some parents don't realize that children's negative behaviors turn off everyone. This can only end up with their children being rejected. No one enjoys a child running and yelling wildly in a restaurant. Yet I see parents who shut themselves off to any of these disturbances.

Some parents rationalize that their children are going through a phase. Sadly, this phase can become a way of life. We see this outcome everyday in our newspapers with kids going wild.

Ironically, I find that parents who are strict and give the least get the greater respect. I feel it's due to a bit of fear and a striving for parents' acceptance. Children are sure of the loving and giving parents. They take these parents for granted and become spoiled because of this security. Having counseled hundreds of families, I found the parents who demanded respect were the most successful. The child's raising of the voice, foul language, disobedience, and acting out behavior are nipped in the bud. These parents did not wait for a crisis to develop.

Everything in moderation; allow your children to play, express themselves in a controlled manner. Don't allow them to over react and offend and disturb the people around them. Teach them now what is proper behavior before it's too late. Try not to hinder behavior, just direct it.

Don't confuse your child by laughing and accepting inappropriate behaviors. Don't plead and bribe to get control. Instead, inform the child to "Please stop and listen to my instructions. If you don't, you will be punished." Be consistent, but don't over punish. Let your child know life is not only taking, but also giving. Whenever possible, let them earn what they get. Before fulfilling their wishes have them help with chores. When they ask for a ride or any favor tell them "As soon as you finish your chores I will drive you." You will be teaching your child how to give in return and be responsible.

If children don't respect their parents, they won't respect themselves.

Questions, Comments e-mail

Tony@yourtowncrier.com



Letters to the editor

A vote for Francis

To the editor:

On September 4, Tewksbury voters will fill one of the vacated positions on the Board of Selectmen. All three candidates have something to offer the town, and have run strong, clean campaigns. I am supporting Dennis Francis for the position. I share Dennis's priorities for addressing the issues the town faces, and I admire the energy, enthusiasm, and dedication he has given to the town for many years. I have known and worked with Dennis on various activities for almost 10 years, and have found him to

be a consummate citizen, who considers the town and its residents first and foremost, with no outside interests or pressures that could sway his decision-making. Over the past few years, the town has made great strides in creating a new generation of leaders, and I believe making Dennis Francis our next Selectman will be another step in the right direction. I urge voters to join me in voting for Dennis Francis for Selectman on September 4.

Keith Rauseo

Tewksbury

A vote for Francis

Dear Editor:

I support Dennis Francis for Tewksbury Selectman.

Dennis has been an active volunteer in town for years, as well as attending countless Board of Selectmen, School Committee, and Budget meetings over the years. His overriding desire is to make Tewksbury a better place to live and raise a family.

He has no hidden agenda, other than to work tirelessly to improve the quality of life in our town. In short, he cares and is willing to do whatever it takes to foster improvement.

He cares about out-of-control taxes and fees.

He cares that our High School is on accreditation warning status.

He cares about protecting our town's core services.

He cares about the future of Tewksbury.

If you're ready for a change for the better, please join me on September 4th in electing a man of the people, Dennis Francis.

Sincerely,

Barry Lewin

Tewksbury

A vote for Francis

Dear Editor:

On September 4th, join me in supporting Dennis Francis for Tewksbury Selectman. Dennis Francis is a candidate for Selectman who will reflect the values and priorities deemed essential to the residents of Tewksbury. What this town needs is to develop a cohesive roadmap for a brighter future in Tewksbury.

This year, Tewksbury residents have felt the loss of traditions (such as the 4th of July celebration, Memorial Day Parade, etc) that gives every town a sense of patriotism and community.

The financial shortcomings are forcing elimination of town funding for these services while other services are slowly being eroded as the gap between revenues and expenditures widens each year.

In recent years, one-time revenues have offset draconian cuts to otherwise unsustainable budgets mainly due to escalation of non-discretionary spending for mandated special education, health, pension and utilities, diverting funds from operating budgets.

The budget process has been stalled over splitting limited revenues between the town and school services; but, through endless meetings debating the impact of cutting expenditures, a tolerable

unified compromise is reached as the best of a very difficult situation to avoid an emotional and unruly showdown between advocates of each side that could compromise the balance of school and town services.

A town meeting style of government is a direct or 'pure' democracy, because all general town authority resides in the voters themselves at town meeting, not in any representative body. Concerned residents who try to participate at town meeting should expect answers from town officials and not be rebuked or chastised for simply asking why we are funding non core services at the expense of core services. It's time for Tewksbury residents to start electing candidates who will tackle these key community issues and educate the taxpayer so we can avoid the budget crisis that recently occurred in Stoneham.

Dennis Francis, has the "Tewksbury Tough" mentality to work hard to develop the future blueprint for the residents of Tewksbury. Please cast your vote for him on September 4.

Sincerely,

Charlie Anzuoni

Tewksbury

To the parents of Tewksbury

An open letter to the Tewksbury community

Dear Parents, Guardians, and

Community Collaborators:

I will be leaving the Tewksbury Public Schools on August 31 and moving on to new experiences and adventures.

Many of you have been calling to ask: Who do I call now if I have questions about special education, grants, scholarships, SAT testing, the College/Career Fair, professional development, parent programs?"

Effective September 1, all matters that relate to Special Education and to Early Childhood will be addressed by Ms. Cheryl D. Porcaro, Special

Needs Coordinator-Systemwide Team Chairperson, and Ms. Jan Fuller, Special Needs Coordinator-Private, Summer, and Integrated Preschool.

Matters pertaining to Health Education, Health Services,

Guidance programs and services, Title 1 programs and services, Safe and Drug Free Schools and Communities programs and services, Gifted and Talented programs and services, and English as a Second Language programs and services will be addressed by the Principal in each school who can redirect you to the person or persons assuming the responsibilities associated with each of these areas.

It has been a wonderfully rewarding experience working with you on behalf of your children, the Town of Tewksbury, and the Tewksbury Public Schools.

My warmest wishes to you for a successful and productive

2007-2008.

Sincerely,

Michele F. DeAngelis, Ed. D.

Director of Student Services for the Tewksbury Public Schools

WILMINGTON CHAMBER OF COMMERCE

Town Crier

Tewksbury - Wilmington

Wilmington office located at:

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Let's Hear it!!

Your Two Cents...



Fortnight in Review

by Jayne W. Miller

This week I had something particularly brilliant to say about a dead tree in my front yard, some sort of metaphor about weeding out a garden that I cannot seem to reconstruct.

Then I thought I'd write about NFL Quarterback and general low-life Michael Vick, who seemed more afraid of losing his job than the apparent loss of his soul. Except, oh Goody, Vick found Jesus just in the nick of time for his widely televised and totally insincere apology for his "immature acts." An immature act is giving your best bud a "cosmic wedge," man, not torturing and killing animals. For those who think that after he "serves his time" Vick should be allowed to play football and not be deprived of his livelihood, I submit that Vick is not going to be deprived of making a living, just not through the NFL. And if the NFL hires him back, then that organization is the bigger fool by far.

Then I went to "Back to School" night and you know, the Crier is published on the first day of school for Tewksbury.

The summer fairly flew for my family and no, this is not an essay on what our family did this summer, but rather a call for all things great about fall and school and darn it, pencils.

I remember with nostalgia the night-before-school jitters. Packing and unpacking my school bag. Picking out my outfit, which was always too warm because the first day of school is usually hot and I wanted to wear my new "school clothes." I am convinced that the first day of school is hot just to torture the kids into thinking of swimming and the teachers into thinking of the beach.

I liked to gather my new pencils together and sharpen them in preparation for the big day. I wanted a healthy supply ready when the work began. When my mother brought home an electric pencil sharpener it was better than Atari 2600. I would ratchet through a pack of Ticonderogas in twenty minutes, savoring the sweet smell of shaved cedar and the throaty hum of that sharpener.

So I bought my kids one of these sharpeners, now with batteries. It doesn't have quite the same purr; sort of like the difference between a 1963 Corvette and a 1980 Honda Civic. Still and all, the fascination is there. The kids whip through a pack of double A's in no time and I'm stuck going back to Staples to stock up on more pencils. Hmmm.

When I met my husband he was a mechanical pencil devotee. This was partly due to the fact that as an engineering student, he spent hours and hours doing homework in pencil. It was also due in part to his penchant for writing left handed, which caused pens to smear and make an awful mess. In my desk to this day I have mechanical pencil refills from our college days. I'm not sure he knows.

As much as I loved school I really hated riding the bus. When I was in elementary school my town saved money by cutting bus routes. We kids sat THREE to a seat, in assigned seats, forced by our fascist driver. So there I was, a little third grader squashed between to fifth graders when the kid in the middle seat behind me thought it would be funny to reach under my seat and wrench my shoes off.

Every day for what seemed like months but was probably more like two weeks this girl would wrestle off my shoes while the bus driver screamed at the kids and I kicked at her futilely. I'd have to fight not to get caught up in the swell getting off the bus in order to stay behind and figure out where she stashed them. More than once I got off the bus and walked through snow barefoot to the office before the matter was finally settled. And who did it? My parents? The Principal? Nope, it was another, older girl who rode my bus. She overheard me talking to the principal and offered to "make it go away." And I didn't even have to pay her.

The next year I got a new bus driver, because my parents decided it was time for Catholic School (we weren't Catholic, but my parents knew a good thing when they saw it). That driver used to ask me if I thought my mom would like to date him. Are you kidding, buddy? I didn't know if I ought to be happy for my mother or horrified. He didn't last, but he also didn't assign seats.

So, gentle reader, if you have a child that saw the inside of a classroom today and is still excited about going again tomorrow, bravo. When I taught Chemistry to third graders as part of a program in high school I always marveled at the unbridled enthusiasm for learning... hands raised, interest etched on little faces, and lots of questions. As we got older that enthusiasm loses out to wit, sarcasm, disinterest and disregard. I wanted to know, talking to older kids, where did all the questions go? As students of life, and payers of taxes, questions become the name of game. Once we stop asking questions, as a society, our apathy becomes a vacuum filled by problems and we can hardly find our way out.

So, tie your kids' shoes tightly lest they lose them, sharpen the pencils, watch the weather report before picking out your outfit, and keep asking questions. Sometimes it's amazing what you can learn.

Now that school is back in session, I hope people will stop flying up and down Wildwood Street.

Wilmington

Tewksbury citizens: Don't forget to get out and vote for a new selectman on Tuesday. The future of our town depends on getting the right candidate in office.

Tewksbury

Can anything be done about the parking at the Glen Road School during sporting events? This is getting ridiculous!!

Wilmington

Having a bad day is no excuse for taking out a bad attitude on a customer, no matter how rude that customer may be. There are millions of hungry teenagers in third-world nations right now that would give anything to work a measly ten-hour shift for decent pay, whether or not it offered a cigarette break. I see some hardworking kids out there, so I hate to generalize, but for those who want to complain about "how tough it is," grow up. Not everything in life is going to be as easy as a video game. And you're expected to smile through it regardless.

Wilmington

Want your opinion heard?

Send your Two Cents to:

twocents@yourtowncrier.com

All submissions must be accompanied by contact information for verification purposes.

All submissions chosen for publication will be done so anonymously.

Dunkin' going zero gram trans fat by mid-Oct., even its doughnuts

By MARK JEWELL
AP Business Writer

BOSTON (AP) - Dunkin' Donuts, the food-on-the-go chain whose name celebrates a treat that's symbolic of unhealthy eating, is trying to refresh its image by largely eliminating trans fat across its menu - doughnuts included, Homer Simpson be damned.

Dunkin' planned to announce Monday that it's developed an alternative cooking oil and reformulated more than 50 menu items. The Canton, Mass.-based chain says its menu will be "zero grams trans fat" by Oct. 15 across its 5,400 U.S. restaurants in 34 states.

About 400 locations nationwide that took part in a four-month test already have made the switch to a new blend of palm, soybean and cottonseed oils. That includes all restaurants in New York City and Philadelphia, where municipal leaders are forcing restaurants to phase out their use of artery-clogging trans fat.

The ice cream chain Baskin-Robbins, another unit of Dunkin' Brands Inc. alongside Dunkin' Donuts, plans to be zero grams trans fat by Jan. 1.

Dunkin' isn't claiming it will become "trans fat free," but does say any trans fat in foods including doughnuts, croissants, muffins and cookies will fall below half a gram per serving. Federal regulations allow food labels to say they've got zero grams of trans fat, provided levels fall below the half-a-gram threshold.

A nutrition advocacy group welcomed Dunkin's addition to the list of restaurant chains that have recently shifted away from trans fat.

"It's good news that they're

dropping most, if not quite all, trans fat," said Jeff Cronin, spokesman for the Center for Science in the Public Interest, a Washington-based nonprofit. "If Dunkin' Donuts can do that, anyone can."

But Cronin cautioned that when it comes to Dunkin's doughnuts, "we're still talking about a food that's mostly white flour, sugar, and fat."

Dunkin' isn't positioning its namesake product as health food - a shift that would involve more disbelief suspension than might be possible for a treat synonymous with portly, doughnut-gobbling Homer from television's "The Simpsons."

"The goal was not to make a healthy doughnut, it was really to create a doughnut that was better," said Joe Scafido, Dunkin's chief creative and innovation officer. "Certainly, we did not create a healthy doughnut."

Although its coffees are by far a bigger seller, the New England-bred, 57-year-old chain was founded on the reputation of its doughnuts. Now, Dunkin' claims to be the first major chain to introduce a zero grams trans fat doughnut, although smaller doughnut makers have already done so.

Mainstream doughnut makers' products can have around 5 grams of trans fat apiece.

The main source of trans fats is partially hydrogenated oils, formed when hydrogen is added to liquid vegetable oils to harden them. Evidence suggests that artificial trans fats boost "bad" cholesterol and lower "good" cholesterol, increasing the risk of heart disease and stroke.

Dunkin' is ahead of Krispy Kreme Doughnuts Inc., which

has yet to roll out a zero gram trans fat doughnut but hopes to do so. Brian Little, a spokesman for the North Carolina-based chain, said, "We continue to work aggressively with outside supply partners, and our goal is to get to zero trans fatty acids while maintaining great Krispy Kreme taste."

A call seeking comment from another chain, California-based Winchell's Donut House, wasn't immediately returned.

Starbucks Corp., Dunkin's Seattle-based rival in the coffee shop niche, said in May that it would cut artificial trans fats out of food and drink by year's end in stores in the continental U.S., Alaska and Canada.

Dunkin's announcement follows about four years of research of more than 28 alternative cooking oils and proprietary blends.

This past spring, hundreds of restaurants began taking part in a test to gauge customer reaction to the blend that Dunkin' ultimately selected.

Managers at participating stores were split into two groups, with one receiving conventional cooking oil, the other receiving the experimental oil,

and neither group knowing which type they received. Dunkin' closely watched sales and customer response at restaurants with the experimental oil.

"We got no negative consumer feedback, and we sold 50 million doughnuts in that time," Scafido said.

Dunkin's 1,900 locations outside the U.S. are expected to begin using the new oil over the next couple years, he said.

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Tewksbury Library Notes

by Jen Hinderer

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New books-PLUS other great reads you might have missed.

Every newsletter includes recent releases and additional recommendations for fans of a particular author, or lists of books grouped by a theme. Examples: Armchair Travel

might do a spotlight on Italy, or Fantasy may include a round-up of Time Travel titles.

Click and check-

Found a title that intrigues you? Because every newsletter links directly to the library catalog, you can immediately click to see if a book is available. If it's in, call 978-640-4490 to have it set aside for you, or simply stop by. If the book is checked out, you can place a request from home-and then be notified when it's ready for pick-up.

More than just books ...

In addition to customized lists, subscribers will get notices of special events, library programs, and recommended websites. Our newsletters will include useful announcements to help you get the most from Tewksbury Public Library, from new technology to old-fashioned book sales.



Theresa Tigges and Meghan McMahon waited for the school bus on Tuesday, the first day of school in Wilmington.

(photo by Maureen Lamoureux -www.shootingstarspix.com)

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Wilmington Rep going for State Senate

Rep. Murphy declares for post

By JOHN WHITE

BURLINGTON - Add a name to the growing list of official candidates to fill the Fourth Middlesex District seat vacated by Sen. Robert Havern, D., on Tuesday.

State Rep. Charles Murphy, D-Burlington, will be a candidate for the soon-to-be vacant state Senate seat in the Fourth Middlesex District.

Murphy has been the state representative in the 21st, formerly 23rd, Middlesex District since 1997.

He said the resignation of long-time incumbent Robert Havern, announced this week and effective at month's end, presents an opportunity he wants to pursue.

"I'm going after it because I think I can do a good job," he stated.

Murphy noted that it is rare when a seat such as this opens up.

"In this business, the opportunities present themselves and you have to jump at it," he stated.

Asked whether his decision was affected by the fact he can retain his House seat while running, Murphy responded, "It's a factor because it is what it is."

Commenting on why he is pursuing a Senate seat after having served 10 years in the House, Murphy said it is "a challenge."

He said that with fewer members (40 as opposed to 160 in the House), an individual legislator can make more of an impact.

"It's almost a natural progression," said Murphy.

He expressed confidence

Friends of the Wilmington Memorial Library Book Store Next Door

WILMINGTON - Friends of the Wilmington Memorial Library's Book Store Next Door will be open on Saturday on this Labor Day weekend as usual from 10-4.

Think book bags for school, gift certificates, or if you know

about his chances of prevailing in the district, which stretches from Arlington to Billerica and includes Burlington and Woburn.

"I believe I am a strong candidate given my 10 years in the House," he said.

Murphy noted Senate President Therese Murray has stated she would like to schedule a special election quickly. No date has been announced as yet.

"I am looking forward to what I'm sure will be a short campaign," he stated.

Murphy was first elected to the House in 1996. In subsequent elections, he has either been unopposed or easily gained re-election.

His House district is comprised of Burlington, Bedford, and Precinct 3 in Wilmington.

Murphy, who was an officer in the Marines, has a local law practice. His brother Thomas F. Jr. is a member of the Burlington School Committee and his father Thomas F. Sr. served two stints as town moderator.

Since Havern's announcement earlier in the week, other names, in addition to Murphy, have been mentioned for the seat.

Those include Woburn Alderman Joanna Gonsalves, who unsuccessfully challenged Havern in the 2006 Democratic primary, and state Rep. Jim Marzilli, D-Arlington. Gonsalves said she is undecided about running at this point; she is a candidate for re-election to the Woburn City Council.

Commenting on why he is pursuing a Senate seat after having served 10 years in the House, Murphy said it is "a challenge."

He said that with fewer members (40 as opposed to 160 in the House), an individual legislator can make more of an impact.

"It's almost a natural progression," said Murphy.

He expressed confidence



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| Kahlua Coffee Liq. | 750 | \$15.99 |

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OBITUARIES

Audrey E. Harrison

Operations Manager for the Commercial Bank and Trust Company

WILMINGTON - Mrs. Audrey E. (Shaffer) Harrison, 77, of Wilmington, died unexpectedly August 25, 2007, at the Winchester Hospital. Audrey was born November 13, 1929, in Somerville, daughter of the late Norman A. & Mary (Roberts) Shaffer. She grew up in Medford and graduated Medford High School. Audrey was the beloved wife of Edward D. Harrison, Jr., whom she married in 1949 and they moved to Wilmington in 1954 to raise their family.

Prior to retiring in 1994, Audrey was the Operations Manager for the Commercial Bank and Trust Company in Wilmington for over 27 years. In her spare time Audrey loved arts and crafts, gardening, needlepoint, puzzles, she was a beautiful seamstress, and she especially loved spending time with her husband, children, and grandchildren who will miss her dearly.

Besides her husband, Audrey is survived by her children, Edward D. Harrison III and his wife Dolly and Maryjane Langone and her husband Joseph all of Wilmington, John Harrison and his wife Kathleen of Virginia and Beth Hoehn and



her husband Richard of Methuen, her grandchildren Kristen, Jaclyn, Edward D. IV, Michael, Joseph, Jennifer, Kristie, Kara, Erin, Paige, Richard, Jonathan, and Alex, her great-grandson Justin, her brothers Robert Shaffer of Hanover and Manfred Shaffer of California.

Audrey's funeral was held on Tuesday, August 28th, at the Wilmington Congregational Church. Interment took place in Wildwood Cemetery. Funeral arrangements were under the direction of the Nichols Funeral Home, Inc., 187 Middlesex Ave., Wilmington.

Town of Tewksbury Polls open 7:00 a.m. to 8:00 p.m. September 4, 2007

Special state primary and special town election-Tewksbury Town Clerk, Elizabeth Carey, informs voters that the polls will open at 7:00 a.m. and will close at 8:00 p.m. on Tuesday, September 4, 2007 for the Special State Primary and Special Town Election, and reminds voters of the polling place locations; Precinct 1-1A are located at the DPW Building, 999 Whipple Road; Precinct 2 is located at the Teen Center, 286 Livingston Street; Precinct 2A is located at the South Fire House, 2342 Main Street, Precinct 3-3A are located at the Town Hall, 1009 Main Street; and Precinct 4-4A are located at the Library, 300

Chandler Street. The Town Clerk informs voters who will be voting at Precinct 2A, at the South Fire Station, 2342 Main Street, that additional parking, through the courtesy of Walgreen's, is available at Walgreen's. Carey suggests that those who have flexible schedules may find it easier to cast their ballots at times that do not conflict with the 7:00 a.m. morning rush hour and the 5:00 p.m. evening supper hour. If your plans prevent any flexibility, you may want to allow extra time because of the arrival and departure of other vehicles entering and leaving the voting precinct. If we can be of further assistance, such as verifying your voting status and precinct location, please phone the Town Clerk's Office at 978-640-4355. The Street List by Precinct is available on the internet www.tewksbury.info town clerk office/registering to vote/voting hours. PLEASE TAKE NOTICE PRECINCT 3 AND PRECINCT 3A ARE TEMPORARILY LOCATED AT THE TOWN HALL, 1009 MAIN STREET, WHILE THE SENIOR CENTER IS BEING RENOVATED.

THANK YOU,
LIZ CAREY

Charlena "Chicky" Noreika

Formerly of Tewksbury; 91



SOMERVILLE - Charlena "Chicky" (Russis) Noreika, age 91, died Monday morning, August 27, 2007, at Massachusetts General Hospital, following a brief illness. She was the wife of the late John Noreika, who died in 1988.

She was born in Boston, on April 7, 1916, the daughter of the late William and Philomena (Jakowski) Russis. She was raised in North Woburn, but had lived in Tewksbury the greater part of her life. She retired to Somerville in 1993, where she had lived with her daughter and son-in-law. As a resident of Tewksbury, she was a communicant of St. William's Church. She was also recalled by her family as having enjoyed many outings at Suffolk Downs horse racing and Wonderland

greyhound racing tracks.

She is survived two daughters and sons-in-law, Marilyn Rubino and her husband Donald of Hudson, FL, formerly of Tewksbury, and Lorraine Wood and her husband Albert, with whom she resided in Somerville; a brother Joseph Russis of North Woburn; seven grandchildren, Linda Harte of Tewksbury, Donald J. Rubino of Alton Bay, NH, John Rubino of Attleboro, Charles Rubino of Litchfield, NH, Michelle Bisbee of Billerica, Craig Wood of Melrose, Charlene Wood of Somerville; seven great great grandchildren; and several nieces and nephews.

Her funeral will be held Thursday, August 30, at 9:00 a.m. from the Tewksbury Funeral Home, corner of Dewey and Main Sts. (Rte 38) Tewksbury Center, phone (800) 978-2950. Her Funeral Mass will be celebrated Thursday at 10:00 a.m. in St. William's Church, 1351 Main St. (Rte 38) Tewksbury. Burial will follow at Tewksbury Cemetery. Visiting hours are Wednesday 4 to 7 in the funeral home. www.tewksburyfuneralhome.com <<http://www.tewksburyfuneralhome.com>>

Shirley M. MacDonald

Decades as waitress at the Tewksbury Inn, and Purity Supreme Headquarters; mother to 6 plus many foster children



TEWKSBURY - Shirley M. (Booth) (Mackey) MacDonald died August 20, 2007 after a short battle with cancer. Born to Raymond L. Booth and Mildred C. Blair on October 24, 1932 at Tewksbury State Hospital in Tewksbury, MA, she spent her childhood summers socializing on Silver Lake in Wilmington.

She met her high school sweetheart at the Tewksbury / Wilmington Thanksgiving football game. She was a cheerleader for Tewksbury and he a Wilmington football player. She graduated from Tewksbury High School in 1950 and went on to marry that football player, James E. Mackey of Wilmington on September 16, 1950 at Saint William's Church in Tewksbury. They set up a home in Boston but came back to Tewksbury to raise their six kids.

The family home on Edgewood Road had a constant flurry of activity - the door was always open and all were welcome. She took in foster children helped many that were down on their luck and in need of a loving home, home cooked meals and a comfortable, loving place to rest their head.

She leaves behind too many broken hearts to count, but all will eventually mend by way of our wonderful memories of her. Shirley is survived by six children, James Mackey of Las Vegas, NV, Diane Mackey of Lowell, Donna Mackey, Robert Mackey and his wife Debra, and Maureen Mackey all of Tewksbury, and Michael Mackey and his wife Debra of Methuen; nine grandchildren, Sean and Jay Mackey, Roy Fabila, Justin and Jason Mackey, Peter Shelzi, Kelan, Ryan and Aiden Mackey; three great grandchildren, Ashley, Allison and Emily of Las Vegas, NV; one brother, Robert Booth, and his wife Hilde of Virginia; two step-children, Edward MacDonald and Maureen Mann.

She was the sister of the late Donald Booth.

Services were held Friday, August 23rd at St. William's Church.

If you care to make a donation in her honor, her favorite charity was St. Jude Children's Research Hospital.

Arrangements entrusted to the Farmer & Dee Funeral Home, Tewksbury. www.farmeranddee.com

Do you love to sing?

Would you like to learn about singing, especially four part acappella music? The Colonial Spirit Show Chorus is affiliated with Sweet Adelines International and is currently auditioning new members for the upcoming year. Women of all ages are invited.

Rehearsals are held on Thursday evenings at 7:15 at The Church of The Good Shepherd on Newtown Rd (off Rt. 27) in Acton. Reading music is not necessary. Each week vocal instruction is offered and learning cds are provided.

The chorus will be singing at Acton's Historical Society's Crown Resistance Day on Sunday, Sept. 23 and will be appearing at the Topsfield Fair on Sunday, Sept. 30. The public is invited to attend.

The chorus's annual Cabaret Show will be held Nov. 3. Anyone becoming a member before October 1st will be able to participate.

The chorus is partially funded by the Acton Boxborough Arts Council. For information, call Norma 978-692-2270 or Noreen 978-264-0562.

Bereavement Support Group

Hospice Care, Inc. is a non-profit organization serving patients with life-limiting illnesses and their families. We offer Adult Bereavement Programs which are free of charge and open to the community. Support groups provide a safe place to express feelings, share experiences, learn about grief, and move ahead in one's grieving process. Various groups are offered this

autumn and winter such as:

Adults Grieving the Loss of a Spouse or Partner, Adults Grieving the Loss of a Parent, Complicated Grief, On-Going Open Bereavement Support Group, Coping With The Holidays

Please call the Bereavement Coordinator for registration or additional information at 781-569-2888

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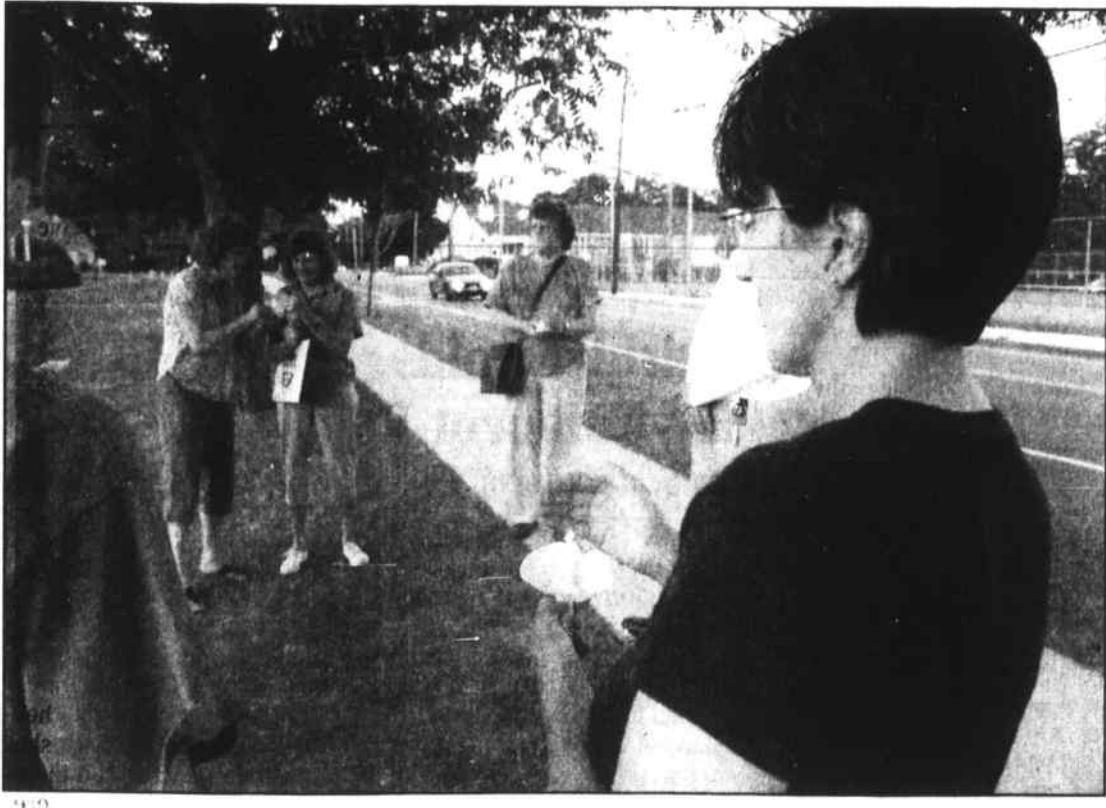
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Members of MoveOn.org Political Action in Wilmington held a candlelight vigil to call on Congress to vote to end the war in September.

"It's time for the Bush Administration to stop looking through rose-colored glasses and realize that the surge has been a total failure," said Margo Krukonis (shown in foreground), local MoveOn member and event host. "Representative Tierny must Stand Up in September and vote to end this religious civil war that can't be won."

Participants in the candlelight vigil gathered peacefully to honor and remember the soldiers who have died in the war in Iraq. A minute of silence was observed in hope that all countries involved will soon see peace, and that all troops can come home.

www.chinappi.com

Take your heart for a walk with the Heart Association at the 2007 Start! Boston Heart Walk

Join the American Heart Association and take your heart for a walk with over 10,000 family, friends, co-workers and survivors at the 2007 Start! Boston Heart Walk on Saturday, September 15th, at the DCR Hatch Shell on the Charles River Esplanade. Registration begins at 8:30 a.m. and the walk at 10:00 a.m. - rain or shine. Each step raises funds to support lifesaving heart and stroke research with this year's goal at \$2M. Walkers that raise \$100 will receive a Heart Walk T-shirt. Call 508-636-2022 or visit www.bostonheartwalk.org today to find out how you can do your part to save lives.

Survivors of all ages from across the region are invited to join us on stage at the Hatch Shell at 9:30 a.m. as the Heart Association kicks off the 2007 Start! Boston Heart Walk. This year will pay tribute to all family, friends, coworkers, and neighbors in the fight against heart disease and stroke. Survivors will receive a red hat with a moment of silence on stage for those that have passed. The speaking program will conclude with a "red cap wave" for photographs as survivors lead off the Walk.

The Walk is hosted by NewsCenter 5's Liz Brunner, and presented by Philips Medical Systems and Boston Scientific. Media sponsors include WCVB-TV 5, WBCN, WBZ-AM, WBMX, WZLX and WOOS with print sponsors Boston Business Journal and

Community Newspaper Company, Subway, Healthy Choice and AstraZeneca are the national sponsors of the Start! Heart Walk.

The event is part of the nationwide "Start!" campaign, which is a corporate wellness and walking program offered free by the American Heart Association. According to a Harvard study, Adults gain two hours of life expectancy for every hour of regular exercise. Walking has the lowest dropout rate of any physical activity, and walking for as little as 30 minutes a day provides heart health benefits.

"Everyone knows someone affected by cardiovascular diseases like heart disease or stroke," said Smaiyra Million, chief operating officer of Millennium Sports Club Manager, owner of Sports Club LA/Boston, and 2007 Heart Walk Chair. "That's why it's so important for all of us to participate in the Start! Heart Walk and do our part to help save lives."

American Heart Association-funded research has contributed to many important discoveries such as CPR, life-extending drugs, pacemakers, bypass surgery, the heart-lung machine and surgical techniques to repair heart defects.

Heart disease and stroke are the region's No. 1 and No. 3 causes of death, killing more than 870,000 Americans each year and cost the nation more than \$403 billion in direct and indirect costs.

Save the Date for the inaugural Greater Merrimack Valley

Heart Walk

Join the American Heart Association for the 2007 Start! Merrimack Valley Heart Walk on Saturday, September 29th at Sampson Pavilion on the Merrimack River in Lowell. Call 508-636-2022 or visit www.merrimackvalleyheartwalk.org today to find out how you can do your part to save lives.

About the American Heart Association

Founded in 1924, the American Heart Association today is the nation's oldest and largest voluntary health organization dedicated to reducing disability and death from diseases of the heart and stroke. These diseases, America's No. 1 and No. 3 killers, and all other cardiovascular diseases claim over 870,000 lives a year. In fiscal year 2005-06 the association invested over \$543 million in research, professional and public education, advocacy and community service programs to help all Americans live longer, healthier lives. To learn more, call 1-800-AHA-USA1 or visit americanheart.org.

About the American Stroke Association

The goal of the American Stroke Association, a division of the American Heart Association, is to reduce disability and death from stroke through research, education and advocacy. In fiscal year 2005-06, the association invested nearly \$157 million to fight stroke.

Save the Date for the inaugural Greater Merrimack Valley

Omega Cabinetry available at Wilmington Builders Supply



Omega Cabinetry

"Artists in the Parks" program seeks persons with disabilities to create art for state parks

All artists are welcome to apply

The Department of Conservation and Recreation is currently accepting applications for a new initiative, Artists in the Parks. Funded by a \$4,500 Cultural Access Initiative grant from the Massachusetts Cultural Council and VSA Arts of Massachusetts, the project is meant to engage persons with disabilities in pursuing and producing art in the state parks.

Artists in the Parks seeks to recruit artists with and without disabilities to participate in this project and produce art between September 1 and October 30. Individual artists with disabilities, including those with limited experience

showcasing their art, are invited to apply for this project as are individual artists who do not have disabilities. A total of 10 to 15 artists will be selected. Possible art could include drawings, paintings, pastels, photographs, collages, sculpture, poetry, nature journaling, music, dance, mobiles, and more. Amateur and professional artists with and without disabilities 18 years and older are eligible to apply.

Artists in the Parks will culminate with a spring art show to showcase each of the artist's pieces and the creation of a digital catalog.

This project will provide a means and support for aspiring

artists with and without disabilities to venture into DCR's parks forests, seashores, lakesides historic sites, and watersheds and focus on their personal connection with nature through art. Participants will be required to visit a state park of their choice, which they will then reflect in their art.

For an application, contact Cyndy Chamberland, project coordinator, at 413-577-1024 or cynthia.chamberland@state.ma.us. For more information on DCR's Universal Access Program, visit www.mass.gov/der and click on "universal access program."

Labor Day Special

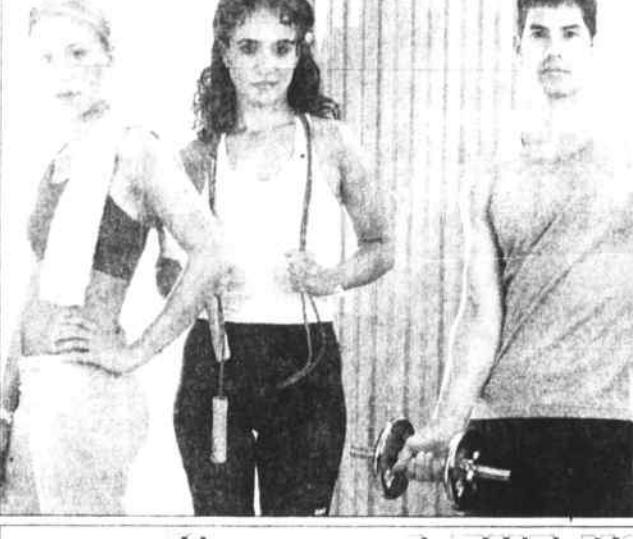
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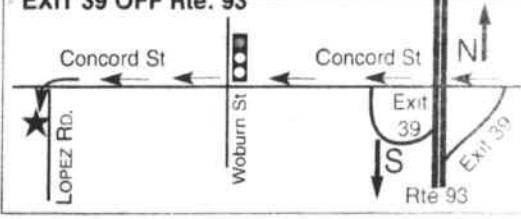
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Saengerfest Men's Chorus

A New England treasure for 15 years....
Open Rehearsals will be held on Monday evening, September 10, and Tuesday evening, September 18 7-9:30 p.m. Please call or email for further information.

Contact: Waldo L. Hart, President, Saengerfest Men's Chorus Tel. 508-358-4104 Email: info@saengerfest.org

The Saengerfest Men's Chorus sings a wide repertoire of male chorus music including traditional men's chorus literature, opera choruses, classical music, folk songs, spirituals, sacred music and an occasional show tune. In addition to giving 45 performances per year locally, Saengerfest travels overseas every one to two years. Saengerfest singers come from over 40 Massachusetts cities and towns and neighboring states.

Wilmington member of Saengerfest: Andrew F. Thain
The Saengerfest Men Chorus is a member of the Greater Boston Choral Consortium, a cooperative association of diverse choral groups in Boston and the surrounding areas.
Saengerfest Men's Chorus is a not-for-profit organization.

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Tewksbury Police Log

Monday, August 20
7:24 a.m.

A motor vehicle-related accident occurred in the vicinity of 1830 Main Street. 12:10 p.m. Malicious damage to property was reported by a resident of Eagles Landing Condominiums.

12:20 p.m. The garage of a residence on Heidenrich Drive was damaged maliciously overnight.

6:03 p.m. Police assisted in resolving a dispute between neighbors of Pomfret Road.

6:05 p.m. An attempted breaking and entering of a residence on Blacksmith Lane was investigated by police.

6:49 p.m. Police responded to a report of a domestic disturbance at a residence on Maple Street.

7:49 p.m. Police responded to a report of a domestic disturbance at a residence on Baystate Road.

8:31 p.m. A motor vehicle-related accident occurred at the

intersection of Clark Road and Main Street.

10:11 p.m. Police assisted in removing a group of unwanted persons from the Burger King Restaurant at 1965 Main Street.

Tuesday, August 21

7:29 a.m. A motor vehicle-related accident occurred in the vicinity of 1820 Andover Street.

8:28 a.m. Police assisted in removing an unwanted person from the Motel Six at 95 Main Street.

9:12 a.m. A motor vehicle-related accident occurred in the vicinity of 95 Main Street.

9:31 a.m. The windshield of a vehicle parked at a residence on Pond Street was smashed maliciously overnight.

9:52 a.m. Police responded to a report of a domestic disturbance at a residence on River Road. Mary Ann Cantu, 52, of 408 River Road in Tewksbury, was arrested at the scene and

was charged with malicious destruction of property valued at more than \$250 and assault and battery with a dangerous weapon.

10:02 a.m. Malicious damage to property was reported by a business on Main Street.

11:31 a.m. A vehicle parked in the parking lot of the Holiday Inn at 4 Highway Drive was burglarized overnight.

4:08 p.m. The burglary of a residence on Marie Street was investigated by police.

Thursday, August 23

2:33 a.m. A motor vehicle-related accident occurred at the intersection of East Street and Shawsheen Street.

8:32 a.m. The window of a vehicle parked in the lot of Extended Stay America at 1910 Andover Street was broken maliciously.

8:53 a.m. Police responded to a report of a domestic disturbance at a residence on Vale Street.

3:43 p.m. A motor vehicle-related accident occurred in the vicinity of 450 Main Street.

4:52 p.m. Police responded to a report of a domestic disturbance at a residence on Vernon Street.

5:22 p.m. Police responded to a report of an unknown male screaming profanities and banging on the door of a unit at Shawsheen Tower Apartments, located on Old Boston Road. The suspect was gone when police arrived on the scene.

5:35 p.m. A garage belonging to a residence on Beech Street was burglarized.

5:40 p.m. A purse was stolen from a customer of Market Basket at 1900 Main Street.

Walter Joseph Sullivan, 25, of 71 Tenth Street in Tewksbury, was arrested at Police Headquarters on the basis of a warrant.

Friday, August 24

1:46 a.m. Police responded to a report of an argument occurring near Wal-Mart at 33 Main Street.

8:07 a.m. A residential mailbox on South Street was damaged maliciously overnight.

8:58 a.m. A vehicle parked at a business on Starr Avenue was burglarized overnight.

2:56 p.m. A motor vehicle-related accident occurred in the vicinity of 2136 Main Street.

5:46 p.m. A written death threat was left on the door of a residence on Old Boston Road.

9:40 p.m. Police responded to a report of a domestic disturbance at a home on Main St.

10:22 p.m. A vehicle parked at a residence on Trull Road was vandalized.

Saturday, August 25

12:53 a.m. Police responded to a report of a domestic disturbance at a residence on Pike Street.

9:20 a.m. The windshield of a vehicle parked at a residence on Chandler Street was smashed maliciously overnight.

10:42 a.m. The rear window of a vehicle parked at a residence on Lowe Street was smashed maliciously overnight.

12:01 p.m. Police responded to a report of a domestic disturbance at a residence on Whipple Road. Justin Ryan, 26, of 474 Whipple Road in Tewksbury, was arrested at the scene and was charged with assault and battery.

12:02 p.m. A motor vehicle-related accident occurred in the vicinity of 150 Main Street.

4:55 p.m. A motor vehicle-related accident occurred in the vicinity of 910 Andover Street.

Suzanne Carboneau, 45, of 84 Rumford Street in Lowell, was arrested in the vicinity of 95 Main Street and was charged with operating a motor vehicle after the revocation of her driver's license and failing to stay within marked lanes of travel.

Herbert Andrew Dean, 56, of 305 Concord Road in Billerica, was arrested in the vicinity of 356 Shawsheen Street and was charged with operating a motor vehicle with a suspended driver's license and operating a

warrant.

5:35 p.m. A garage belonging to a residence on Beech Street was burglarized.

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motor vehicle with an equipment violation.

Sunday, August 26

4:05 a.m. A motor vehicle-related accident occurred on New York Street.

4:55 p.m. The rear window of

a vehicle parked at a residence on Whipple Road was smashed maliciously at some point during the previous evening.

6:01 p.m. Police responded to a report of a domestic disturbance at a home on Tenth St.

Eldridge holds

Environment Rally

Jan Schlichtmann, Phil Sego speak on his behalf

ACTON - State Representative

Jamie Eldridge (D-Acton) held a family oriented environmental rally at Longley Acres in Shirley in April 2003 with a million dollar Self-Help Grant from the Division of Conservation Services.

State Rep. Jamie Eldridge is a progressive Democrat and a lifelong resident of the 5th Congressional District. Eldridge has served in the Massachusetts House of Representatives since 2002, after working as a Legal Aid attorney in Lowell and Lawrence. He is the only winning Clean Elections candidate in Massachusetts' history, and was Middlesex and Worcester Senate District Coordinator for Governor Deval Patrick. Find out more at www.JamieForCongress.com.

Phil Sego stated that just being on the same stage with Eldridge was an honor for him.

"From even before he was elected to the state legislature, Jamie has been one of the state's most passionate leaders in defending the environment," said Sego. "From land preservation, energy conservation, smart growth and planning, and smart transportation alternatives, and strong anti-pollution measures."

Jan Schlichtmann also spoke out on behalf of Eldridge for the second time in three days. In addition to Sego and Schlichtmann, Marilyn McMillan, whose family store in Ayer was shut down due to water and air pollution, also spoke at the event that gathered over 50 people.

Longley Acres is a 70-acre property acquired by the town of Shirley in April 2003 with a million dollar Self-Help Grant from the Division of Conservation Services.

State Rep. Jamie Eldridge is a progressive Democrat and a lifelong resident of the 5th Congressional District.

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Lori Trites and Maureen Travis, two School Nurses from Wilmington, trying out different medical equipment at a two-day Conference on Pediatric Health Assessment held at Children's Hospital. While teaching staff prepare classrooms for the first day of school, Wilmington School Nurses learn up-to-date information on health assessment.

Courtesy photo

White Christmas Theater Trip

As new and fresh as winter snowfall, White Christmas is a shiny package just waiting to be unwrapped. Based on the holiday film classic, this musical gem follows the comedic adventures of army buddies Bob Wallace and Phil Davis whose romantic pursuit of a duo of singing sisters leads them to a Vermont inn for the holidays. When a snowless winter threatens to close the inn and defeat its owner (their former commanding officer), these veteran performers re-enlist! The result is a show-stopping Broadway revue, and one of the holidays' most treasured stories. White Christmas is brimming

with Irving Berlin hits including "Happy Holidays," "Sisters," and "White Christmas." Cost is \$72 for orchestra seat (rows D, E, F, G, & H), trip chaperone, and bus transportation to the 7:30 p.m. performance at the Wang Theatre on Thursday, December 13, 2007. A \$25 deposit will reserve your place on this trip with the balance due when you pick up your ticket. Deposits must be received by Friday, September 7.

Call the Recreation Department at (978) 658-4270 for more information, or stop by the office at Town Hall, room 8 to reserve tickets.

Wilmington Senior Lunches

Week of Sept. 3, 2007

Monday: No Lunch Served

Tuesday: BBQ chicken, baked sweet potato, corn, whole wheat bread, orange juice, cookie.

Wednesday: Rotini with meatballs, tomato sauce, broccoli, multi-grain bread, pears.

Thursday: Roast turkey w/gravy, whipped potato, peas and carrots, whole wheat roll, cranberry sauce, pudding.

Friday: Cheese lasagna with tomato sauce, tossed salad, low fat dressing, french bread, orange wedge.

WEST POINT, N.Y. - Cadet Michael A. Sorrentino Jr., son of Michael and Sally Sorrentino of Wilmington, has been named to the Dean's List for the Spring Semester covering December through May, at the U.S. Military Academy.

To earn this honor, a cadet must maintain a 3.0 average in all courses.

Sorrentino graduated from Wilmington High School in 2006. He plans to graduate from West Point in 2010 and will be commissioned a second lieutenant in the U.S. Army.

The mission of the U.S. Military Academy is to educate, train, and inspire the Corps of

Cadets so that each graduate is a commissioned leader of character committed to the values of Duty, Honor, Country and

Mary Cote inducted into National Honor Society

Mary Cote, daughter of Mr. and Mrs. Paul Cote of Wilmington, was recently inducted into the National Honor Society at Lexington Christian Academy. Students who receive this honor have demonstrated outstanding performance in the areas of schol-

arship, service, leadership and character.

Lexington Christian Academy is an independent college preparatory school that exists to educate young men and women in the arts and sciences in the context of the historic Christian faith.

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Wilmington Police Log

Monday, August 20

4:20 p.m. A motor vehicle-related accident occurred in the vicinity of 281 Woburn Street.

5:36 p.m. A motor vehicle-related accident occurred in the vicinity of 26 Fay Street.

6:05 p.m. A vehicle parked at a residence on Fairview Avenue was damaged maliciously.

8:17 p.m. A vehicle parked at a residence on Quail Run was burglarized sometime during the previous week.

11:07 p.m. Merchandise was reportedly stolen from Office Environment, located on Fordham Road, at some point during the previous week.

Tuesday, August 21

8:05 a.m. A motor vehicle-related accident occurred in the vicinity of 342 Main Street.

8:41 a.m. A motor vehicle-related accident occurred in the vicinity of 281 Woburn Street.

Michael Codner, 20, of 34 Cinnamon Circle in Tewksbury, was arrested on Main Street, and was charged with receiving a stolen motor vehicle.

Wednesday, August 22

1:09 a.m. A motor vehicle-related accident occurred in the vicinity of 375 Ballardvale Street.

9:52 a.m. A motor vehicle-related accident occurred in the

vicinity of 330 Ballardvale Street.

12:29 p.m. A pocketbook was reportedly stolen from a customer of Focaccia's Restaurant, located at 2 Lowell Street.

2:30 p.m. A motor vehicle-related accident occurred in the vicinity of 1 McDonald Road.

6:49 p.m. Police responded to a report of a domestic disturbance at a residence on Brand Avenue.

11:38 p.m. Four carloads of youths were dispersed from the vicinity of 1 Burlington Avenue.

Thursday, August 23

8:19 a.m. A motor vehicle-related accident occurred on Main Street.

9:38 a.m. A motor vehicle-related accident occurred in the vicinity of 420 Main Street.

1:13 p.m. Police responded to a report of a domestic disturbance at a residence on Adelman Road.

Friday, August 24

2:06 a.m. Police responded to a report of a domestic disturbance at a residence on Hillcrest Street.

4:42 p.m. A motor vehicle-related accident occurred in the vicinity of 240 Main Street.

9:16 p.m. A motor vehicle-related accident occurred at the juncture of Interstate 93 and Route 125.

Bret Parker, 25, of 2 Julian Connors Drive in Burlington, was arrested in the vicinity of 220 Middlesex Avenue and was charged with operating a motor vehicle while under the influence of alcohol.

David Tiburcio, 38, of Revere, was arrested in CVS Pharmacy at 240 Main Street and was charged with uttering a forged prescription (Vicodin).

Saturday, August 25

9:02 a.m. Colonial Pub Liquors, located at 634 Main Street, was burglarized overnight.

10:17 a.m. The rear window of a vehicle parked at a residence on Dorchester Street was damaged maliciously overnight.

10:36 a.m. Two vehicles parked at a residence on Rine Avenue were burglarized overnight.

7:28 p.m. Police investigated an attempted breaking and entering of a residence on Clyde Avenue.

Sunday, August 26

9:22 a.m. Malicious damage to property was reported by a resident of Albany Street.

11:23 a.m. A vehicle parked at a residence on Shawnee Avenue was burglarized.

1:06 p.m. A motor vehicle-related accident occurred at the intersection of Lowell Street and West Street.

Bret Parker, 25, of 2 Julian Connors Drive in Burlington, was arrested in the vicinity of 220 Middlesex Avenue and was charged with operating a motor vehicle while under the influence of alcohol.

Wilmington Senior Topics

Enrollment for Prescription Advantage has started!

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September 2007 has arrived ... and so have the many exciting activities and programs for the Buzzell Senior Center...

First, it is very important to mention that the open enrollment for Prescription Advantage Program has officially started. Anyone interested in the prescription insurance plan who is 65 years or older that lives in Massachusetts can apply. Many have called already to get their applications and make appointments to meet with me and our SHINE counselor, Barbara Hooper, to assist in the application process.

Prescription Advantage is a state-sponsored prescription drug insurance plan for Massachusetts seniors and disabled residents who meet eligibility requirements. For people on Medicare, Prescription Advantage helps pay Part D Prescription Drug Plan costs. For people not on Medicare, the program allows members to buy a wide range of prescription drugs, while limiting the amount they must spend each year for the medicine they

need. To be eligible for Prescription Advantage, you must be a Massachusetts resident who is 65 years or older; or a Massachusetts resident under 65 who is disabled and meets the income and employment guidelines. Medicare recipients must join a Prescription Drug Plan (PDP) or a Medicare Advantage Plan with drug coverage, or have comparable coverage through an employer or union. You cannot join this program if you get prescription drug benefits through MassHealth. Your immigration status and your current state of health do not affect your eligibility.

Prescription Advantage helps pay Part D Prescription Drug Plan costs for people on Medicare. For people not on Medicare, Prescription Advantage covers most outpatient prescription drugs. Members pay a co-payment for each prescription filled, up to an annual spending limit. Some members also pay quarterly deductibles. The amount of the co-payments and deductibles depends on your household income. To apply for Prescription Advantage, call 1-800-AGE-INFO to get an application. You may also download an application from the Prescription Advantage web site, write to Prescription Advantage (P.O. Box 15153, Worcester, MA 01615-0153), or call the Buzzell Senior Center - 978-657-7595/978-658-2258 and make an appointment with our SHINE Counselor - Barbara Hooper. People with a Medicare Prescription Drug Plan (PDP) should bring both their PDP benefit card and their Prescription Advantage card when they buy prescription drugs. People not on Medicare use just their Prescription Advantage benefit card. You can use your Prescription Advantage card at retail pharmacies throughout the country. Prescription Advantage also offers mail order service so you can fill your prescriptions by mail, phone, or via the Internet.

On Thursday September 6, 2007 at 11:00AM the Buzzell Senior Center is having its first

"Kick Off Event" for the "Eat Better & Move More Program." This program is proven to boost physical activity and improve food choices among older Americans. It is based on a growing awareness among public health officials and medical experts that even modest improvements in diet and activity can promote healthy aging. The program is ideal for those with chronic diseases and risk factors such as diabetes, heart disease, high blood pressure, high cholesterol and weight control issues.

The Council on Aging in Littleton offered this program and the participants who recently took the class said, "I loved the program and never missed," "Do this daily! Keep moving!" and said that the most valuable parts of the program were "exercise for energy, the meal for sociability, the class for knowledge."

Enrollment is limited to those who will commit to a 12-week series of nutrition and physical activity sessions. Sessions will be held on Thursdays from 11:00 a.m. to 1:00 p.m. beginning September 20, 2007. Participants will receive a free lunch, logbook and graduation certificates upon completion of the program. Funding for this model program is by a CHNA 15 grant to Minuteman Senior Services with their local partners and the Wilmington Department of Elderly Services.

On Thursday September 6, 2007 at 11:00am interested participants will have the opportunity to meet program staff, hear from seniors involved in the current physical activity program, and see some introductory activities. Light refreshments will be served. Please call the center to place your reservations at 978-657-7595.

This September we will be starting a new "Drawing Class" instructed by Lucina Roark. This class will include basic drawing technique with pencil, color pencil and charcoal. It will be a 6-week program at a cost of \$5.00 per class. The instructor Lucina Roark has teaching experience in all printmaking techniques, basic

drawing and figure drawing as well as workshops in woodcuts, monoprints and colored pencil drawings. A sampling of her work is currently on display in the front lobby of the Senior Center.

The class starts on Tuesday September 11, 2007 from 2:00-4:00 p.m. Please call the center to get registered - space is limited.

On Wednesday September 12, 2007 we are offering one of the most relaxing forms of martial arts, T'ai Chi. It can help to overcome such problems as

arthritis, rheumatism, back problems, lack of balance, high blood pressure, stress, post-traumatic stress, lack of energy, and more. Most forms of T'ai Chi actually look like a classical dance, soft and flowing, but precise and strong. It is taught structurally, step by step, as the movements become one with the body. The required stances are natural and the movements are short and compact, therefore the exercise should remain unstressful. The Department of Elderly Services is excited to offer an evening class for eight (8) weeks to open this great form of exercise to ages 50 and older. Thanks to the Lahey Clinic Community Benefits Grant, this class can be offered for free. The T'ai Chi exercise class begins Wednesday September 12, 2007 through Wednesday October 31, 2007 from 5:45-6:45 p.m. and will be instructed by William Barron III. Please pre-registration at the center or call 978-657-7595.

Reminder: Tickets are available for "for a day trip on Thursday September 13th to Squam Lake New Hampshire for an "On Golden Pond" Cruise. This trip will include a motor coach ride to Hart's Turkey Farm Restaurant known for its delicious cuisine, you'll later arrive at Squam Lake for a cruise on one of the most picturesque lakes in New England, where the award winning film "On Golden Pond" was filmed. On the way home make a visit to Kellhaus Ice Cream Shop in Meredith. The cost of this trip is \$45.00 per person (actual price \$59.00) non-refundable.

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**Oral Hygiene?
THAT'S 2
SPINNERS
BASEBALL**

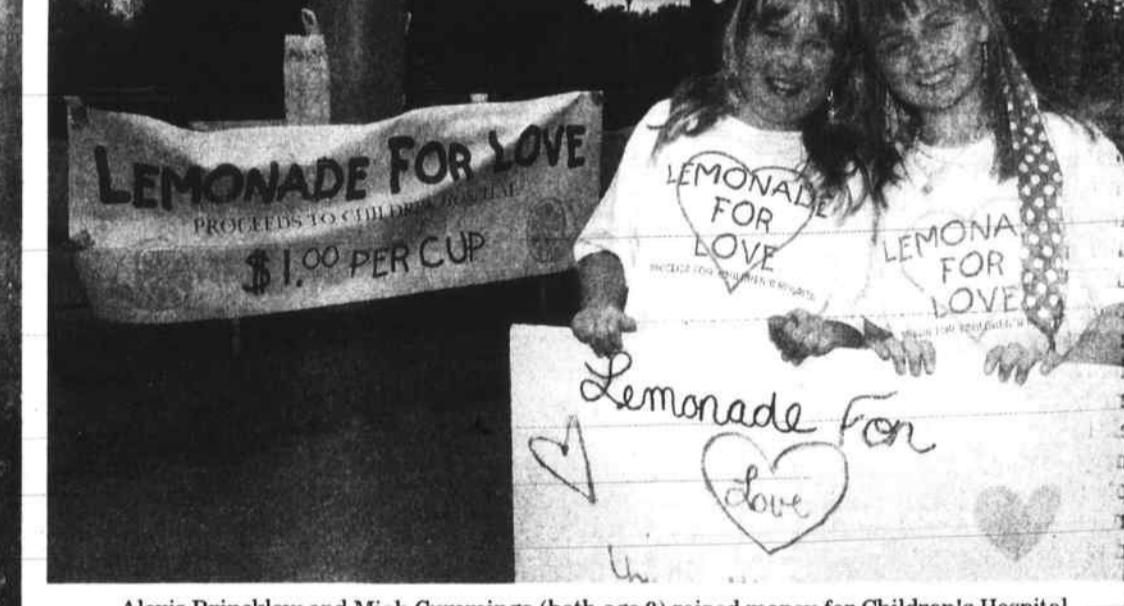
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Tickets available at 978-459-1702 www.lowellspinners.com



Alexis Brincklow and Miah Cummings (both age 8) raised money for Children's Hospital by selling lemonade at Livingston Park in Tewksbury on Thursday afternoon. The girls raised over \$100.00 in only 3 hours. It was the second year they sold "Lemonade for Love". (photo by Maureen Lamoureux -www.shootingstarspix.com)

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Attention parents of boys in grades 1 through 5

WILMINGTON / TEWKSBURY - Boys in Grades 1-5 Cub Scouts offers a program for every interest! There are sports and academic activities as well as crafts, games and camping opportunities. Call now to find a Pack near you! Time commitment is approximately 1 hour per week. Contact Diane or Tom at 978-658-8179 or Twingles98@comcast.net for additional information regarding Scouting programs in Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro, Wilmington and Westford.

WCTV holding
Annual Membership
Week Sept. 10-13

Special 20th Year Anniversary Special Planned

WILMINGTON - If you've ever wondered what it would be like to produce or star in your own television show or be part of a professional television crew, well, here's your chance! Wilmington Community Television (WCTV) invites you to watch their Annual Membership Week of special programs to consider becoming a member! WCTV has planned a variety of special events for the week of September 10-13 to give residents both an "in front of the camera" and a "behind the scenes" look at community television. On Monday, WCTV will feature a special 20th Anniversary program with a variety of special guests and a look at how WCTV has evolved. You can join us at the station to see first-hand how WCTV operates, take the opportunity to meet some of our local television show producers, and see highlights of some of its best programs that our volunteers and members have ever produced!

On Tuesday, September 11, you will be treated to a fun night devoted to student-produced programs that will feature highlights of students' work from the summer video programs and after-school programs as well as a live program starring some of your own neighbor's children!

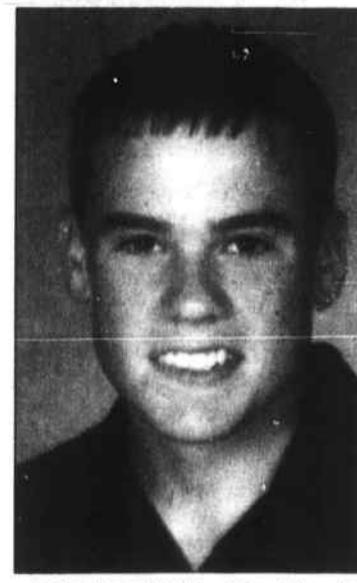
On Wednesday, September 12, the dynamic duo of veteran hosts, Sandra Curtin and Jim Buckley, will host the popular Organization Night featuring representatives from Wilmington's local nonprofit and service organizations. Hear the latest news from some of the town's most prolific organizations - what they've done, what they are doing and what they are planning.

On Thursday, September 13, it's everything "sports," as veteran producer Rick Aronofsky hosts an evening of sports highlights showing off some of the coolest athletes and other celebs that he has ever welcomed to the show.

Find out how WCTV helps the community to put together so many of the wonderful programs you see during the year! During the entire month of September, new members joining for the first time individuals, families and organizations can join for a discount for their first year of membership. During the entire month of September, new members can join for special rates: seniors and students can join for just \$5; individuals for \$10; families for \$20; and organizations for \$35. for the first year! Members are eligible to sign up for all WCTV classes, and after training is completed, they have ability to borrow professional-quality digital cameras and equipment and to use professional editing programs and equipment. Members also receive the quarterly WCTV newsletter and are invited to the Annual Member's meeting in March. Join WCTV for an exciting week of events. To join as a new member or to participate in a Membership Week program, call WCTV at 978-657-4066

Justin O'Neil Day

All are invited to help celebrate the life of a fallen youth



Scholarship Fund

Justin was 16 years old and a junior at WHS when tragically struck down on January 6, 2004.

The community came together to celebrate the life of Justin on June 13, 2004 for a day packed with family activities, including a 3-mile walk/run. Each year since then, the O'Neil family has invited the community to join together for a day full of fun.

In addition to the 3-mile walk/run, those attending will be treated to all kinds of family-oriented events and activities, including such things as a Moon Walk, spin art, balloon walk, face painting, cotton candy, slush, a big family cookout, and the sounds of DJ Donnie Heenan.

The Walk/Run will begin at

1:15 p.m. with registration taking place at 12:30.

The race, which is not intended as a competition, but rather a spirited walk will begin at the Wilmington High School tennis courts. Last year's three-mile course wound around Wildwood Street, Federal Street, Middlesex Avenue and left walkers and runners right back on the Common.

The O'Neil family is inviting one and all to come and help celebrate Justin's life.

"We hope that everyone will come out and join us on September 23rd," said Cheri O'Neil, Justin's mother.

More details will be announced over the coming weeks.

Red Cross Blood Drive

In Brennan Hancock's Name



Sponsored by: Benchmark Assisted Living

Where: Billerica Crossings
20 Charnstaffe Lane
Billerica, MA

When: Sunday September 30th
10:00 a.m. - 3:00 p.m.

Brennan Hancock of Tewksbury, just 6-months old, was recently diagnosed with leukemia. He is fighting hard and making strides, but he could use everyone's thoughts and prayers. A blood drive has been scheduled in his name at Benchmark Assisted Living, located at 20 Charnstaffe Lane in Billerica for Sunday, September 30th from 10:00 a.m. to 3:00 p.m.

Christine Cognato inducted into National Honor Society

Christina Cognato, daughter of Mr. and Mrs. Tony Cognato of Tewksbury, was recently inducted into the National Honor Society at Lexington Christian Academy. Students who receive this honor have demonstrated outstanding performance in the areas of scholarship, service, leadership and character.

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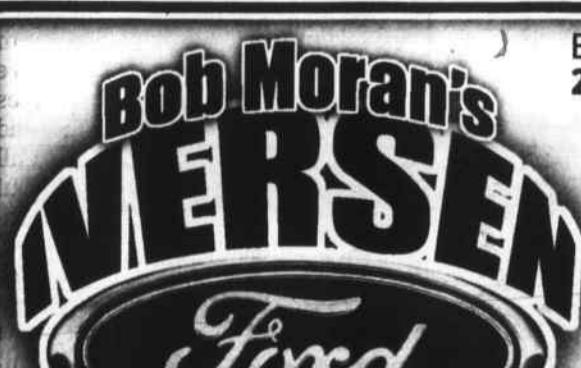


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Sat., Sept. 1st through
Mon., Sept. 3rd
We will re-open
Tues., Sept. 4th

Hope you have a Safe and Fun Labor Day

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Chamber of Commerce

COMEDY

NIGHT



Sept 14, 2007

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Four Comics - No waiting (for laughs)

Doors open 7 p.m.



Wilmington Library Notes

by Christina Stewart

Who put all those rocks in there?

Online Newsletter

Make sure you get the latest news on upcoming programs, new services, interesting and/or new books, DVDS, CDs, etc. available at the library by signing up for the library's online newsletter. Signing up is easy. Just go to the library's web site www.wilmlibrary.org and provide your email address. You can also sign up at the library's circulation desks. You will receive the newsletter weekly. Your email address will remain private and you may unsubscribe at any time.

Special Media Sale Event

The Friends of the Library will hold a "media" sale on Saturday, September 15 from 9 a.m. to 5 p.m. in the conference room of the library. According to Book Store Manager, Leslie Dietrich, there will be a large quantity of videos available for sale plus lots of CDs, audio-books, DVDS and computer games available for sale at great bargain prices. The Friends of the Library Book Store Next Door at 183 Middlesex Avenue is open every Saturday from 10 a.m. to 4 p.m.

Rocks Guessing Contest Winner Announced

Congratulations to Christina Fruciato for winning the guessing contest of this year's Crazy

about Science summer reading program. How many rocks were in the jar? There were 1,884. Her guess of 1,855 was the closest of the entries made. The prize, a twenty-five dollar gift certificate to Barnes and Noble, was donated by the Friends of the Library.

Teen Summer Reading Program winners

This year's Teen Summer Reading Program, Down to a Science, was a blast! Thanks go to the 140 teens who signed up and the 250 who attended the wide range of programs. Congratulations to all of our Teen Readers of the Week: Nicole Tetrault, Rachel Alatalo, Sara Cokash, Michelle White, Sam Alatalo, Melissa O'Donoghue, Shannon O'Donoghue, Erik Alatalo, Maria Patrone, Meagan Bransfield, and Nancy Hurley all won a new books, courtesy of the Friends of the Wilmington Memorial Library. (The winner of the \$50 Barnes & Noble gift card will be announced next week.)

Premier On line Research Tool for Consumers and Businesses

Wilmington Memorial Library is now offering ReferenceUSA®, a powerful online research tool from InfoUSA®! ReferenceUSA provides library cardholders

instant, real-time access to accurate, in-depth information on 14 million businesses and 210 million consumers. It is very easy to navigate, so even computer novices will feel at ease searching ReferenceUSA. The consumer information in ReferenceUSA is gathered primarily from telephone white pages. Patrons will find it to be essential for planning family reunions and weddings, organizing class reunions, finding neighbors or long-lost friends, and locating relatives, just to name a few.

The business information is gathered from a variety of reliable sources, such as yellow and white pages, annual reports, 10-Ks, government data, business magazines, top newspapers, the U.S. Postal Service, Internet research, and the U.S. Census Bureau. In fact, 22 million phone calls are placed annually to businesses to verify the accuracy of data! The quality of the information is validated by the fact that InfoUSA databases power the directory services of many of the top-traffic Internet sites. And, the Wall Street Journal, in its August 29, 2006, issue, even proclaimed ReferenceUSA to be a "powerful market-research tool" crucial to small businesses. ReferenceUSA's business module is perfect for people conducting job searches, locating out-of-town companies, tracking down addresses and

phone numbers, conducting patent and market research, and much more!

ReferenceUSA is accessible to Wilmington Memorial Library registered cardholders from your home or office at www.wilmlibrary.org. It is available to anyone using the library's Internet computers on site at the library.

From the New Book Shelf

House Beautiful Design and Decorate Kitchens by Emma Callery. If you are thinking about remodeling your kitchen, this new book includes a variety of new designs and the latest information on storage, floors and lighting.

You Can Do It! The Boomers Guide to a Great Retirement by Jonathan D. Pond. The PBS financial expert provides sound advice on investments and managing expenses in order to have a safe and comfortable retirement.

The Rough Guide to Shopping with a Conscience by Duncan Clark and Richie Unterberger. The book looks at the social and environmental implications of what we buy and will answer such questions as "Do boycotts work?" "Is buying local better?" "How can we reduce our impact on global warming?"



Renee Marcou on the beach at Silver Lake

Marcou's appearance at Gillette Stadium re-scheduled

WILMINGTON - Renee Marcou's scheduled performance at Gillette Stadium has been upgraded to a Revolution playoff game.

The official Date & Time will be announced very soon, but is expected to be near the end of

October or the first week in November.

As always, Renee would like to thank everyone for the loving support toward her career.

Please visit her website www.reneemarcou.com for updates on the singer.

TEWKSBURY PUBLIC SCHOOLS

Lunch Prices

| | |
|--------|--------|
| K - 4 | \$2.00 |
| 5 - 8 | \$2.15 |
| 9 - 12 | \$2.40 |

Monday: No School

Tuesday: Cheeseburger on a roll, corn on the cob, lett/tom, pretzel sticks, fruit or juice, milk variety.

Wednesday: Chicken nuggets, vegetable sticks with dip, tater tots, fruit or juice, milk variety.

Thursday: Nacho chips with beef, lett/tom/cheese, potato wedges, salsa sour cream, fruit or juice, milk variety.

Friday: Galaxy pizza, Caesar salad w/croutons, seasoned pasta, fruit or juice, milk variety.



WILMINGTON SCHOOLS

Monday: No School

Tuesday: Cheeseburger sub, corn niblets, pears.

Wednesday: Rotini with meat-sauce, steamed fresh broccoli, garlic bread, peaches.

Thursday: Chicken nuggets, whipped potato, steamed vegetable, whole wheat roll, cranberry sauce.

Friday: Pizza wedge, tossed salad, orange wedge.

Alpha - A practical introduction to the Christian Faith comes to St. Dorothy's

Learn more about Christ with a free 10 week Tuesday night: home-cooked meal, educational DVD, and table discussion.

All welcome to an informational meeting 7:00 p.m. September 4, 2007 in St.

Dorothy's hall, Class starts September 18, 2007 seating is limited please contact

David Grisé (978)-658-6410, or Cathy Crawford (978)-657-5949.

WHS Class of 1947 Reunion

Wilmington High School class of 1947 will hold its 60th reunion on Saturday, September 22nd at the Hillview Country Club in North Reading from 1:00 to 5:00 p.m. Included this year will be a 2-hour tour of "new" Wilmington leaving at 9:30 a.m. Members of surrounding class-

es are welcome to join us and renew old friendships. For further details, please contact Liz White at 1-978-658-2042, E-mail: jwhite42@comcast.net or Charlotte Stewart at 1-978-658-7406, E-mail: cstewart35@comcast.net.

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2007 Ford Taurus SE Sedan
\$13,788 \$209 month
2004 Jeep Grand Cherokee Laredo
\$16,288 \$255 month
2004 Jeep Liberty Limited 4x4
\$16,997 \$268 month
2005 Dodge Grand Caravan SXT
\$17,598 \$278 month

2004 Dodge Durango SLT 4x4
\$17,995
2007 Dodge Grand Caravan SE
\$19,496 \$316 month
2005 Chrysler Town & Country Limited
\$19,993 \$323 month
2006 Dodge Charger SXT
\$20,995 \$336 month
2007 Dodge Magnum SXT Wag.
\$21,597 \$349 month

2007 Dodge Durango 4x4
\$21,888 \$352 month
2005/06 Dodge Ram Quad Cabs
\$21,995 \$355 month
2003 Mercedes ML320 4WD
\$21,995 \$355 month
2007 Dodge Charger SXT
\$22,995 \$378 month
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Tewksbury newest teachers met for a breakfast meeting at the Ryan School last Thursday. (front l-r): Chris Mulligan, Jenn Forleo, Alisha Cornacchia and Tina Graham (middle l-r): Amanda Daigle, Tricia Elwell, Kristen DiCecca, Jean Perry, Amy Matson, Lisa Fuller, Andrea MacMullin, Susan Clark and Heidi Meharg. (back l-r): David Moffat, Chester Erler, Christine Finn, Martha Glynn, Rosemary Coughlin, Nicoletta DeVincentis and Dawn Lyons.

(photo by Maureen Lamoureux -www.shootingstarspix.com)

←



Samantha Mercurio waited for the bus to take her to i Brook School in Tewksbury holding onto her new Mer backpack loaded down with school supplies.

(photo by Maureen Lamoureux-www.shootingstarspix.com)

Tewksbury Senior Topics

Did you win the Lottery Tuesday night? No!?! Another Foxwod trip is planned for October 12!

The last day to register for the Friends of the Elderly 10th Annual Mary Ann Wareham Golf Connection Tournament will be next Wednesday, September 5th. The tournament will be held at the Indian Country Club in Andover on Monday, September 10, 2007. Tee time is 7:00 a.m. with a scrambled format. The tournament fee is \$130 per person. Save \$20 and register a foursome at \$500. The outing includes a continental breakfast, cart & green fees, catered luncheon, prizes and raffles. For more information one may call the Senior Center at 978-640-4482 or Linda Brabant in the evening at 978-851-4243. Sponsors are welcomed and appreciated as are items for the event raffle. Sponsorships are: Tee \$125; Green \$150; Hole \$250; Cart \$500; and, Gold \$1,000. All proceeds from the tournament benefit the Senior Center Building Fund.

The Senior Center will be closed Monday, September 3rd in recognition of Labor Day. Programs and activities are not held on the holiday.

Residents are reminded that Tuesday, September 4th, is an election day.

Those traveling on the Foxwood day trip of Thursday, September 6th, should note that the bus shall depart from the Livingston Playground parking lot at 7:00 a.m. sharp. The next Foxwood trip will be held on Friday, October 12th. Sign-ups for this new trip will take place on Monday, September 17th beginning at 8:00 a.m. at the White House. The cost per person is \$20.

A golf tournament activities meeting for all golf volunteer workers has been scheduled for Friday, September 7th at the White House. The meeting will begin at 2:00 p.m.; and, all workers are urged to attend.

Diane Fay will be available to instruct a beginners quilting class if enough people are interested. Check the bulletin board at the Senior Center for the Quilting Interest List. More details will be available soon.

Beverly Enos's Japanese Bunka Embroidery classes will begin on Monday, September 10th and Thursday September 13th at the White House. Classes begin at 1:00 p.m. Rip Stangroom will resume the Wood Carving class at the White House on Tuesday, September 11th at 9:00 a.m.

Sandy Dukeshire will begin Stained Glass classes on Wednesday, September 12th at the White House beginning at 12:30 p.m.

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sueogal@comcast.net

18th.

Class fees will remain the same as last year for the month of September and October. However, participants should be aware that fee will be increased. More information will be noted when classes begin.

For additional information on Senior Center programs, one may call 978-640-4480. If one has never taken a particular class, he/she is welcome to come on down and observe a class prior to signing up.

It is anticipated that Tuesday Zingo activities will resume at the Rod and Gun Club on Tuesday, September 18th. It all depends on the weather and if it has cooled down by the

unknown; and, Topsfield Fair price range \$10-\$20. One may also call the Senior Center and ask the receptionist or Linda to place his/her name on an interest list.

In order to avoid a cancellation charge if the trip has to be cancelled, interest lists will be posted. Once enough interest is shown, trips will be booked, information will be posted and sign-ups will begin. The following lists can be found on the bulletin board located in the inner hallway at the White House: Bourne Scallop Festival during the end of September price range \$35-\$40; Songo Queen Cruise during the first week of October price range \$50-\$60; Red Lobster Restaurant in Connecticut during mid October price range

A safe and pleasant holiday is wished to all. Remember to use extra caution now that school is in session. God Bless America.

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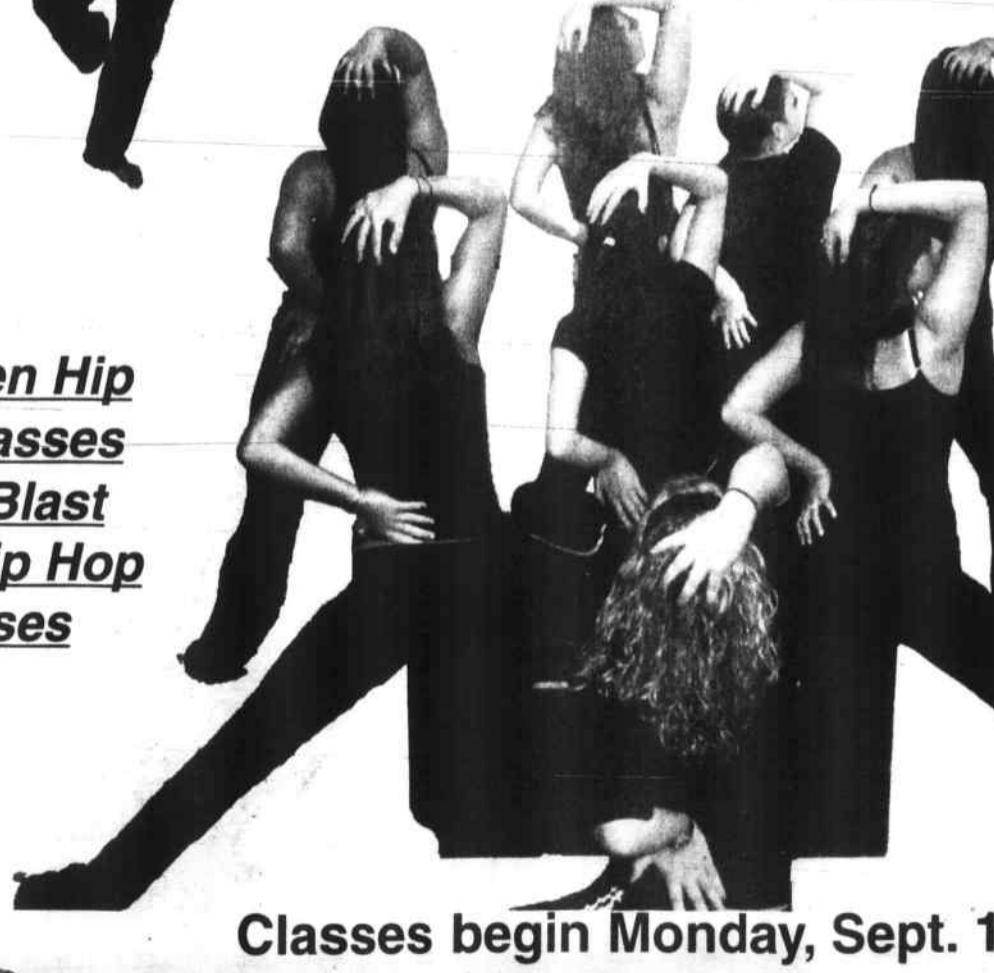
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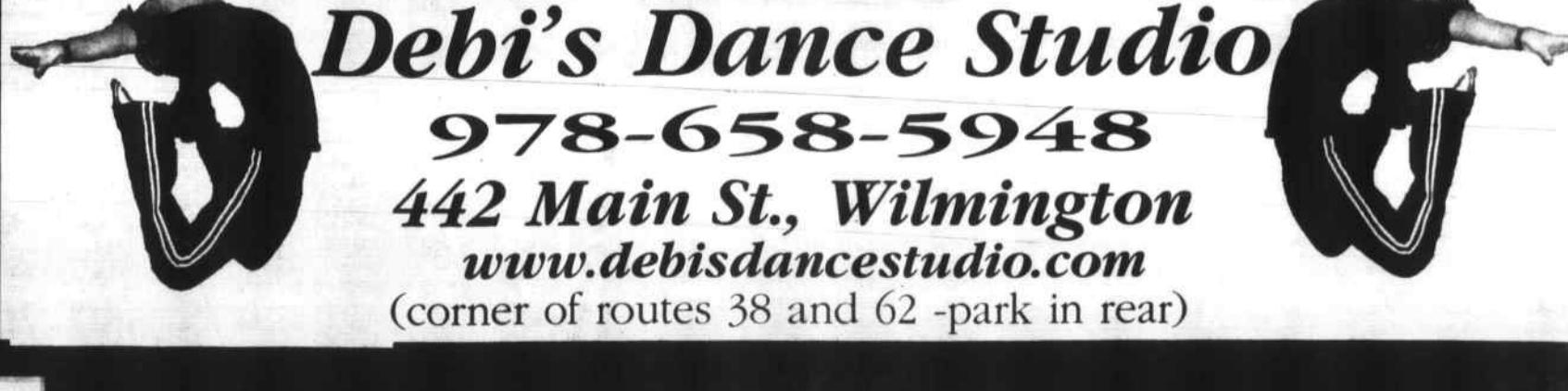
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The Stoneham Independent Town Crier

Send your responses to: Showcase Movie Trivia, c/o The Daily Times Chronicle, 1 Arrow Dr., Woburn, MA 01801. Employees and their relatives of Woburn Daily Times, Inc. and National Amusements are not eligible. Decision of the judges is final. Entries must be received by 3:00 p.m. Thursday to qualify for this week's drawing. Winners will be drawn at random and listed in Friday's paper.



Wilmington's Caitlin Gilgan; 3rd grader, Jonathan Roberts; 5th grade, Tyler Roberts; 2nd, Meghan Gilgan; 1st, and Erin Miasserian waited for the bus to bring them to the very first day of school on Tuesday.

(photo by Maureen Lamoureux photo-www.shootingstarspix.com)

New WCTV workshop offered

"DV to TV"

WILMINGTON - DV to TV is an in depth television production workshop with the simple premise of tutoring you to use your home camcorder and computer to produce finished broadcast quality programs of several different genres.

If you want to be the next Barbara Walters or Bryan Gumble and turn your home, office or even go on location in local "exotic" locations to videotape interesting interviews with fascinating people the DV to TV workshop at WCTV is perfect for you.

If your Cub Scouts or civic group is having an exciting event, and you want to produce in depth coverage with several camcorders and edit into a final televised program then the DV to TV workshop at WCTV is for you.

Previous participants of this workshop have produced pro-

gram as varied as coverage of poetry slams!

The key to DV to TV workshop of broadcast quality video productions is in the planning of a multiple isolated camcorder production to postproduction format.

DV to TV is a three-week teaching curriculum that is participant driven, aimed at fulfilling the video content needs of the individual who enters the class.

With the explosion of video cablecasting, web streaming and internet video content playback sites the simple formula of the better the video produc-

tion the more powerful the ability to cut through the overwhelming clutter of video content, and hone your message to impact your target viewer.

The DV to TV teaching curriculum is student driven, and your proposed program ideas will be formatted, video acquisition blocked out, and postproduced for maximum program quality with minimum time output.

Utilizing your own DV video camcorder and PC video editing platform we'll teach "tricks of the trade" in program formatting, lighting, audio acquisition and postproduction.

Welcome to the club

Five Wilmington teachers reach milestone

By CHARITY B. LEGVOLD

WILMINGTON - Trivia fact - their average salary when they were hired in 1978 was \$11,483.22. Of course, in 1978 a gallon of gas cost 63 cents! Wilmington School Superintendent Joanne Benton's trivia refers to the time period when the district hired the five teachers that are now joining the "Thirty Year Club."

On Monday, August 27th, just one day before welcoming students back, Superintendent Joanne Benton greeted a staff

of more than 450 and introduced the newest members of "The Thirty Year Club."

Continuing a tradition started by her predecessor, former Superintendent William McAluff, Benton honored the staff members that are entering their 30th year by calling each one up in turn to receive their "Thirty Year Club" t-shirt.

Five staff members joined the ranks of the teaching professionals who have dedicated their careers to Wilmington students and are entering their 30th year with the school sys-

tem:

John Wood - High School Science Teacher

Deb Parziale - Preschool Teacher

Sheryl Farrar - Kindergarten Teacher

Rick Barry - Middle School Social Studies Teacher

Suzette Durso - High School Art Teacher

"The key to an excellent school system is the people. Wilmington is fortunate to have teachers who have dedicated their lives to our students," Benton said.

Medicare pays for Colorectal Screening to help you stay healthy A healthier US starts here

Take 30-minutes to get screened for colon cancer. It can save your life. "Colorectal cancer often has no symptoms," says Chief Medical Officer and Director of the Office of Clinical Standards & Quality Barry M. Straube, MD. "That is why it is so important for people age 50 and older to be screened." Getting screened for colorectal cancer is one of the smartest things you can do for your health. If you have part B, Medicare covers colorectal cancer screenings for all people with Medicare ages 50 or older.

Find colorectal cancer early, when treatment works best, through routine screening. "Screening can find abnormal growths in the colon or rectum so that they can be removed

before turning into cancer," says Dr. Straube. There are several tests for colorectal cancer. Talk to your doctor about the one that is best for you.

Don't overlook routine preventive services like colorectal screening tests. Preventive services are critical to your overall health and can help you prevent diseases or find them early, when treatment works best.

To help you remember the services you received and the tests you need each year, visit the MyMedicare.gov web tool. By visiting MyMedicare.gov on the web, you can see a description of your covered preventive services, the last date that service was performed, and the next date you are eligible for that service. If you don't have

a computer, ask a family member or loved one if they do. Or, your local library or senior center may be able to help you look at this information.

Look for a "Healthier US Starts Here" event in your area to learn more about Medicare preventive services. Or, get free copies of "Staying Healthy: Medicare's Preventive Services" and "Your Guide to Medicare's Preventive Services" by visiting www.medicare.gov on the web. On the web, select "Find a Medicare Publication" under "Search Tools." Or, call 1-800-MEDICARE (1-800-633-4227). TY users should call 1-877-486-2048.

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Niki Tsongas Endorsed by Boston Globe and Boston Herald

Newspapers say she's the "most promising" candidate with "sensible and solid" positions

LOWELL - Niki Tsongas was endorsed today by the region's two largest newspapers, the Boston Globe and the Boston Herald.

"With only one week to go before the Primary Election, the Tsongas campaign is still feeling tremendous momentum heading into the final days," said Campaign Manager Roger Lau. "Last night Niki demonstrated at the final debate why she is the best candidate to represent us in Washington. And, with nearly 100 volunteers who came to support her at UMass Lowell we had the largest and strongest show of support. It's not just in Lowell though, the solid backing Niki has received from across the Fifth District is undeniable. And, today, Niki earned the endorsement of the two largest newspapers in the region, the Boston Globe and Boston Herald. We are pleased and grateful to have such strong support which will only encourage us to work even harder over the next seven days to Get Out The Vote for

Niki Tsongas." In its endorsement today, the Boston Globe said, "we find Niki Tsongas...far by the most promising." They added, "Niki Tsongas has earned the chance to represent [the district] in her own right," and described her as a "creative and pragmatic thinker" who "makes up in commitment to the district what she lacks in elective experience," quoting Niki as saying, "I've always served the public."

They closed by writing, "Tsongas understands the concerns of voters in Lowell and Lawrence as well as in the bedroom suburbs that make up this diverse district. Notably, several respected members of Congress want her as a colleague. A freshman member needs such relationships to be effective."

The Boston Herald described Tsongas' position on the war in Iraq as "sensible and solid." They added, "district voters are also entitled to be represented by someone committed to developing the regional economy. There too Tsongas

has shown her commitment, working as a member of the Lowell Plan and the Arena Commission and through her work at Middlesex Community College." And they closed by writing, "what voters really need is a candidate who can

adapt to change and anticipate it, who has the basic intelligence to lead and the basic decency to choose the right direction. Niki Tsongas is that kind of person."

Laugh with the Wilmington Chamber of Commerce

WILMINGTON - The Wilmington Chamber of Commerce will be laughing it up on Friday, September 14 and they'd like you to laugh, too!

A comedy night featuring Brad Mastrangelo, Mike Prior, Marybeth Callan and Wilmington's own Steve Bjork (www.stephenbjork.com) is open to the public at the Knights of Columbus Hall. Tickets are \$15 and can be purchased at: The Town Crier, 226 Lowell St.; Danversbank, 579 Main St.; Sir Speedy, 609 Main

St.; Realty Executives, 362 Middlesex Ave.; White Physical Therapy, 355 Middlesex Ave.; or Commercial Business Products, 12 Bay St. all in Wilmington or at the Burbank YMCA, in Reading. Tickets can also be purchased by M/C or Visa over the phone by calling the Town Crier office at 978-658-2346. These tickets will be mailed.

Doors will open at 7 p.m. and the comedy starts at 9.

Attendees are invited to bring their own snacks. A cash bar will be available.

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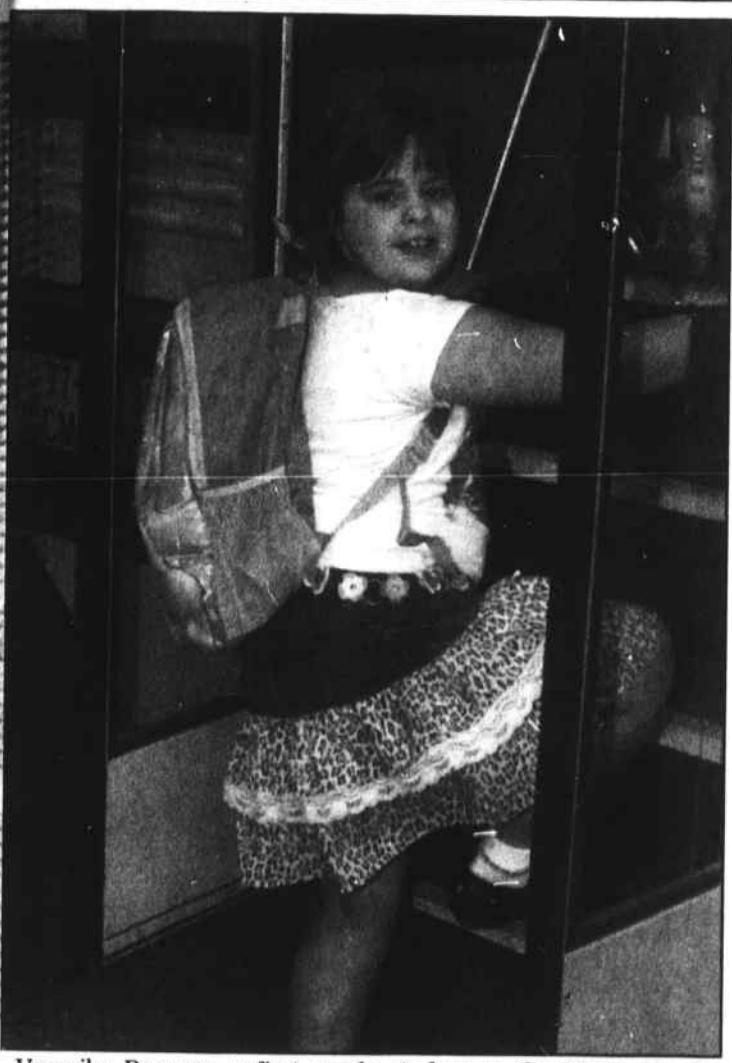
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Veronika Brenner, a first grade student at the Heath Brook School in Tewksbury, wore her new Cheetah Girls outfit for the first day of school.

(photo by Maureen Lamoureux -www.shootingstarspix.com)

Finegold Campaign launches "Hit Piece Hotline"

Renews call for candidates to sign "No Negative" campaign pledge"

ANDOVER - The Finegold Campaign recently launched a "Hit Piece Hotline" for 5th District voters to call and report negative attack ads, mail pieces, and smear tactics.

Also, the campaign renewed its call to fellow Democrats in the MA-05 primary race to sign the Finegold "No Negative" campaign pledge. Finegold introduced the "No Negative" pledge at a debate sponsored by the League of Women

Voters in Andover last week, calling on his fellow candidates in the primary to refrain from negative campaigning and activities by third-party interest groups.

"I respectfully ask my colleagues Eileen Donoghue and Jamie Eldridge, once again, to sign my pledge as a show of commitment to the real issues on behalf of the voters of the 5th district," said Finegold.

"With the primary less than

one week away, we owe the voters an honest and vigorous discussion about our ideas for health care reform, ending the war in Iraq, and improving our local schools; we have to get away from the politics-as-usual approach of negative campaigning and bickering. It only wastes the voters' time."

To date, only Niki Tsongas and State Representative Jim Miceli have signed the pledge.

Throughout this campaign,

Barry has focused on the issues of the day, with innovative ideas for tackling our most crippling problems. By focusing on health care reform that ensures quality, a political solution to the war in Iraq, and real funding for education needs, Barry has avoided politics as usual and communicated his vision for the 5th district and this country to the voters.

"There is a reason that Congress has an approval rating of 18%," said Finegold campaign manager Dave Riordan. "The voters are tired of political games that prevent the big solutions we need from moving forward. By setting up the "Hit Piece Hotline", we're giving the power back to the voters, to call and report the negative tactics they witness on the ground. Candidates in this race have a responsibility to the voters - to focus on the issues and forego the usual smear tactics. Barry takes that responsibility very seriously and it's why we have run a campaign focused on the issues. Barry is not more of the same."

The pledge is as follows:

I pledge to refrain from negative campaigning against my fellow Democratic candidates for the duration of this primary campaign. This includes mailings, advertisements, and false information perpetuated by both my campaign and interest groups supporting me.

Instead, I will focus on the issues facing this district and my ideas for tackling them. I make this pledge to the constituents of the 5th Congressional District of Massachusetts.



Good pals Domenic Rosmarino and Patrick Leonard were all smiles waiting for the bus to come and take them to the first day of school in Tewksbury on Wednesday morning.

(photo by Maureen Lamoureux -www.shootingstarspix.com)

Eldridge holds Environmental Rally

Jan Schlichtmann, Phil Sego speak on his behalf

ACTON - State Representative Jamie Eldridge (D-Acton) held a family oriented environmental rally at Longley Acres in Shirley. Eldridge spoke about the need for environmental protection, including the need to take bold action to stop global warming now.

Jan Schlichtmann, environmental lawyer and subject of the book and film "A Civil Action", and Phil Sego, Political Committee Chair, Massachusetts Sierra Club, were the keynote speakers.

Phil Sego stated that just being on the same stage with Eldridge was an honor for him.

"From even before he was elected to the state legislature, Jamie has been one of the state's most passionate leaders in defending the environment," said Sego. "From land preser-

vation to smart growth and planning, and smart transportation alternatives, and strong anti-pollution measures."

Jan Schlichtmann also spoke out on behalf of Eldridge for

the second time in three days. In addition to Sego and Schlichtmann, Marilyn McMillan, whose family store in Ayer was shut down due to water and air pollution, also spoke at the event that gathered over 50 people.

Longley Acres is a 70-acre property acquired by the town of Shirley in April 2003 with a million dollar Self-Help Grant from the Division of Conservation Services.

State Rep. Jamie Eldridge is a progressive Democrat and a lifelong resident of the 5th Congressional District. Eldridge has served in the Massachusetts House of Representatives since 2002, after working as a Legal Aid attorney in Lowell and Lawrence. He is the only winning Clean Elections candidate

in Middlesex and Worcester Senate District Coordinator for Governor Deval Patrick. Find out more at www.JamieForCongress.com.



A breakfast meeting was held for the new teachers of Tewksbury and their mentors at the Ryan School on Thursday morning. Left: Nancy Laws is a mentor for Dawn Lyons, new teacher at the Wynn Middle School and Mary Manceau is mentoring Jean Perry at the Trahan School. (photo by Maureen Lamoureux -www.shootingstarspix.com)



Not your ordinary fish story. Hayley Sutherland of Tewksbury made a giant octopus in the sand on the coast of Maine while vacationing with her family this past weekend. (photo by Maureen Lamoureux -www.shootingstarspix.com)

John Appleby to receive honors with the Scottish Rite Masons at Washington meeting

WASHINGTON - Some 174 the Thirty-third Degree in a Thirty-second Degree Scottish special ceremony at Rite Masons will be elevated to Washington DC on Aug. 27. The

event will take place during the annual meeting of the Supreme Council of Scottish Rite Freemasonry.

In attendance will be more than 3,500 Thirty-third Degree Masons and their wives from the 15 northeastern and midwestern states comprising the Northern Masonic Jurisdiction and from the 35 southern and western states comprising the Southern Jurisdiction. This will mark the first time that the two Supreme Councils have met in joint session.

Those who will be elevated this year were elected a year ago at the annual meeting in Chicago. The Thirty-third Degree is awarded for outstanding achievement within the fraternity or for contributions to others reflecting credit on Freemasonry. The impressive ceremony will be held in the International Ballroom, Hilton Washington Hotel.

A Vesper Service on Sunday afternoon, Aug. 26, will open the three-day meeting, which will also include executive and general sessions at the Hilton Washington Hotel. Supreme Council members will be joined by leading Freemasons from throughout the United States and around the world.

A major topic of discussion will be the continuing expansion of the Northern Jurisdiction's newest charitable endeavor - the establishment of Thirty-second Degree Masonic Learning Centers for Children designed to provide free one-on-one tutoring for young children with dyslexia. The Scottish Rite Masons also support fellowships in schizophrenia research, college scholarships, and the National Heritage Museum at Lexington, Mass.

Following the conferral of the Thirty-third Degree on Aug. 27, the names of those who have been selected to receive the degree next year at Providence, RI, will be announced.

John Appleby of Northgate Road, Tewksbury, a retired engineer, will be honored this year.



Rachael Pruyne, Miss Teen Massachusetts donated books that she collected at the pageant to the students of the North Street School. Rachael, a former student of the school dropped off the books to Principal Dr. Kristan Rodriguez on Tuesday. (photo by Maureen Lamoureux -www.shootingstarspix.com)

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2 weeks - Mon. - Fri. - Oct. 8 - Oct. 19 • 5:30 pm - 8:30 pm

2 weeks - Mon. - Fri. - Nov. 5 - Nov. 16 • 5:30 pm - 8:30 pm

2 weeks - Mon. - Fri. - Nov. 26 - Dec. 7 • 5:30 pm - 8:30 pm

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1 week - Wed. - Sun. - Dec. 26 - Dec. 30 • 8 am - 2:30 pm

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Jerry Selissen, Chairman, Board of Selectmen

"David is a reasonable man of integrity and dedicated to fairness and accountability."

Joan Dunlevy, Former Chairman, Board of Selectmen

"David Gay is an honest man with integrity who is looking out for the best interest of the residents of Tewksbury."

Ruth Perrin, Former School Committee Member

"David will bring a respectful and balanced approach to problem solving to the Board of Selectmen. His experience as a union president and negotiator adds an important skill set when strong relations with our local unions is crucial to our future success."

Todd Johnson, Vice Chairman, Board of Selectmen

"As a worker, parent, homeowner and long time union president representing 900 working families, David Gay will be ready to do the job of Selectman from the first day he is elected. David's experience and integrity should be a deciding factor for Tewksbury voters on September 4th. The Merrimack Valley Central Labor Council is proud to endorse David Gay."

Paul Georges, President of the Merrimack Valley Central Labor Council

WE SUPPORT DAVID GAY

Ron Hall

Pat and Diane Holland

Rita O'Brien-Dee

Signed: Marc DiFruscia

Sue and Mike Hogan

Joe Knight

Lorene Patch

Russ and Kathy Starling

Frank Flanagan

Mike Sitar III

Greg and Cheryl Romano

Leann D'Entremont

Maria and Jim Hamilton

Joe and Anne Kelley

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Jack and Jeanne McLaughlin

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Explanation of Rights

87.5

Explanation of services

87.5

Ease of admission from the hospital

87.5

Courtesy of maintenance staff

100

Skill of maintenance staff

100

Maintenance prompt response

100

Aides treated resident with dignity

100

Courtesy of housekeeping staff

93.2

Received Date: June 1, 2007 to June 30, 2007

*Scores provided by Press Ganey-a national leader in customer satisfaction research.

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3025MA (7/07)



What's a chalkboard?

FROM PAGE 1

up a visual keyboard. The SMART Board also recognizes different colors, so you can use these colored sticks that look like markers. The SMART Board knows when a blue marker is being used and then switched to a different color."

More recently the schools also invested in the eInstruction Classroom Performance System (CPS). It's a software package with 32 individual remote control clickers. Each clicker has the letters A through G. There's an infrared remote sensor at the front of the classroom that connects to the teacher's computer. From there, teachers are able to download or create their own questions through the Exam View software the school has access to.

"We just got the CPS system at the end of last year," said Ellis. "You can put up a graph with quadrants A, B, C and D, and ask students to identify what quadrant 0-1 is in. The students are given a set amount of time

to respond and put a letter choice into the system."

"It was designed by a teacher who was also a software programmer," said Ellis. "It's really sensitive to kids. Each student can be assigned a user number for the year, or that user number can change every day. Sometimes you don't want everyone to know that student #21 is the kid who hasn't figured it out yet."

Ellis elaborated, "You can hide the identities of those who got the answer wrong, but still enable the teacher to see and record that information. It's a way of identifying students that may need some extra help without embarrassing them in front of their peers."

Late last spring, the schools purchased six of the CPS units. A few teachers and students have already been able to try it out and the feedback has been positive.

"It integrates technology into the class with a format kids are more familiar with and enthusiastic about using. I've heard students say to their teacher 'Can we take a quiz today?' just so they could use the system. It's fun learning instead of doing math, history and English on a piece of paper. Combining this technology with other teaching tools, you can reach more kids with different learning styles," said Ellis.

A seventh system will be purchased this academic year. The extremely mobile system is smaller than the size of a gym bag. Along with a small disc, the remotes fit in a light carrying case. The systems will be shared between grades 1 - 12. The faculty will be trained on the new system this year, and Ellis expects that it will be a success.

"In addition to the kids' excitement, I think the teachers and parents will be equally enthusiastic. If the kids scores continue to go up and they are learning more, it will be a good measure of success and worth what we're putting into it."

not yet been approved by the commission, is as follows (based on 100 cubic feet per quarter; 10 = 1,000 cubic feet):

0 - 10: \$3.17
10 - 20: \$3.51
20 - 30: \$4.22
30+: \$5.64

Currently, residents are billed a flat rate of \$3.92 regardless of consumption level. Christopher Woodcock, President of Woodcock & Associates, previously noted that a large percentage of the 7,252 water accounts in town will experience a reduction in their annual water costs.

Department of Environmental Protection (MA DEP) had overseen the performance of several investigations by the parties under the state's voluntary cleanup program before referring the site to EPA. EPA expects to build on the results of previous investigations moving forward.

The settlement also requires the parties to continue certain activities, including operation of a groundwater extraction and treatment system, maintenance and performance monitoring of a slurry wall containment area, and design and implementation of a field-scale pilot test to evaluate the feasibility of extracting a plume of Dense Aqueous Phased Liquids (DAPL) from area groundwater.

The first phase of the RI/FS process will require the parties to compile existing data into a comprehensive site report. This will provide an overview of current site conditions and will be used by EPA to determine what data gaps need to be addressed by additional field work and studies.

The remedial investigation will also include various risk assessments to determine possible risks posed to human health and the environment by any contaminants present in site groundwater, soil, surface water, sediment and air. Lastly, the settling parties will perform a feasibility study under EPA and MA DEP oversight to evaluate various technologies and methods to address any contamination found to pose an unacceptable risk.

Following public outreach, and a period for review and comment by the public and all interested stakeholders, EPA will formally select a remedy for the site.

The property at 51 Eames Street was first developed for a chemical manufacturing facility in 1953 by National Polymers, Inc. (NPI). Stepan purchased NPI in 1968 and continued to operate the facility - which primarily manufactured chemical blowing agents, stabilizers, antioxidants, and other specialty chemicals for the rubber and plastics industry - until the property was sold to Olin Chemical in September of 1980. The facility



Julieann Thurlow, President and C.E.O. of the Reading Co-Operative Bank presented a check to Tom Pazyra on Wednesday for the upcoming road race in Wilmington. L-r: Karen Tavernese, Asst. V.P. of Reading Co-Operative Bank North Wilmington, Joe Scianatico, Branch Manager of Lowell Street Branch, Julieann Thurlow, Tom Pazyra, Race Director, Laura Ahern and Denise Gentile, both Asst. Race Directors. (photo by Maureen Lamoureux - www.shootingstarspix.com)

No vote yet

FROM PAGE 1

has assured residents that the system is not intended as a way to increase revenue for the town. It is intended to encourage water conservation.

Wilmington is in the process of filing an application for membership with the Massachusetts Water Resources Association (MWRA). The MWRA requires all members to utilize a billing block rate structure.

Town Accountant Michael Morris reviewed the rate study with commission members and advised a 3 percent adjustment

"I think this is a great advantage for the town," said Balliro.

Balliro had some concern that holding off on the vote until September's meeting might adversely affect the town's MWRA application. He stated that the commission could reconvene for an emergency session if needed. Water & Sewer Assistant Superintendent Robert Antico has since confirmed that postponing the vote until the September meeting will not impact the application process.



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High School sports,
new ideas and bigger
sections upcomingBy JAMIE POTE
Sports Editor

It's been a while since I've typed out a column, or a sports article for that matter, as the summer usually goes to smaller sections, combined sections with more help from my staff during the hot July and August days. This week marks the last one in August, thus fall, school, high school sports, not to mention Major League Baseball Pennant Races, the start of another NHL season and of course the start of what should be a very exciting National Football League season.

With school starting this week (I think), I'd just like to make mention that starting next week the Town Crier will be back to its normal sports sections filled with plenty of high school sports, starting with previews on all of the local teams, plus stories on local athletes, several new coaches joining the sidelines, not to mention various columns from our Sports Staff here between what seems to be very popular columns, whether it's "Dropping the Gloves", "Cookie's Column", "Igo around Wilmington/- Tewksbury", as well as the occasional "Sports Moment With ...", once again the Town Crier Sports Section will be filled with all kinds of different sports information for your liking.

We are also in the mix of putting together a few more columns/ideas for this fall season. We will be back featuring the collegiate athletes from Wilmington and Tewksbury. So if you know of a local athlete who is putting on a uniform at a college or university, feel free to let us know by sending an email to: digo@mail.umd.edu.

Our pal Louie Cimaglia, who, yes, has been writing for the Town Crier since he was taking a Superman lunchbox to junior high everyday (just kidding there, buddy), will also be back for what will be his fifth year with us. Besides his normal columns and debates with the other local writers, Louie will be tackling a new idea, however, we're still ironing out the details on it so we can't divulge too much information just yet.

And speaking of longtime writers, both Mike Ippolito and Rick Cooke are back. Mike will once again provide the readers his extensive and tremendous coverage of all of the Shawshene Tech Sports teams, as well as giving a helping hand to several of the local teams from Wilmington and Tewksbury, including some gridiron coverage.

Cooke is back in the fold with his popular columns, and he'll also be hitting the fields, the press boxes, the streets and the cafeterias trying to find the best stories as he has always done. He'll be attending many of the local football games, providing tremendous insight besides the stats. And while we're at it, Cooke is still looking for local athletes to submit a short article describing his or her best coach, and why they feel that way and we'll publish the story with a picture here in the Town Crier. If you are interested, please let us know.

I'd also like to take this moment to mention to all of the youth programs, youth coaches and youth parents, to submit their stories and pictures to the Town Crier. You may do that by dropping off articles and pictures to us at: 226 Lowell, Street, Wilmington, Ma.; or by sending me an email at: jamie@yourtowncrier.com, or by sending me a fax at 978-658-2266.

Lastly, we always encourage feedback from our readers whether it's positive, negative or just some information which we were not aware of - so feel free to email any of our staffers here. We also encourage "Letters to the Sports Editor", however all letters must be signed (if you would like your name withheld just say so, but it must be signed). If a "Letter to the Sports Editor" is unsigned, it gets thrown in the trash bucket, making it a complete waste of your time.

Besides all of that, I surely hope everyone had a great summer. So here's to a successful 2007-'08 school year. Let's hope it's a winning season but more importantly a safe one.

See you around the fields very soon.

Tewksbury Varsity Football Schedule

| Day | Date | Opponent | Time |
|-------|---------|---------------------|----------|
| Sat | Sept 8 | vs Tyngsboro | 1:30 |
| Fri | Sept 14 | at Wakefield | 7:00 |
| Sat | Sept 22 | vs Lowell | 1:30 |
| Fri | Sept 28 | at Chelmsford | 7:00 |
| Fri | Oct 5 | at Methuen | 7:00 |
| Sat | Oct 13 | vs Andover | 1:30 |
| Sat | Oct 20 | vs Central Catholic | 1:30 |
| Fri | Oct 26 | at Dracut | 7:00 |
| Sat | Nov 3 | vs Billerica | 1:30 |
| Fri | Nov 9 | at Haverhill | 7:00 |
| Thurs | Nov 22 | vs Wilmington | 10:00 am |

Wilmington Varsity Football Schedule

| Day | Date | Opponent | Time |
|-------|---------|----------------|----------|
| Fri | Sept 7 | vs Belmont | 7:00 |
| Fri | Sept 14 | at Newburyport | 7:00 |
| Fri | Sept 21 | vs Lawrence | 7:00 |
| Fri | Sept 28 | vs Amesbury | 7:00 |
| Fri | Oct 5 | at Masconomet | 7:00 |
| Sat | Oct 13 | at Ham-Wenham | 1:30 |
| Fri | Oct 19 | at Triton | 7:00 |
| Fri | Oct 26 | vs Ipswich | 7:00 |
| Fri | Nov 2 | vs N. Andover | 7:00 |
| Fri | Nov 9 | vs Pentucket | 7:00 |
| Thurs | Nov 22 | at Tewksbury | 10:00 am |

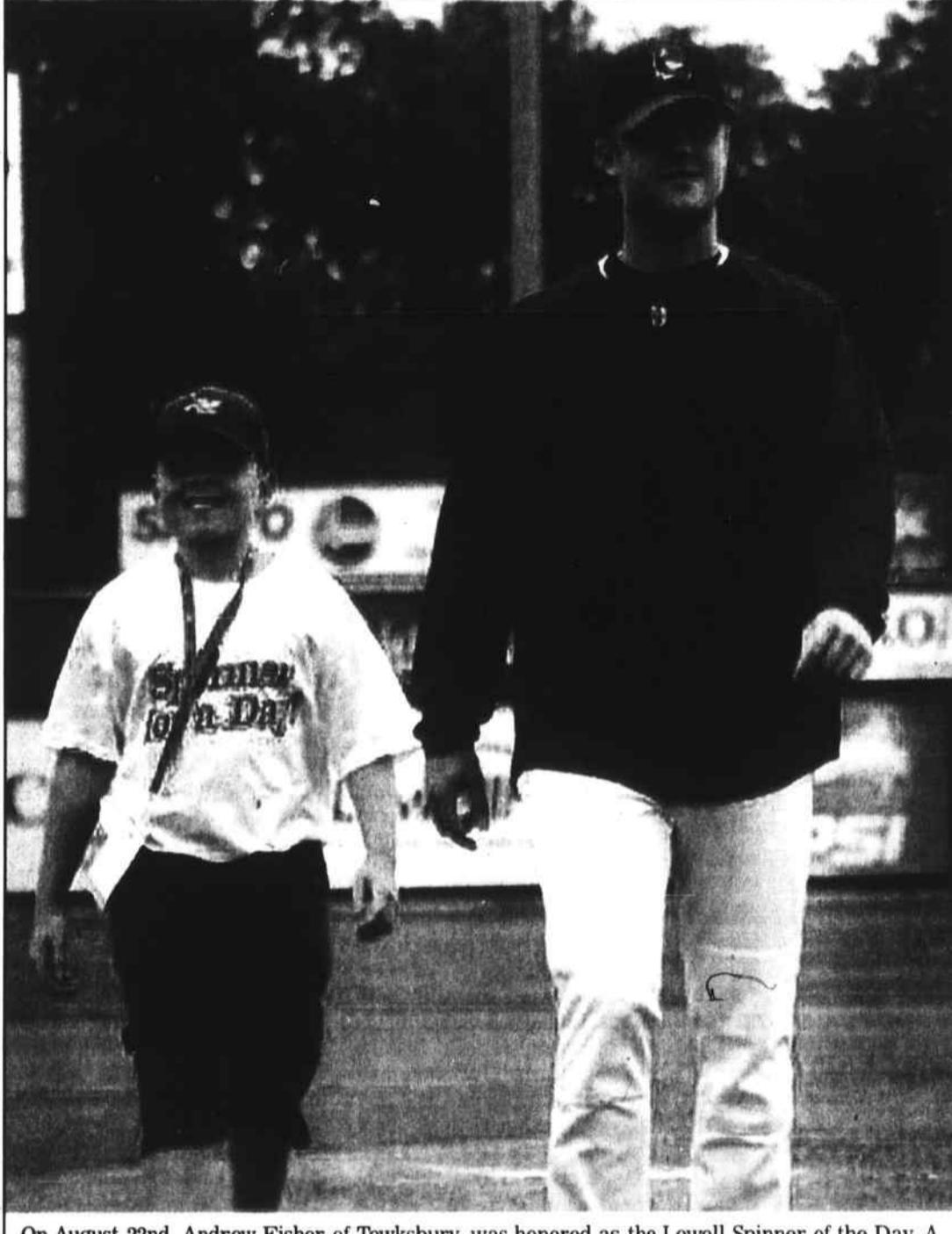
Buzzer Hockey sign-ups

Estimated cost is \$600.

The Learn-to-Skate program is a 10-week program that teaches the basics of skating to children of all ages, starting as young as 4 years old. Sessions are held on Sunday afternoons beginning the first weekend in December, followed by a Learn-to-Play Hockey program in February. Estimated cost of Learn-to-Skate is \$135.

To register, visit www.wilmingtonyouthhockey.org and follow the links to online registration.

WEDNESDAY, AUGUST 29, 2007



On August 22nd, Andrew Fisher of Tewksbury, was honored as the Lowell Spinner of the Day. A fourth grader at the Dewing School, Fisher, age 9, posed with Brett Lewis of the Lowell Spinners during the pregame festivities.

(courtesy photo)

A few overrated and underrated topics

By JAMIE POTE
Sports Editor

Like I said in my other article promoting what's coming up in the next few issues of the Town Crier, it's been a while since I sat down on this desk chair I have and typed out some words of wisdom ... we all know that's not true. I've been wanting to do a "overrated-underrated" column for quite some time now and although I'm going to dabble in those two areas in this column.

... So we'll start with the overrated-underrated thing. Why not? I'll be positive and start with the underrated. OK, that show "The Bronx is Burning" was excellent, especially for a movie made by ESPN. The guy portraying Reggie Jackson was nothing special, but certainly John Turturro and Oliver Platt were very good as Billy Martin and George Steinbrenner, respectively. I've always been a big fan of Turturro from his days in movies like "To Live and Die in LA", to "State of Grace" to "QuizShow" and what has become one of my top three favorite movies of all-time "Rounders" certainly Turturro is underrated. I can't wait for the show to come out on DVD ...

... Overrated? Junior Seau. I thought he was always overhyped in San Diego and then he comes here to New England and he's the guy who will "lead the Patriots to an undefeated season." The guy is average at best. Nothing special ...

... Speaking of nothing special, the local so called comedian, Dane Cook ... is it me or is he completely awful? I watched his HBO segment for about 15 to 20 minutes and I didn't laugh once. I kept waiting and waiting and kept saying to myself "this is the guy everyone thinks is hilarious"? Is it me or is the most arrogant and conceited so called comedian you have ever seen? Oh wait Will Farrell is right there with him except he's

not as arrogant, he just plays the same guy in every movie and every show he's in. Yawn!

... On the flip side of that, I can watch "Caddyshack", "Dumb and Dumber" and "Planes, Trains and Automobiles" over and over again and laugh as hard if not harder than I did the first time I saw it. And how about "Bill Cosby Himself" - that's absolutely hilarious and it's 20 years old? I sure hope Dane Cook keeps making terrible movies so he goes away ...

... Underrated? Bobby Cox, manager of the Atlanta Braves. Years ago I fell under that trap where I thought no matter a coach's winning percentage if they don't do well in the post season, I thought they were a terrible coach/manager. I have completely taken a 180 degree turn on that subject. When you see winning percentages in the six and seven hundreds, multiple division and league titles, to me it doesn't matter what happens in the post season because you never know what can or will happen in a post season series. It's like playing Texas Hold 'Em heads up - any two cards could win. The same thing comes to coaches and teams in the post season.

Bobby Cox is a genius. And the best thing about him is when you watch his games, no matter the inning, the score or the batter, he's always cheering his guys on at the plate or on the mound. It's great to hear "C'mon Tex go get 'em" instead of watching Terry BoreFrancona rock back and forth spitting ...

... Another overrated moment. How about those sports talk shows on ESPN? The one "Around the Horn" is beyond awful. I'd rather watch the movie "Fried Green Tomatoes" then listen to those guys argue about something for even five seconds. And even PTI is pretty bad, but I'll admit the few times I've seen it recently, it's

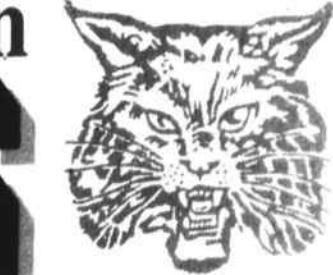
getting better.

I still don't listen to WEEI anymore. I can't bring myself to listen to Glenn Ordway or Pete Shepard, even if my buddies Butch Stearns or Ron Bradford are talking about the Red Sox or our fantasy football leagues. To me there's nothing worse than listening to a bunch of guys arguing over pointless sports talk ...

... OK and we'll end this segment with a positive one, an underrated tune. Let's see ... I haven't talked about many females yet so let's try that route. Personally I think Meryl Streep is the best actress out there, while Jennifer Aniston belongs in the Will Farrell, "I have no range" department. I can't watch NASCAR for two minutes but I can watch every Danica Patrick interview ... Where's Kathy Ireland? No one will ever top her Swimsuit pictures or her field goal kicking abilities. And I like some of the females on ESPN especially Rachel Nichols - she's a lot better than Stuart Scott ...

... Well I'd like to end this column by getting away from the overrated-underrated topic and wishing a good friend off to success. Those in Tewksbury, as well as Wilmington for the past year plus, got to know Michelle Martel very well. She was the athletic trainer at TMHS for past nine years and also helped out at WHS whenever she could the past two years. Well she packed up her ice bags, and her Chex Mix Bags and headed to Chelmsford High to become the Lions' athletic trainer. Michelle's an excellent trainer and did the best for the kids of Tewksbury and Wilmington and she'll surely be missed. I know I'll miss her. Good luck Michelle - stay in touch.

Event will be held at the Tewksbury-Wilmington Elks Lodge #2070 777 South Street Tewksbury, Ma 01876 (Ball Field).

TYB
announces
registration
dates

Tewksbury Youth Baseball will hold Registration for the 2008 baseball season on the following dates:

Saturday, Sept. 8th, 9:00 am - 12:00 pm
Sunday, Sept. 9th, 10:00 am - 1:00 pm
Wednesday, Sept. 12th, 7:00 pm - 10:00 pm
Saturday, Sept. 15th, 9:00 am - 12:00 pm

In-person registration will be held at the East Street Baseball Building (across from Tewksbury State Hospital).

Registration is open to all Tewksbury youth residents. The registration fee for Tee Ball is \$75 per child (child must be 5 years old by April 30th 2008). Registration for Minor Farm is \$100 per child. Registration for all other leagues is \$125.00 per child, with a maximum fee of the highest two rates per family (child must be no older than 16 years old by April 30th 2008).

Players baseball aged 9 through 16 will be required to tryout in order to be eligible for the draft, unless said player is returning to either a Major, Junior or Senior league team from the 2007 season.

A Birth Certificate and proof of residency is REQUIRED and MUST be presented during the registration process regardless if the child participated in TYB's 2007 season. This is a Little League International requirement that TYB must comply with.

Acceptable proof of residency includes a driver's license or a copy of a utility bill that is in the parent/guardian's name and showing the parent/guardian's home address.

Please contact Louis Cobuccio, PlayerAgent TYB, via email at tybplayeragent@hotmail.com or by phone at (978) 851-2160 with any questions.

** Please be advised that a late fee of \$25.00 per application will be applied for any returning players, baseball age 10 and older who participated in the TYB program during the 2007 season and doesn't register by September 15th 2007 for the 2008 season.

Elks Shoot-Out

Tewksbury/Wilmington Lodge of Elks will host their annual soccer shoot on Saturday, September 8, 2007. Registration 8:30 a.m. Shooting 9:00 a.m. - 12:00 p.m.

Rain date: Sunday September 16, 2007 8:30 a.m. - 12:00 p.m. Open to all boys and girls ages 13 and under (age of August 1, 2007).

No Special skills are required, only the ability to kick a soccer ball. Trophies, medals and ribbons are awarded to 1st, 2nd and 3rd place winners.

Event will be held at the Tewksbury-Wilmington Elks Lodge #2070 777 South Street Tewksbury, Ma 01876 (Ball Field).

Registration forms will be available on the day of the event.

TGBL coach interviews

Tewksbury Girls' Basketball League will be conducting interviews on Monday, September 10th, for anyone interested in coaching additional travel teams for the 2007-2008 season. TGBL is looking to potentially add teams at the 5th, 6th, 7th, and 8th grade levels.

Anyone interested must send an email no later than Friday, September 7th to contact@tgb.org to state their intentions. Please see [W W W . T G B L . O R G <http://www.TGBL.ORG>](http://www.TGBL.ORG) for more information.

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15U Doubleheaders on Sundays, Sept. 9 - Oct. 14

13U Doubleheaders on Saturdays, Sept. 8 - Oct. 13

12U Division Small Diamond Play

Saturday League - Doubleheaders on Saturdays, Sept. 8 - Oct. 13

Sunday League - Doubleheaders on Sundays, Sept. 9 - Oct. 14

9U Division Small Diamond Play

Saturday League - Doubleheaders on Saturdays, Sept. 8 - Oct. 13

Sunday League - Doubleheaders on Sundays, Sept. 9 - Oct. 14

Team Cost - \$450 Includes: 12 game schedule, umpire assignments, practice time and equipment discounts

Fall Baseball League

18U High School Division

Doubleheaders on Sundays, Sept. 9 - Oct. 14

14U Division

Doubleheaders on Saturdays, Sept. 8 - Oct. 13

10U Instructional Division

Doubleheaders on Saturdays, Sept. 8 - Oct. 13

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Team Cost - \$450 Includes: 12 game schedule, umpire assignments, practice time and equipment discounts

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Tewksbury Youth Football under major changes

By DAN IGO
Sports Correspondent

The 2007 season for Tewksbury Youth Football season has started, and there have been major changes in the league since the 2006 campaign.

Tewksbury accepted an invitation to join the Northeast Junior High Football League (NJHF) in February. Tewksbury will field two traveling teams of players ages 13-14 and divide those teams into a varsity team and junior varsity team. Fifty-three participants signed up for the league.

Tewksbury Youth Football president Frank Ferrelli looked into the NJHF about 10 years ago. A big reason he joined the NJHF, and not Pop Warner, was because the NJHF has an open weight program.

"Pop Warner would have probably cost us well over 100 participants and many cheerleaders because of the weights that we have," he said.

Ferrelli said there has been an interest in having a travel program in football similar to programs in other sports around town. He said the addition of the varsity and junior varsity teams has forced the league to completely overhaul leagues of all ages. However, he is happy with the results.

"Because we allow everyone to play and we don't move kids up beyond divisions, our reorganization has absolutely been superb this year," he said.

The NJHF fields teams from Billerica, Lowell, Andover and six communities in New Hampshire. Ferrelli said that the reaction so far from parents, players and coaches has been "outstanding."

Jim Gallotto is one of the coaches of the varsity program. In addition to those duties, he is also a coach of the freshman team at Tewksbury High. He also has high hopes for the program.

"I think they should be very

successful. If not I'll take it personally," he said with a laugh.

Ferrelli said that he is excited for the NJHF's future, not only in Tewksbury but also in the local area.

"I look for this type of league, which is an open weight league, to really take off in the Merrimack Valley," he said.

With the addition of the traveling teams, other leagues had to be realigned. The junior division consists of player between ages 7-8. The intermediate division is for players ages 9-10, and the senior division has players from ages 11-12.

Ferrelli said 309 players signed up for football this year, which is up 40 from last year. Around 200 girls signed up for cheerleading this year.

"We're actually down in cheerleaders (from last year). I think that's because more girls have opportunities with other sports that have traveling

programs," Ferrelli said.

League play begins on September 8th with the junior and intermediate divisions holding games. The senior division begins on Sunday, September 9th. The initial game of the varsity and junior varsity is scheduled at Billerica on Sunday, September 9th.

Ferrelli said that the unsung heroes of the program are the volunteers.

"The amount of volunteers you need to run a program like this is absolutely astonishing," he said. "You need, in the football program alone, five adult coaches and two student coaches (for every team). You're looking at 84 coaches for football and 40 coaches in cheerleading."

"These are great volunteers. You also have 17 board members and 25 or so snack shack ladies who volunteer. They deserve recognition for the job they do."

Gallotto back on the fields

By DAN IGO
Sports Correspondent

Despite nearly losing his life in a welding accident and having 80 percent of his body covered with second and third-degree burns, one of the first things on Jim Gallotto's mind after waking up in a hospital was when he could return to the football sidelines.

Gallotto was a mainstay both at the Livingston Street fields and at the high school. In July, he got burned by steaming water at a work site. It didn't take long for him to think about coaching again.

"As soon as I had full consciousness, and that's the truth," he said. "It's very important to me. My youngest son is a freshman this year and I wouldn't want to miss that."

Both of Gallotto's sons, 24-year-old Amedeo and 14-year-old Dave, went through the Tewksbury Youth Football program. Gallotto, who hasn't returned to work since the accident, will be coaching Dave on the freshman team at the high school. Gallotto also manages Dave's band, "Woodbury."

This year Gallotto is a co-coach of the new varsity and junior varsity traveling teams for TYF. It is the first year Tewksbury has had a travel team for football.

"To see him back here with the kids and walking around, it's nice," said TYF President

Frank Ferrelli.

Gallotto has been a coach and volunteer with Tewksbury Youth Football for the past 12 years. He also has been on the league's board of directors. Coaching, however, is what he is really passionate about.

"Jim loves coaching. He does a great job with the kids communicating with them. He's a huge asset to the program," said Ferrelli.

Ferrelli is excited that Gallotto is pulling double duty coaching both at the high school and at the Livingston fields.

"Having him being a fresh-

GALLOTTO PG SP7



Tewksbury resident Jim Gallotto, far left, was seriously injured several months back. However, with help from his family, including his sons in this picture Dave and Amedeo, as well as friends and doctors, Gallotto is back doing what he loves the most, coaching football at both the youth and high school level. (Courtesy photo)

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Summer Baseball certainly worthwhile

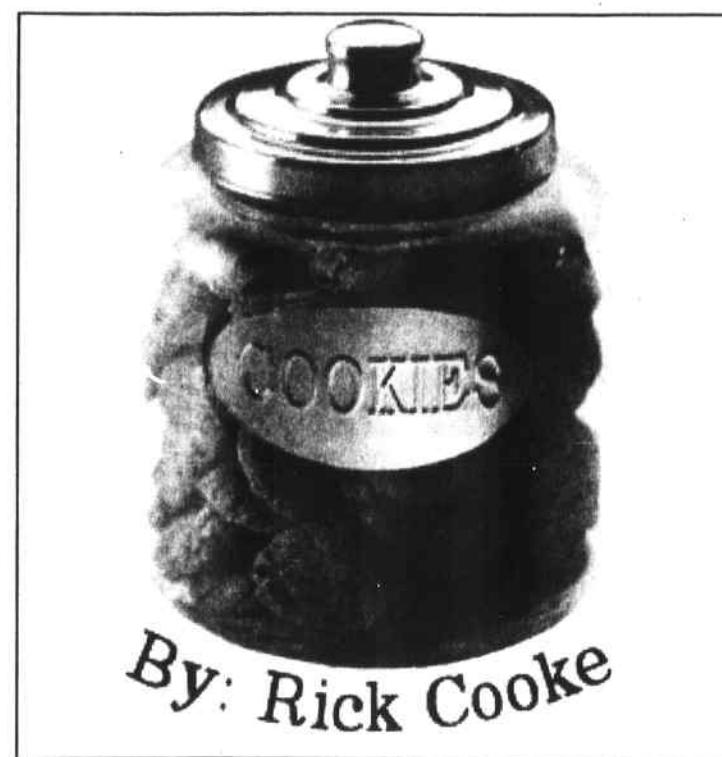
Spinners provide a fountain of youth

By RICK COOKE
Sports Correspondent

From Conimicut Point in Warwick, Rhode Island to Lowell, Massachusetts. Don't say that I won't drive a few miles and interrupt a mini-beach vacation to see a Red Sox-Yankees game. I almost forgot, this wasn't a major league game that I was driving across two states to see - it was my first-ever minor league baseball contest, and it wasn't just a baseball game, it was an event. It was Cub Scout Sleepover Night, and the Red Sox Class A affiliate in the New York Penn League, the Lowell Spinners, were playing the Staten Island Yankees. So, it was the Yankees. Just not the New York Yankees.

My buddy Ron Magee was nice enough to lend me his season tickets along the first-base line at LeLacheur Park, a pretty little venue nestled along the Merrimack River in the heart of downtown Lowell. Magee, a Spinner season ticket holder for going on ten years, sings the praises of the team and its' operation, and I have to admit, paying five bucks to park the car and sitting in a comfortable seat with its own cup-holder left me sitting there open-mouthed for at least half an inning. What? It's not 20 bucks to park the car? And my knees aren't nestled next to my chin? Not bad. And the baseball is pretty good as well.

The Spinners belted the young Yankees, 6-3 behind the performance of catcher Ty Weeden. Not only did the kid, an honest-to-goodness prospect, make the cover of



the team's program (only a buck, by the way), but he whacked a solo homer and a two-run triple to spark the victory. So, it didn't bother me that Magee and his version of Red Sox Nation, led by team captain Rob Ahern, were in Chicago watching the major league team make history with a four-game sweep of the pathetic White Sox. Forty-six runs scored over four games, marking the first time that Boston had scored ten or more runs in four straight contests since 1950. I was left wondering when Magee, Ahern and company made it back to the hotel after that doubleheader sweep. That must have been some cab ride.

While some of my Tewksbury crew got to watch a weekend of Sox fans with brooms and White Sox fans with paper bags over their

heads, I was treated to a game that featured a promotion with every pitch. Arriving close to an hour before the scheduled 5:05 pm start, I began to feel ashamed that, having lived in Lowell for many years, I had not discovered the Spinners long before this Saturday night. I never expected to see hundreds of Cub Scouts lined up along the rail for autographs from 17 and 18-year-olds that might some day make the major leagues after having spent a season or two under the tutelage of former major leaguer, Billerica native Gary DiSarcina, in his first season as Spinners' manager.

After all, this team does have a track record of producing ball players, having sent Sox first-baseman Kevin Youkilis, among others, to the major leagues, with former

Spinners Jacob Ellsbury (CF) and Clay Buchholz (pitcher) not far behind. Jonathan Papelbon even made a stop here, and if you forgot that fact, the team reminded you with a Papelbon backpack giveaway as you entered the park. I didn't mind dodging a couple of Cub Scouts as long as I got my free backpack before I sat down. Yes, a former therapist noted that I have several child-like qualities. He was right. A 52-year old man clutching a kids' backpack while searching for a souvenir Spinners' hat and a sausage must have been quite a sight.

The Spinners have packaged the minor league experience to perfection. I'm pretty sure that if I were an eight-year-old and was given the opportunity to get some free stuff, watch a baseball game and see a spooky movie ('The Haunted Mansion') on the park's video screen before pitching a tent and sleeping overnight in the outfield, I'd take it in a heart beat. All of this comes long after nine innings of baseball that included a sumo wrestling challenge performed to 'Kung Fu Fighting'; kids racing the Canaligator mascot; Frisbee catching dogs (they got me with the Border Collie, I want one); the Super Sub eating contest (Nathan bested Connor in this battle royale), and a nifty chicken dance with a two-year-old shaking his booty on the field with the best of 'em before rubber chickens were tossed into the crowd. A Cub Scout beat me to a chicken, but I held on to my Papelbon back-

pack. Celtic legend Jo Jo White was somewhere in the park signing autographs, but I never found him. I was too busy joining some kids in the latest video-induced rally cheer.

When I finally got around to actually watching the game, it helped that I had a knowledgeable baseball dude along for this wild ride. Veteran sportscaster Charles Verde, having done everything from sports-talk, broadcasting and producing over a 22-year career that stretched from Fall River to Rhode Island, reminded me that there was, indeed a game going on when he opened his program, pulled out his pen and began keeping score.

"I haven't been to McCoy Stadium in Pawtucket in a few years, but this experience is at least as good," noted Verde as I gently made sure that the toddler sitting behind me didn't dump what was left of his ice cream on my shoulder.

Verde was prepared for anything, having covered his share of high school, college and minor league events. He kept score of the only no-hitter in Northeastern University baseball history when he was covering Boston University baseball sometime in the late 1960's, and the BU communications graduate was quick to note that he has a scorecard from Juan Marichal's last major league game while pitching for the Red Sox.

Charles' scoring was eventually interrupted by the inevitable sausage-run, but he hung tough, keeping track of virtually everything that I

was missing. "Gee Charles," I said, "I wouldn't mind that gig as the Canaligator mascot. On this night, with the temperature hovering around 90 degrees, the furry suit might get a little warm. My resume as the 'Toys R Us' giraffe puts me right in the running for the position however. While Charles left to chow, I just got silly, ignored the game and took in the experience.

That 'other' Charles-Charles Steinberg, the Executive Vice President/Public Affairs for the Red Sox, penned a letter to Spinners' fans on page six of the team's program, letting everyone know that "baseball is a game of passion, and that passion begins with you." He didn't have to sell me on that sentence. I was already pretty passionate. I took the time to ask the Charles next to me if he wanted to leave the game early. He gave me that 'are you kidding me?' look that said it all. We weren't going anywhere until the final out, no matter what the score was. I wouldn't want to miss any of the between inning (or between every single pitch) fun. We were eight-years-old again. If I had brought my tent, I probably would have pitched it behind second-base and given some Cub Scout a run for his money. Yes, I think that I might have found a little fountain of youth right here in downtown Lowell. We could all use a little ride complete with some big fun.

Thanks Spinners. I'll be back.

Herb Chambers

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| 2004 Civic LX Sedan | \$14,415 |
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| 2003 Accord EX V6 Coupe | \$15,900 |
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| 2004 Accord EX V6 Sedan | \$19,715 |
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| 2006 Odyssey LX | \$23,980 |
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| H73020, Sage, 35K miles | |
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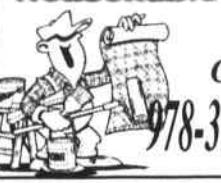
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Sports

AN MOMENT WITH

Mark Staffier

Wilmington High Girls Volleyball Coach



How long have you been in the volleyball program at Wilmington High?

I have been a part of the volleyball program at Wilmington High School since 1998. In the fall of '98 I was appointed the Junior Varsity position for the WHS volleyball program. After my second season of coaching, the Varsity coach, Mr. Nee, stepped down and I was named the new Varsity Coach. I have coached in this position since then and enjoy the memories of every past season and look forward to every new season.

What are your expectations for the year?

My expectations for this year are no different from any other year. I expect my players to give 100 percent of themselves all the time. I also expect both teams to represent Wilmington High School and display the same great sportsmanship that earned them the Sportsmanship Award from the league last season. Together, with hard work and a positive attitude, I believe we can and will achieve great things.

Did you play volleyball in college? Any other sports?

At the beginning of my senior year of High School I began to play doubles beach volleyball in outdoor tournaments. As I became more involved in the sport, I started to play indoor volleyball in different leagues around Massachusetts. While attending Salem State College, I was approached by one of their players who asked me to play for their team. One of my biggest college regrets was not playing for the Salem State team. Instead, I continued to work after school everyday in order to pay for my college tuition.

What are some of your hobbies outside of coaching?

Other hobbies that I enjoy are boating, fishing, riding my snowmobile, playing basketball, and spending time with family and friends.

Do you like teaching or coaching more?

I enjoy both teaching and coaching equally. I believe that coaching has allowed me to see students in a different light outside of the classroom. I will also credit coaching for helping me to realize that I wanted to have a career teaching children. Luckily for me I do not have to choose between the two, because I take pleasure in both.

How was your summer? See any good movies?

My summer was one of the greatest summers of all time. I was allowed to spend a tremendous amount of time with my wife and our new son, Adam. Although the summer went by extremely fast, we have many memories that we will always cherish.

Did you travel anywhere?

Due to the fact that my son is so young we were limited to how much traveling we were able to do. We took many day trips and spent a few weekends at our families' second home in Maine.

Once again, you don't have me as a student this year. How do you plan on celebrating?

As far as not having you as one of my students this year, I am learning to deal. It has been a two-year span in which I have not had the pleasure of having you in class. It has always been a pleasure to talk with you in class.

- Text by Louie Cimaglia -

Extra Innings announces league dates

Extra Innings of Tewksbury announced the schedule for the 2007 Extra Innings Fall Baseball and Softball Leagues. Both leagues continue to expand and provide a quality, structured environment for baseball and softball players. Our leagues give players a chance to continue playing the games they love through September and early October.

The Extra Innings Fall Baseball League begins its third season in September 2007. Play begins the weekend of September 8 & 9, with five different age divisions. The goal of the league is to provide area ballplayers with an opportunity to improve their skills, play in the best weather of the year, and have lots of fun doing it. The Extra Innings Fall Baseball League is an instructional league and no standings are kept. Every player and team plays six doubleheaders (12 games) on the dates specified.

The Extra Innings Fall Softball League begins its third season in September 2007. Much like its baseball counterpart, the purpose of the league is to provide area players with a quality, structured environment for softball to continue through the fall months. The Extra Innings Fall Softball League is an instructional league with three different age divisions; no standings are kept. Every player plays six doubleheaders (12 games) on the dates specified.

Players can register as individuals and play for a team sponsored by Extra Innings and coached by our staff or play as a member of an independent team. For more information on each league & to register online, log onto www.extrainnings-tewksbury.com or call (978) 851-1220. Registration for both leagues closes on August 29, 2007.

The Town Crier

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 C: Have appeared on the today show
 D: All of the above

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• Pat Wagner, 76 Grove Ave., Wilmington

• Roberta Raia, 117 Pringle St., Tewksbury

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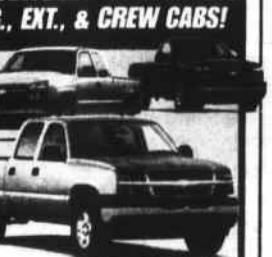
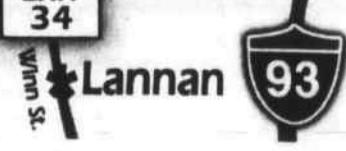
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COMMONWEALTH OF MASSACHUSETTS THE PROBATE AND FAMILY COURT DEPARTMENT MIDDLESEX, SS DIVISION DOCKET NO. 05P1670PG

NOTICE IN THE MATTER OF

SOPHIA D. PALLADINO

To all persons interested in the matter of SOPHIA D. PALLADINO OF TEWKSBURY IN the County of Middlesex.

A Petition has been presented in the above-captioned matter praying FOR REVISED VISITATION. IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT MIDDLESEX PROBATE AND FAMILY TRIAL COURT, 208 CAMBRIDGE STREET, CAMBRIDGE, MA 02141, ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00 a.m.) on SEPTEMBER 14, 2007.

WITNESS, ROBERT W. LANGLOIS, Esquire, ACTING First Justice of said Court at Cambridge Massachusetts, TWENTY-SECOND day of AUGUST in the year of our Lord Two Thousand and SEVEN.

8.29.07 JOHN R. BUONOMO
5941 REGISTER OF PROBATE

LEGAL NOTICE

TOWN OF TEWKSBURY

CONSERVATION COMMISSION
LEGAL NOTICE
PUBLIC HEARING
ABBREVIATED NOTICE
OF RESOURCE AREA
DELINEATION

Notice is hereby given that the Tewksbury Conservation Commission will hold a public hearing on September 5, 2007 at 7:30 P.M. in Tewksbury Town Hall Auditorium, 1009 Main Street, Tewksbury, MA 01876 on an application filed by James Wu for an Abbreviated Notice of Resource Area Delineation.

Said Property is located on 1201 Main Street. Assessor's Map(s) 60 Lot(s) 39

To determine the (BVW) Bordering Vegetated Wetlands and other resource areas.

The application may be examined in the Community Development Department, 999 Whipple Road, Tewksbury, MA (978-640-4370 x236) Monday thru Friday 8:00 am - 4:00 pm.

8.29.07 Stan Folta
5926 Chairman

LEGAL NOTICE

NOTICE OF MORTGAGEE'S
SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by John Tumminello and Frank Tumminello to Argent Mortgage Company, LLC dated June 2, 2005, recorded with Middlesex County (Northern District) Registry of Deeds at Book 18824, Page 63 of which mortgage the undersigned is the present holder for breach of conditions of said mortgage and for the purpose of foreclosing the same will be sold at PUBLIC AUCTION at 02:00 PM on September 7, 2007, on the mortgaged premises. The entire mortgaged premises, all and singular, the premises as described in said mortgage:

The land and improvements thereon situated in Wilmington, Middlesex County, Massachusetts being shown as Lot 1 on "Plan of Land in Wilmington, Massachusetts" dated May 1, 1970, owned by Jackson Brothers, Inc., by K. J. Miller Co., Inc., Civil Engineers, which Plan is duly recorded with the Middlesex North Registry of Deeds in Plan Book 111, Plan 26B. Containing according to said Plan, 92,500 square feet, more or less. Subject to and with the benefit of easements and restrictions of record, to the extent in force and applicable. Hereby meaning and intending to convey all and the same premises described by deed of James L. Myers and Judith E. Thomson to Borrower dated May 13, 2005 recorded herewith.

Subject to and with the benefit of easements, reservation, restrictions, and taking of record, if any, insofar as the same are now in force and applicable.

In the event of any typographical error set forth herein in the legal description of the premises, the description as set forth and contained in the mortgage shall



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NOTICE OF MORTGAGEES
SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Patricia M. Rocco to Amerique Mortgage Company, dated July 20, 2005 and registered with Middlesex County (Northern District) Registry District of the Land Court as Document No. 00233342 as noted on

Certificate of Title No. 35618 in Book 181 Page 35.

For mortgagor's(s') title see

deed registered with Middlesex County (Northern District) Registry District of the Land Court as Document No. 197979, as noted on Certificate of Title No. 0035618.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Ten Thousand (\$10,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

SITIGROUP GLOBAL

MARKETS REALTY CORP

Present holder of said

mortgage

By its Attorneys,

HARMON LAW OFFICES, P.C.

150 California Street

Newton, MA 02458

(617) 558-0500

200706-0500 - ORE

8.29.07, 9.5.07, 9.12.07 5931

SOUTHEASTERLY by Baldwin Road, one hundred (100) feet;

SOUTHWESTERLY by Lots 85, 86, 87, 88, 89, 90, 91 and 92, two hundred (200) feet;

NORTHWESTERLY by Sherwood Road, one hundred fifty (150) feet;

NORTHEASTERLY by Lots 99, one hundred (100) feet

SOUTHEASTERLY by Lots 79 and 80, fifty (50) feet; and

NORTHEASTERLY by said Lot 80, one hundred (100) feet.

All of said boundaries are determined by the Land Court to be located as shown on subdivision plan 10921-B, Sheet one (1), drawn by Alfred Millhouse, Surveyor, dated July 1925, as approved by the Court, filed in the Land Registration Office, a copy of a portion of which is filed with Certificate of Title 3006, and said land is shown as Lots eighty-one (81) to eighty-four (84) and ninety-three (93) to ninety-eight (98) inclusive on said plan.

control by reference.

This property has the address of 3 Harold Avenue, Wilmington, MA 01887.

Together with all the improvements now or hereafter erected on the property and all easements, rights, appurtenances, rents, royalties, mineral, oil and gas rights and profits, water rights and stock and all fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this sale.

Terms of Sale: Said premises will be sold subject to any and all unpaid taxes and assessments, tax sales, tax titles and other municipal liens and water or sewer liens and State or County transfer fees, if any there are, and TEN THOUSAND DOLLARS (\$10,000.00) in cashier's or certified check will be required to be paid by the purchaser at the time and place of the sale as a deposit and the balance in cashier's or certified check will be due in thirty (30) days, at the offices of Doonan, Graves & Longoria, L.L.C., 100 Cummings Center, Suite 213C, Beverly, Massachusetts, time being of the essence.

The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone at any adjourned sale date by public proclamation at the time and date appointed for the adjourned sale date.

The premises is to be sold subject to and with the benefit of all easements, restrictions, leases, tenancies, and rights of possession, building and zoning laws, encumbrances, condominium liens, if any and all other claim in the nature of liens, if any there be.

In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property accord-

ing to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder, providing that said second highest bidder shall deposit with the Mortgagee's attorneys, DOONAN, GRAVES, & LONGORIA L.L.C., 100 Cummings Center, Suite 213C, Beverly, Massachusetts, 01915, the amount of the required deposit as set forth herein within three (3) business days after written notice of the default of the previous highest bidder and title shall be conveyed to the said second highest bidder within twenty (20) days of said written notice.

If the second highest bidder declines to purchase the within described property, the Mortgagee reserves the right to purchase the within described property at the amount bid by the second highest bidder.

The foreclosure deed and the consideration paid by the successful bidder shall be held in escrow by DOONAN, GRAVES, & LONGORIA L.L.C., (hereinafter called the "Escrow Agent") until the deed shall be released from escrow to the successful bidder at the same time as the consideration is released to the Mortgagee, thirty (30) days after the date of sale, whereupon all obligations of the Escrow Agent shall be deemed to have been properly fulfilled and the Escrow Agent shall be discharged.

Other terms to be announced at the sale:

Dated: August 3, 2007, Wells Fargo Bank, NA as Trustee, By: John A. Doonan, Esq., DOONAN, GRAVES, & LONGORIA L.L.C., 100 Cummings Center, Suite 213C, Beverly, MA 01915, (978) 921-2670, w w w . d g a n d i . c o m (2327-69/Tumminello)(08/ 15/07, 08/22/07, 08/23/07)(89223)

8.15.07, 8.22.07, 8.29.07 5911

LEGAL NOTICE

TOWN OF TEWKSBURY

CONSERVATION
COMMISSION
LEGAL NOTICE
PUBLIC HEARING
NOTICE OF INTENT

Notice is hereby given that the Tewksbury Conservation Commission will hold a public hearing on September 5, 2007 at 8:00 P.M. in Tewksbury Town Hall Auditorium, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Champion Window Company for a Notice of Intent.

Said Property is located on 70 Juniper Lane.

Assessor's Map(s) 63 Lot(s) 50

Addition of a three season room The application may be examined in the Community Development Department, 999 Whipple Road, Tewksbury, MA (978-640-4370 x236) Monday thru Friday 8:00 am 4:00 pm.

8.29.07 Stan Folta
5937 Chairman

LEGAL NOTICE

TOWN OF TEWKSBURY

PLANNING BOARD
LEGAL NOTICE
PUBLIC HEARING
SPECIAL PERMIT

Notice is hereby given that the Tewksbury Planning Board will hold a public hearing on September 10, 2007 at 7:45 P.M. in the Tewksbury Town Hall Auditorium, 1009 Main Street, Tewksbury, MA 01876 on an application filed by the Town of Tewksbury for a Special Permit to construct a Communication Tower. Tower shall be erected on an existing structure.

Said property is located at 71 Merrimack Drive, Assessor's Map 41, Lot 27, zoned Municipal.

The application may be examined in the Community Development Department, 999 Whipple Road, Tewksbury, MA (978-640-4370 x248), Monday thru Friday 8:00 am - 4:00 pm.

8.22.07, 8.29.07 Robert Fowler,
5918 Chairman

LEGAL NOTICE

TOWN OF TEWKSBURY

Notice of Planning Board
Hearing Relative to Proposed
Zoning By-Law Amendments
Pursuant to G.L. c. 40A,

Section 5

The Planning Board of the Town of Tewksbury will hold a public hearing to discuss proposed amendments to the Town's Zoning By-Laws as submitted for the October 2, 2007 Special Town Meeting. The public hearing will be held as follows:

Place: Town of Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA

Date: Monday, September 10, 2007

Time: 7:15 p.m.

The subject matter of the proposed amendments are as indicated below. The complete text relative to the proposed amendments are available for inspection during regular business hours at the following places:

Town Clerk's Office, Town Hall, 1009 Main Street, Tewksbury, MA Planning and Conservation Office, 999 Whipple Road, Tewksbury, MA 01876 on

the Board's Subdivision Rules and Regulations amended on April 7, 2003 more specifically under Section 9.5 Sidewalks, Pedestrian Ways, Cross Walks and Bicycle Paths, Paragraph 9.5.1.

Copies of proposed may be viewed in the Community Development, 999 Whipple Road, Tewksbury, MA (978-640-4370 x248), Monday thru Friday 8:00 am - 4:00 pm.

Article To see if the Town will vote to amend the Tewksbury Zoning Bylaw by adding a New Section 9.4.15 which adds flexibility on projects submitted for a site plan special permit.

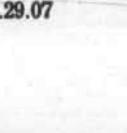
THE TEWKSBURY
PLANNING BOARD

Robert Fowler, Chairman

8.22.07, 8.29.07 5917

LEGAL NOTICE

TOWN OF TEWKSBURY



Robert Fowler, Chairman

8.22.07, 8.29.07 5917

LEGAL NOTICE

TOWN OF TEWKSBURY



BOARD OF SELECTMEN

Notice is hereby given that the Board of Selectmen will conduct a public hearing on Wednesday, September 12, 2007 at 7:35 P.M. on the request of Faisal Ali-Mawali, President, Almawali, Inc., d/b/a White Hen Pantry, 910 Andover Street to transfer wine and malt liquor license to New England Pantry of Massachusetts, d/b/a White Hen Pantry 91-9802-4, Zahir Khan, Manager, on premises described as 2400 sq. ft. of retail space with front entrance and rear door for deliveries located at 910 Andover Street. The hearing will be held in the Selectmen's meeting room, Town Hall, 1009 Main Street, Tewksbury, MA.

Input is welcome from the public. The Board of Selectmen recommends that comments be submitted in writing, to the Board of Selectmen, Town Hall, 1009 Main Street, Tewksbury, MA 01876 on or before noon time Friday September 7, 2007.

8.29.07 Jerome B. Selissen
5928 Chairman

8.29.07 Board of Selectmen

Gallotto back on the fields

FROM PAGE SP2

A benefit for Gallotto was held on August 16th at Tewksbury Country Club. It featured a DJ, raffles and silent auction. Tickets for the event were \$25, with all proceeds going to help Jim and his family. For a man who had touched so many lives throughout his life, even he was taken back at the turnout.

"It was overwhelming," Gallotto said. "There were over 300 people there. It really shocked me and took me by surprise."

Gallotto will evenly split up time between the high school team and the travel teams. The schedule works out perfectly, he says, so he'll be able to make every game and every practice for each team.

"I'm very proud to be a part of the program in the next few years," he said.

LEGAL NOTICE

TOWN OF TEWKSBURY



NOTICE

Notice is hereby given that the Board of Selectmen will conduct a public hearing on Wednesday, September 12, 2007, at 8:45 P.M. on the request of National Auto and Finance LLC, 2195 Main Street, by Robert R. Despres, President, to transfer Class II license to Anthony DeAngelo, Individual, 2195 Main Street, Tewksbury, MA.

Input is welcome from the public. The Board of Selectmen recommends that comments be submitted in writing to the Board of Selectmen, Town Hall, 1009 Main Street, Tewksbury, MA, 01876 on or before noon time Friday, September 7, 2007.

Jerome E. Selissen, Chairman
Board of Selectmen
8.29.07 5942

Mulrenan Physical Therapy Awarded Athletic Training Contract at WHS

WOBBURN - Mulrenan Physical Therapy, a popular local physical therapy practice with locations in Woburn, MA, Stratham, N.H. and a third facility in Epping, N.H. has been awarded a contract with Wilmington High School to provide comprehensive athletic training services for its sports program.

Kate Doherty, a certified athletic trainer with Mulrenan Physical Therapy, will lead both the athletic training and

injury management programs at Wilmington High School throughout the academic year. In addition to athletic training services Doherty, a graduate of Merrimack College in North Andover, MA will provide on-site assessment and treatment in the event of injury.

Doherty will work in conjunction with Ed Harrison, Athletic Director at Wilmington High School.

"We have a commitment to providing the best and most

comprehensive athletic training programs to schools in our regional community," said Matt McManus, Co-owner and Director of Treatment at Mulrenan Physical Therapy, noting that the practice also provides athletic training and injury management programs at Woburn Memorial High School and Austin Preparatory School in Reading.

"We look forward to a long relationship with the staff and athletes at Wilmington High."

Wilmington High School offers 18 Varsity/Junior Varsity and Freshman sports including wrestling, cross country, golf, soccer, football, volleyball, tennis, field hockey, basketball, hockey, baseball, softball, lacrosse and track. During an average academic year, 300 to 400 students participate in the school's athletic programs.

"We couldn't be happier about having Kate onsite as

our trainer," said Harrison. "We're also thrilled to have Matt McManus, a former student athlete and a member of the Hall of Fame here at Wilmington High, as our go-to person. When we announced at a recent parent meeting that Mulrenan Physical Therapy had been awarded our athletic training contract, everyone cheered."

TYSA to hold benefit for Meghan McCarthy this Saturday

Tewksbury Youth Soccer will be holding its 2nd Annual Meghan McCarthy "Kick Off Day" on Saturday, September 1st from 10:00 am to 3:00 pm at Frasca Fields to celebrate the start of the fall soccer season.

This year's event is extra special as all proceeds will go to Meghan McCarthy. Meghan is

a 15-year-old girl from Tewksbury who is currently battling brain cancer.

Donations can be made out to Meghan's Miracle and sent to Tewksbury Federal Credit Union, 752 Main Street, Tewksbury, MA 01876.

Last year's kick off event was a huge success with hundreds

of kids and parents in attendance.

This year's event will include a free soccer ball to the first 75 kids registered, bake sale, raffle tables, expanded snack shack offerings, two moon walks for the little ones, DJ w/ music and contests and more.

"There will even be more of a

focus this year on playing lots of soccer with skills competitions, contests, scrimmages, and games for all ages with prizes" says, TYSL Director, Franco Lucchesi.

To register your son or daughter please come down the day of the event and check in at our registration table.

Your help is needed! Volunteers please contact Dan Houdlette at foghoud@yahoo.com. Bake Sale donations please contact Andrea Braciska at abraciska@verizon.net. Raffle donations please contact Mark Duquette at treasurer@tewksburyyouthsoccer.org.

LEGAL NOTICE

TOWN OF WILMINGTON



BOARD OF ASSESSORS REQUEST FOR PROPOSALS

LEGAL NOTICE

TOWN OF TEWKSBURY

CONSERVATION COMMISSION
LEGAL NOTICE
PUBLIC HEARING
NOTICE OF INTENT

Notice is hereby given that the Tewksbury Conservation Commission will hold a public hearing on September 5, 2007 at 8:05 P.M. in Tewksbury Town Hall Auditorium, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Champion Window Company for a Notice of Intent.

Said Property is located on 90 Juniper Lane. Assessor's Map(s) 63 Lot(s) 50.

Addition of a three season room. The application may be examined in the Community Development Department, 999 Whipple Road, Tewksbury, MA (978-640-4370 x236) Monday thru Friday 8:00 am 4:00 pm.

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The application may be examined in the Community Development Department, 99



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71272, 71345, B9960, B9961

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Stk# 70935, 71262, 70886, 71088

34

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APR Avail.

In Lieu of

rebate

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Stk# 70701, 70647, 70731, 70829

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MPG

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In Lieu of

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4 At This Price. Mdl # 08717

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\$22,565

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\$2923 Due At Signing

28

MPG

Leather

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APR Avail.

In Lieu of

rebate

List ... \$31,245

Rebates And

KELLY Savings ... -\$4750

NMAC Cash ... -\$500

8 At This Price. Mdl # 08717

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\$25,995

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LEASE FOR ONLY!

\$229 39 Mos.

\$2823 Due At Signing

Automatic

List ... \$23,660

Rebates And

KELLY Savings ... -\$3900

NMAC Cash ... -\$500

12 At This Price.

Mdl # 04817 Stk# 71103,

71104, B9325, B9327

1.9%

APR Avail.

In Lieu of

rebate

Buy For

\$19,260

2007 NISSAN PATHFINDER 4x4

LEASE FOR ONLY!

\$249 24 Mos.

\$2843 Due At Signing

1.9%

APR Avail.

In Lieu of

rebate

20 At This Price.

Mdl # 09617 Stk# 70084,

70078, 70234, 70246

Buy For

\$23,740

2007 NISSAN MURANO AWD

LEASE FOR ONLY!

\$269 39 Mos.

\$2853 Due At Signing

4 At This Price.

Mdl # 07617 Stk# 71555,

71206, B1943, B1934

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In Lieu of

rebate

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\$16,490

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KELLY SAVINGS ...-4,000

Buy For

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Auto, 4x4, Power 7. Pass. No. 6587C

LIST \$21,990

KELLY SAVINGS ...-2,550

Buy For

\$19,440

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AWD, Leather, Sunroof, CD 6. No. 71044A

LIST \$21,990

KELLY SAVINGS ...-2,000

Buy For

\$19,990

'06 DODGE DAKOTA SLT

Auto, Power, V6, 4X4. No. 71340A

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KELLY SAVINGS ...-2,000

Buy For

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NEW '07 6

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\$199

Per Mo./24 Mos

\$1000 Cash Down. All Leases 10.5K

Mi./Year. Tax, Reg., Bank Fee & Doc.

Fee Additional. Call For Details.

All offers plus tax, title and registration fee with approved credit. 0% with approved tier 1 credit thru M.A.C. All rebates to dealer.

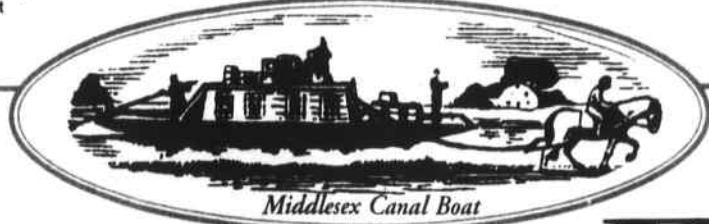
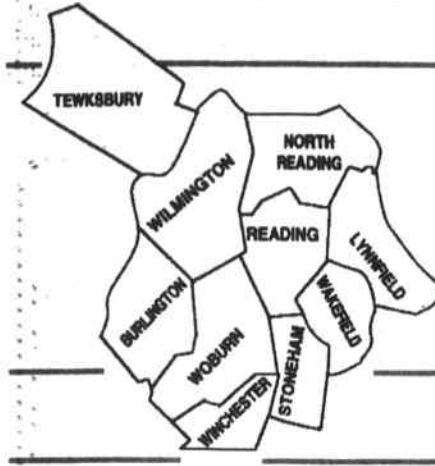
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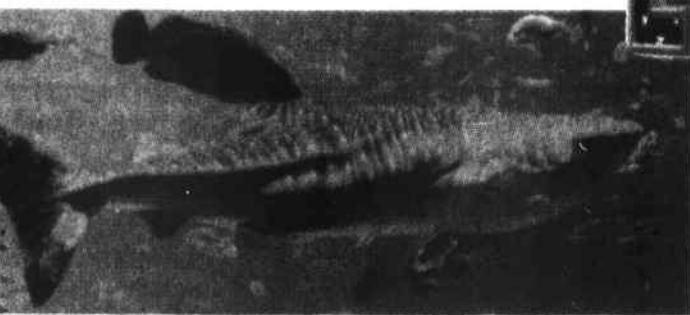
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Day Trippin'



By
DOUG WOOD-BOYLE

For many people this has been for the most part a good summer and perhaps you are one of the lucky ones that got to travel to far off places but are still looking to eke out one last exciting weekend while not stretching the budget too far.

The good part of about living

in this area is that exciting places are all around. It must be remembered that we are a destination spot for travelers from around the world.

Thus it is time for a reminder of the things that are close by that are on the must see list but that we never think of or take for granted. As a primer for Labor Day weekend activities let us look at what is available in Merrimack Valley, Essex County and throughout Massachusetts Bay.

Free events are always a popular attraction and on Friday August 31, a music event will kick-off the weekend in historic Lexington. Shaylor Lindsay, Piano and Friends (including Kenneth Stalberg, viola, Chester Breznak, clarinet) will be playing the music of Haydn, Mozart, and Khachaturian at the First Parish Church, 7 Harrington Road, starting at 12 p.m. This is part of the Lexington Summer Concert Series. For more information call 781-862-8200.

While in the Lexington area stop at the National Heritage Museum a unique experience for people of every age and interest and a true discovery for anyone fascinated by American history and culture. The Museum features changing exhibitions from thematic shows such as The Shakers of Canterbury, New Hampshire and Women of the Wild West to collections of toys, costumes, furniture, photographs, and paintings - which thrill visitors from throughout the country and around the world.

A stroll through this contemporary space offers much to delight



and surprise the visitor. The Museum of Our National Heritage is open seven days a week with free admission and parking.

It is located at 33 Marrett Road, Lexington. For more information call 781-861-6559 or go to their website at www.nationalheritagemuseum.org.



HOUSE OF THE SEVEN GABLES, made famous by Nathaniel Hawthorne. It is a magical tour of a Colonial style home with many nooks and crannies that were used for hiding from the British troops in revolutionary Massachusetts.

Perhaps you are looking to do something absolutely different. This could necessitate a short drive to Salem where the Salem Ferry can be found on Blaney Street (by the House of the Seven Gables, just off of Derby Street).

(1655); The Hooper Hathaway (c1782); and The Counting House (1682); Nathaniel Hawthorne's Birthplace (c1750); The Phippen House Labor Day to S-5



FREE EVENTS are always a popular attraction and on Friday August 31, a music event will kick-off the weekend in historic Lexington.

rg.

Of course there are the many historical stops in Lexington, and nearby Concord, which underscore the fight for this country's independence from England that took place in 1775-76.

On Saturday September 1, a trip may be in order to the New England Cultural and Crafts Festival, which takes place in Downtown Lowell. Browse the craft booths of local artisans, hear live music, and enjoy great food.

For more information call 978-455-6025, or e-mail: culturefest@second-world.com. The best part is the Festival is free of charge.

Another free event on Saturday is the Western Avenue Open Studios, from 12 p.m. - 5 p.m. Visitors can view and purchase original artwork by local artists. It takes place at 122 Western Avenue, Lowell. For more information go to www.westernavenuestudios.com or call 978-349-8069.

Start your day with a tour of the House of the Seven Gables, made famous by Nathaniel Hawthorne. It is a magical tour of a Colonial style home with many nooks and crannies that were used for hiding from the British troops in revolutionary Massachusetts.

On the outside, spectacular seaside gardens await the visitor. Inside of The House of the Seven Gables, also known as the Turner-Ingersoll Mansion, visitors discover a mysterious secret staircase where least expected! Built in 1668, this is the oldest surviving 17th century wooden mansion in New England.

On the same property there are five additional 17th, 18th and 19th century structures: The Retire Becket House

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Inside... BACK - TO - SCHOOL SPECIALS

See pages S-6 thru S-11

Movie Reviews

by Paul Feely

"The Nanny Diaries" a chick flick



THE WEINSTEIN COMPANY PROVIDED THIS PHOTO of Nicholas Art and Scarlett Johansson in "The Nanny Diaries." (AP Photo/The Weinstein Company/K.C. Bailey)

"THE NANNY DIARIES"
GRADE: **

Any woman who would drag a man to this and have him sit through it without complaint should be brought up on charges of cruel and unusual punishment. This is such a chick flick, that sitting through the first hour could be hazardous to his health.

Annie Braddock (Scarlett Johansson) can't get a job after graduating from college. Her mother, Judy (Donna Murphy) is ambitious for her because she has devoted her life to earning the money to educate Annie.

Despondent about a failed job interview, Annie takes a job as a Nanny after meeting Grayer X in the park. Mrs. X (Laura Linney) sees them together and offers her the job.

The first hour of this is terminal movie-watching. It is such a formula. Guess what, Annie meets a hot guy, Harvad Hottie (Chris Evans) and a stiled romance ensues, which raises another of the movie's conceits, the fact that Evans' character couldn't have a real name. Maybe this is the kind of stuff chicks find cute and appealing.

Guess what, Mr. X (Paul Giamatti) is having an affair. Make that several affairs. He's an unlikable jerk. But, then, so is Mrs. X, even though she's faced with a loveless marriage and a faithless husband. With a

little thought and a little more work, this could have been a commentary on self-indulgent parents, but it ends up being formulaic and the characters are superficial.

Everyone did a pretty good job of acting, even though the script is derivative and the directing uninspired. I like Johansson, but she doesn't have much to work with here..

"SUPERBAD"
GRADE: ***

For pure laughs, for the experience of just sitting in a chair and breaking up every minute or so, "Superbad" is 2007's most successful comedy. Other comedies - such as Judd Apatow's "Knocked Up" (Apatow serves as producer on this one) have been more ambitious and in some ways more satisfying. But nothing onscreen this year has been as funny as this. This is laugh-out-loud stuff, a real giddy pleasure.

It's a high school comedy, and the humor is sometimes crude, but the impulse behind the humor isn't crude at all. Behind its bits, "Superbad" is loaded with genuine and truthful observations about what it's like to be a high school senior, to have the mind of an adult and the judgment of a toddler, to have tremendous longings and yet no power.

"Superbad" captures the

hardships of being that age and the magic, too - the way that one party can hold all the promise of the universe, or a single night can open up into a series of astounding adventures. It mainly deals with what it's like to be a guy that age, the embarrassing agonies, the stupidities and the ecstasies. But an unexpected virtue of "Superbad" is that it has sensitivity for the girls' point of view as well.

Produced by Apatow, directed by Greg Mottola ("The Daytrippers") and written by Seth Rogen ("Knocked Up") and Evan Goldberg, the movie was cast with a sophisticated eye for young comic talent. In the lead roles, as best friends, it places heavy Jonah Hill and slim and watchful Michael Cera, who at 19 already has unique comic timing and a masterful, dry delivery. Seth (Hill) and Evan (Cera) are approaching the end of senior year without having had a great romance.

They're bemoaning their lot in life, and then an opportunity comes their way. They're invited to a party. The only hitch is that they're entrusted with buying all the liquor for the party, and neither of them has a fake ID. Most of "Superbad" tells the story of their efforts to buy the liquor and get to the party. Sounds simple enough. It isn't.

To make the purchase, they're forced to deal with the

one guy they would not want to involve, the incredibly nerdy Fogell.

Rogen and Bill Hader show up as a pair of small-town cops who are no more mature than the high school boys, and they take Fogell under their wing as their best buddy. They have some of the funniest scenes. The party, following a long buildup, finds more opportunities for laughs. And the casting of Emma Stone and Martha MacIsaac as the objects of Seth and Evan's respective affections is great, in that neither is a clear teen-movie archetype (prom queen, cheerleader, nice girl). They're as quirky and interesting as the boys.

Underlying "Superbad" is anxiety about the future. Soon Seth and Evan will be going off to different colleges, and they know their friendship will never be the same again.

"STARDUST"

GRADE: ***

"Stardust" is a fairy tale for grown-ups. It follows the adventures of a star that falls from the sky in the form of a blond named Yvaine, whose magical abilities make her the target of various people with bad plans.

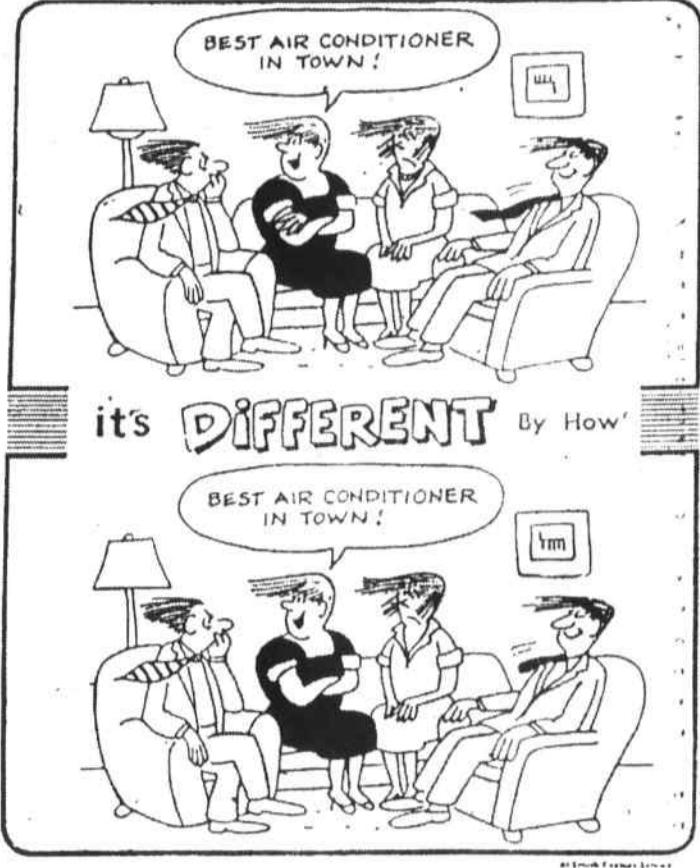
But it's the return of a star that moviegoers haven't seen since one upon a time that will have you talking after the lights come up. Michelle Pfeiffer is wonderfully evil as a witch who wants to cut out Yvaine's heart and eat it to gain eternal youth and beauty for herself and her sisters.

She shows great comic timing and isn't afraid to play with her glamorous image, or look grotesque when her character, Lamia, is at her most decayed and desperate.

Rather, she seems to be revelling in such an unexpected turn, and the film's wildly vivid makeup and special effects bring her even more to life as Lamia morphs from wretched to ravishing and back again.

"Stardust" has more than enough imagination to keep your attention. There's a long, stone wall that separates the English village of Wall from the fantastic alternate universe of Stormhold. Goats get turned into people and people get turned into goats with the whip of a fingertip. Ghosts of murdered princes hang around and comment drolly on the action. And high up in the sky, a flying pirate ship collects lightning for sale on the black market.

Also chasing Yvaine (Claire



There are seven differences in the second picture. Can you spot them?

ULTIMATUM"

GRADE: ****

Give Matt Damon credit for making an anonymous killing machine one of the most engrossing movie characters of recent years.

As Jason Bourne, a U.S. agent with deadly black ops skills but no memory of how he acquired them (or his true identity), Damon has earned our sympathy without ever seeking it, making us his willing accomplices in two high-caliber, high-velocity thrillers.

In the trilogy's rollercoaster-ride conclusion, "The Bourne Ultimatum," Damon plays Bourne straight and dry, with commanding maturity.

He's chillingly determined, unfazed by pesky human emotions such as uncertainty, and unwilling to quit until he fulfills his quest: finding out who made him into a piece of weaponry pro-

"THE BOURNE

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5th annual historic bike tour of Middlesex Canal

WOBURN - On Saturday, September 29, the Somerville Historic Preservation Commission, the Middlesex Canal Commission and the Middlesex Canal Association will sponsor the 5th annual historic bicycle tour of the Middlesex Canal.

The Canal was the "big dig" of the end of the 18th century.

Completed in 1803 after 10 years of construction, the Canal connected the Merrimac River at Middlesex Village in what is now Lowell with the Charles River at Sullivan Square in Charlestown.

In many ways it served as a model for later canals including the Erie Canal.

The Canal remained in operation for 50 years, providing both passenger and freight service, but could not compete successfully with the Boston and Lowell Railroad which began operation in the 1830's.

The ride will meet at the Canal plaque at the entrance to the Sullivan Square MBTA station at 9. The entire ride is 38 miles, getting to Lowell in time to catch the 5:00 train (arriving in Boston 5:43), but people can leave the ride after 20 miles at the Wilmington train station (1:24, arriving in Boston 1:53) or after 28 miles at the North Billerica train station (3:07, arriving in Boston 3:43).

The group will make a lunch stop in Woburn and it is recommended that everyone bring a

lunch, but it will be possible to buy a sandwich there. The route is pretty flat and level, and since the route includes many stops, the group will average 5 miles an hour. The ride will be relatively easy for most cyclists.

Along the way we will stop at a number of remnants and restored sections of the Canal, as well as the mansion of Loammi Baldwin, the chief engineer of the Canal, the two remaining aqueducts (which carried the Canal over rivers and brooks), and also the Francis Gate lock on the Pawtucket Canal in Lowell.

At the North Billerica millpond, we will see the historic mill village and Canal Museum, and the northern end of the floating towpath that carried horses over the millpond.

The ride will be led by Dick Bauer of the Somerville Historic Preservation Commission, Robert Winters of the Middlesex Canal Association, and Bill Kuttner of the Shirley Eustis House. Steady rain cancels.

For more information, contact Dick at dick.bauer@alum.mit.edu (617-628-6320), Robert at robert@middlesexcanal.org, or Bill at bkuttner@ctps.org.

For more information about the Middlesex Canal go to: www.middlesexcanal.org.

Also visit, www.GoWREN.org.

Movies from S-2

grammed for remorseless murder. His quest - as much to regain his humanity as to exact retribution - gives a rare dimension of intelligence and emotion to films that are a crash course in action entertainment.

"Ultimatum" resumes where 2004's "The Bourne Supremacy" left off, with the CIA reeling from the rogue operative's revenge after killing Bourne's only friend, Marie (Franka Potente). When England's Guardian newspaper begins reporting on the fiasco, Bourne approaches journalist Sam Ross (Paddy Considine) to connect with his informer.

In a riveting sequence in London's crowded Waterloo rail station, Bourne uses a cell phone to guide the frightened writer toward their meeting, while picking off the Company men sent to stop them.

As before, Bourne's enemies are his former masters, fearful of the political blowback if the assassination program that created him is

revealed. Bourne takes the battle from Moscow to London, Tangier and New York City, with each locale getting a breathtaking chase sequence or two, uniquely adapted to local terrain.

When Bourne ultimately meets his maker, the story is over, but the final image of the character receding into darkness is cleverly staged, bringing the saga full circle while offering the possibility of new adventures. Here's hoping Damon is Bourne again.

"THE SIMPSONS MOVIE" GRADE: ***

Worried that the satirical humor that fans of 'The Simpson' television show have come to love will lose anything in translation to the big screen? Your fears will be put to rest in the opening minutes, when in typical fashion, The Simpsons Movie opens with America's favorite cartoon family watching the silver-screen version of its favorite cartoon. But just as the Itchy and Scratchy movie reaches

About the Towns by Phyllis Nissen

ABOVE, BEYOND AND LONG-TERM

Being 'highly unusual' in Wakefield

"Representative Mark Falzone graduated from the Kennedy School of Government at Harvard University with a Master's Degree in Public Administration," notes the Wakefield edition of the "Daily Times Chronicle."

"His master's degree included three concentrations in the fields of Negotiation and Conflict Resolution, Financial Markets and Analysis, and Macroeconomics.

"Representative Falzone said, 'It has been a lot of hard work, taking all my spare time on top of my public service in my full-time job as State Representative, but I know that for my constituents it has been worth it.'

"I have already been putting to use what I have learned for those who live in my district.

"The experience at the Kennedy School includes learning skills in negotiation, developing a mature approach to public policy, discovering cutting edge insights into technology and our economy, and becoming part of a network of leaders present and future."

"Falzone noted, 'I have nothing but praise for my professors and fellow stu-

ents, and they have helped me redouble my dedication to public service during these troubling times.

"Both locally and nationally we are coping with difficulties that demand the very best from those in public office, and I know that the Kennedy School equips us with tools to go out and do an ever better job for our communities."

"It is highly unusual for Kennedy School students to graduate with concentrations to three different fields...."

Getting older and wiser (North Reading)

"Recognizing the town has a pressing need for additional senior housing, the North Reading Housing Authority wants to pursue federal grant money to locate 20 to 30 supportive living units on 5.2 acres of town land at the end of Parsonage Lane," notes the "North Reading Transcript."

"Housing Authority members Mary Prenney, Michelle Mawn, Peter Carriere and Mystic Valley Elder Services Director Daniel O'Leary appeared before the Selectmen to inquire about the possibility of obtaining custody of the land, which was taken years ago by tax title.

"There would be no cost to the taxpayer under the proposal, Prenney emphasized. The units would be built through a federal grant and state money in a partnership between the Housing Authority and Mystic Valley Elder Services. But before application for the funds can be made, federal regulations require a specific site to be identified.

"There would be many advantages to such a project, Prenney said. The units would allow North Reading elders to age in place, the location close to the town center would be ideal, and 75 percent of the units would be available to local residents. In addition, all of the units would count toward the town's 40B affordable housing requirement.

"Federal regulations would also require the project to be managed by a not-for-profit corporation.

"We need a commitment from the town to hold this land for up to three years until the grant is received, Prenney said.

"Selectmen were unsure whether Town Meeting approval would be necessary to convey the land to the control of the Housing Authority

and Town Administrator Greg Balukonis suggested the question be put to Town Counsel.

"The five acres at Parsonage Lane also abuts another 10 acres of land, formerly owned by the School Department with access off of Chestnut St.

"All of the Selectmen were very supportive of the concept...."

Keeping safe in Woburn

"All with their fathers at their side, three themselves former Woburn Police Officers, six Woburn Police Officers were promoted at formal ceremonies before the City Council, attended by dozens of family members, friends and fellow officers," notes the Woburn edition of the "Daily Times Chronicle."

"With City Clerk William Campbell performing the duties, with Mayor Thomas McLaughlin and Police Chief Philip Mahoney at his side, the following promotions were announced:

"Four reserve officers were promoted to patrolmen: Charles King, Jr., John O'Connor, Denis McGrath,

Michael Wells.

"John O'Neil was promoted to Lieutenant and Charles Stokes, Jr., was promoted to Sergeant.

"It is a very happy time for the Police Department," Mahoney said in his opening statements, noting some of the four being promoted to patrolman have been reserves for some time now.

"Noting the officers will be out protecting the residents of Woburn, Mahoney stressed the most important thing for the officers is to remember their ethics.

"If there is no written protocol for a certain situation, 'do what your parents taught you,' Mahoney told the six officers.

"Mayor Thomas McLaughlin, himself a former high ranking officer with the State Police, said he knew how important an evening this was for the officers and their families.

"Be safe and congratulations," the mayor said...."

"About the Towns" covers recent events in the 10-town Middlesex East area. Because deadlines are early, please check the front sections of this paper for up-to-date information about your city or town. We also welcome original material - please send it to Phyllis Nissen, "About the Towns," Middlesex East Supplement, Box 240, Reading, MA 01867

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Calendar of Events

QP'S SEASON OPENS ON SEPTEMBER 14

The Quannapowitt Players, 55 Hopkins Street, Reading will open its 2007-08 season with an original musical review, "N Tunes, A Musical Coming of Age," conceived and developed by Haverhill resident, James J. Girenti (director) and Melrose resident Mario Cruz (music director).

Performances are: September 14, 15, 16, 21, 22, 23, 28 and 29. Tickets are \$20 reg and \$18 for seniors/students.

For reservations call 781-942-2212 or online at www.QPtheater.com.

SQUARE DANCE CLASSES BEGIN SEPTEMBER 20

Learn how to square dance, sponsored by the Single Squares will hold beginner classes on September 20 from 7 - 9 p.m. at St. Anthony's Hall, 1020 Main Street, Woburn.

Admission is \$7. No partners needed. Everybody dances. Great fun - good for your health and a good place to meet new friends.

For more information call Bev 781-272-4185 or Dan 781-933-0320.

ART ASSOCIATION FALL MEETING

The Reading Art Association's first meeting will be on Wednesday, September 12 at 7:30 p.m. in Guild Hall, First Congregational Church, Reading. Four members will be demonstrating their skills: Oil painting by Susan Manning O'Briant, Watercolors by Don Fox and Christene Riccardi, and Pastel Over Watercolor by Anthony Accettullo.

This promises to be an event all can appreciate and enjoy. The Reading Art Association is one of the largest of its kind in the area, and is still growing.

The Fall Exhibit and Sale will be held on November 10 - 12 in Guild Hall also. More members are needed to give a hand with the setup of easels the day before the show opens and the take-down of exhibits on closing day.

FIBROMYALGIA MEETS SEPTEMBER 11

Living Well with fibromyalgia support group will hold its

second meeting of new start up group on Tuesday, September 11 from 7 - 8:30 p.m. at the Reading Public Library.

Large meeting room, second floor. Free to attendees. Call Betsy Timmerman to RSVP 781-944-8119.

WAKEFIELD CHORAL SOCIETY REHEARSALS

The Wakefield Choral Society will hold open rehearsals on Mondays, September 10, 17, 24 and October 1 in the choral room at the high school at 7:30 p.m.

These rehearsals are open to anyone interested in exploring the possibility of joining this group.

There are no individual auditions. For additional information or to register call 781-246-6444.

HAVURAH PLANS OPEN HOUSE

Havurah Haverim will hold an open house on Thursday, September 6 from 7 to 9 p.m. in the new social hall outside the sanctuary of the Unitarian Universalist Church of Reading.

At that time, havurah members and Rabbi Bart Perlman will be available to answer questions about the group's religious school, High Hold Day tickets, adult education programs, social activities and special events.

Please drop by on the 6th or contact Carol Perletz (perletz@comcast.net or 781-944-2605) with any questions about the havurah and its 2007-09 schedule.

ANDOVER ARTISTS EXHIBIT SEPTEMBER 15

The Andover Artists Guild's main scholarship fund-raiser will take place at its 33rd Annual Art in the Park Show on Saturday, September 15 (rain date Sunday, Sept. 16) from 10 a.m. to 4 p.m. in Central Park, corner of Chestnut and Bartlet Streets, Andover.

Approximately 100 artists exhibiting a variety of fine arts, graphics and photography will vie for prizes and ribbons in the categories of: Best in Show, Oil, Acrylic, Watercolor, Pastel, Photography, Mixed Media and Graphics/Drawing.

Judges for the event are:

Meredith Fife Day, Artist in Residence at Whistler House, Ella Carlson, Photographer and Professor at U Lowell and NHAI, Brian Alan, Director/Curator at Addison Gallery.

As in previous years, ABC will run a food concession. Music will be by DJ Skot Pare. Admission is free.

MELROSE AARP MEETS SEPTEMBER 14

The Melrose AARP September 14th meeting will feature live music, refreshments, a raffle and a generic Medicare presentation by representatives of United Health Care.

They will describe the basics of Medicare, answer questions, dispel myths, and get to the nitty-gritty of what you really need to know.

AARP members, their guests, and the public are invited to this special meeting to take place at the Molano Senior Center in Melrose, Friday, September 14 at 1:30 p.m.

To assist in the planning, please register by calling 781-662-6886.

COMMUNITY EDUCATION REGISTRATION

Wakefield Community Education is holding an open house registration at the Galvin Middle School cafeteria on Monday, September 10 from 7:30 - 9:30 p.m.

This is an opportunity for students to talk with their teachers. Late registration is on Tuesday and Wednesday, September 11 and 12 from 7 - 8 p.m. For additional information call 781-246-6444. Some classes offered are listed below.

Wakefield Community Education is offering S.A.T. preparation class on Sundays, September 9 - October 28 from 6 - 9 p.m. This 8 session program is geared to assist bright, average and underachieving students.

Class time is split equally between English and Math, covering all facets of the exam. For additional information call 781-246-6444. Classes are held at the American Civic Center. Tuition is \$298.

Calendar to S-10

SPORTS SHORTS

•MIDDLESEX EAST SPORTS WEEKLY TRIVIA QUESTION:

You may have heard that the Texas Rangers scored 30 runs in one game last week against Baltimore, the most runs scored in major league baseball in the last 110 years. Do you know what the previous record was?

Answer appears elsewhere in this column.

•KEVIN TRICKETT OF WOBURN

a junior member of Mass Rifle of Woburn and the Reading Rifle and Revolver Club, took top honors at the National Matches, known to some as the World Series of the Shooting Sports, at Camp Perry in Ohio..

•FORMER AUSTIN PREP FOOTBALL STANDOUT NATHAN SHERR

the all-time top scorer in state high school football history with 682 points, is trying to make the football team this fall at Division I UConn.

The Merrimack College football team, coached by former **READING HIGH STANDOUT JIM MURPHY**, was picked to finish third in the 2007 Northeast-10 Preseason Coaches Poll, which was released Wednesday afternoon at the conference's annual media day event at Gillette Stadium.

The Warriors received 81 points, including three first-place votes, following a 2006 campaign which saw the school gain a share of the Northeast-10 regular season crown, its first-ever NCAA Tournament appearance, and its first-ever NCAA Tournament win. The Warriors return 10 starters each on offense and defense, led by senior quarterback Colin Temple (Rutland, VT) and junior linebacker Scott Hayden (Chicago, IL), a pre-season All-America selection by Lindy's College Football Preview.

The Owls of Southern

Connecticut, who lost a 28-26

decision in the First Round of the 2006 NCAA Playoffs to the Warriors in North Andover, were picked first, receiving four first-place votes and 91 points. Perennial powerhouse C.W. Post was second with 84 points and two first-place votes, followed by Merrimack in third place and Bryant in fourth place. The Bulldogs, which dropped their first-round game to West Chester in the NCAA Tournament, tallied 69 points and the other first-place vote.

Bentley was tabbed fifth following a 6-5 record in 2006, notching 60 points. American International (54 points) was sixth, followed by Assumption (42 points), Pace (31 points), Stonehill (23 points), and Saint Anselm (15 points).

The Northeast-10 send three schools (Merrimack, Bryant, and Southern Connecticut) to the NCAA Playoffs last season, the most the conference has ever had. The Warriors advanced to the second round, where they suffered a 31-7 setback to Shepherd.

•Need some help with this week's question? One of the teams involved was the Boston Red Sox.

•Swimmers from Meadow Brook Country Club in Reading broke six meet records to win the North Shore Swim League's Big Meet recently at the Thomson Country Club pool. It was the third NSSL championship for the Marlins in the last four years.

•Most of us remember the plastic yellow bats and the perforated plastic balls that curve in all directions when thrown. Drive around Reading on most warm summer nights and you may pass half a dozen wiffle ball games. The beauty of the game is its flexibility. The rules can be adapted for almost any back yard configuration and almost any number and age of participants can be accommodated.

ed.

"Young people like the game because it's fun to play and easy to get a game together. Older people usually start playing out of nostalgia, but they get hooked on the game and sometimes take it much more seriously than the kids," says Jim Sullivan of the Reading Recreation Division. Sullivan, who organizes a wiffle ball tournament in Tewksbury, is working with Friends of Reading Recreation to bring a wiffle ball tournament for all ages to Reading. "We're hoping to have a tournament for people of all ages here in Reading on September 23rd."

Local resident Jim Burns has enjoyed watching his kids play the game he used to play. "I have fond memories of playing wiffleball and stickball when I was growing up and it warms my heart to see my sons and their friends playing down on the turf field. They use shoes or bike helmets for bases and a scaled down hockey net for the strike zone - using their imaginations and creativity to get a game going...no adult involvement, no coaching, no structure...just pure fun. In this new age of "structure", it's great to see the kids get creative, figure it out on their own and have fun."

Anyone interested in hearing more about the wiffle ball tournament can email wiffleball@FORR01867.org and they will receive wiffle ball updates.

In the meantime, dust off your plastic yellow bats and start your own game.

•TAYLA SHAHEEN, A 2007 STONEHAM HIGH GRADUATING SENIOR, was the recipient of a \$1,000 SYSBA (Stoneham Youth Softball Association) Scholarship.

•ANSWER TO THIS WEEK'S TRIVIA QUESTION: In 1950, the Boston Red Sox defeated the St. Louis Browns 29-4 at Fenway Park.

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Labor Day Day trippin'

from S-1

the Seven Gables' campus constitutes its own national historic district on The National Register of Historic Places.

From the historic campus it is just a three block walk to Blaney Street where the Salem Ferry can be found. The Nathaniel Bowditch leaves for Boston on the even hours (10 a.m. to 8 p.m.) for the 45-minute ride to Boston's Central Wharf, home of the New England Aquarium, and returns on the odd hours (11 a.m. to 9 p.m.) with special trips added on the weekends.

No reservations are required and free parking is available.

For prices and more information call (978) 741-0220 or go

to their website, www.salemferry.com.

When you arrive in Boston, perhaps you might want to start your visit with the Aquarium. This is the home of the 200,000 gallon tank, which is the centerpiece of the New England Aquarium, and it is one of the region's most popular underwater exhibits.

The reef accommodates not

only sharks, sea turtles, barracuda and moray, but also

hundreds of smaller exotic

tropical fishes, and it is one

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Thursday: 9 a.m. - 6 p.m. and

Friday-Sunday: 9 a.m. - 7 p.m.

For prices and more information go to www.neaq.org or call

617.973.5200.

Central Wharf is also the main terminal for the Old Town Trolley, one of the oldest sightseeing companies in Boston. Visitors can see the best of Boston on this very popular fully narrated city tour. Tour at your own pace with "hop on/hop off" privileges at any of the 18 designated stops.

However, there is also a unique way to see the city and it only requires a trip on the T (Blue Line to Green Line) to Cambridge Galleria near Lechmere Square and the Museum of Science on the Boston/Cambridge border.

Once you arrive at Canal Park take a boat ride along the Charles River Basin. Visitors can enjoy a 60-minute cruise around the Basin as the Captain points out the most historic sights of Boston and Cambridge. View Beacon Hill, Esplanade Park, the Back Bay, Boston University, M.I.T. and Harvard as you cruise past countless sailboats and rowers.

For more information and schedules call 617.621.3001 or go to www.charlesriverboat.com.

There are plenty more family oriented places to go and see. Many are free and some.

However, something different for the adult visitors might be a tour of the Samuel Adams Brewery in Boston's Jamaica Plain neighborhood. Visitors will learn about the history of Samuel Adams brewer and patriot during the tour.

The visitor will also experience the entire brewing process, from start to finish. Taste the special malts used to brew Samuel Adams® beers and smell the Hallertau and Tettnang hops.

While there, those over 21 can enjoy many of the great styles of Samuel Adams® beers. Occasionally, samples of new styles or our extreme brews such as Samuel Adams Utopias™ are also served in the Tasting Room.

The tour is open to visitors of all ages. Proper ID is required in order to sample beer. The brewery is located at 30 Germania Street. For hours, directions, special events and closings, please call (617) 368-5080 or go to the website, www.samueladams.com.

Health & Beauty

Midnight munching can dampen diet plan

(MS) - By now many people realize that eating has as much to do with boredom or habit as it does with hunger. Studies have shown that munching while watching television or being distracted cause people to consume much more than they would if they were taking stock of what they were eating.

Sometimes even the most steadfast dieters and healthy eaters fall victim to the late-night munchies. For whatever reasons, the refrigerator or the snack cabinet seems to beckon after you've washed the last dinner or dessert plate. Sometimes this has to do with true hunger - you haven't consumed enough nutritional food during the day. Most other times it's because you're bored or stressed out. But there are better ways to deal with these cravings - ones that are beneficial for your health and waistline.

Break the fast: Despite con-

tinued reminders that breakfast is the most important meal of the day, many people continue to skip breakfast whether they're in a rush or simply not hungry. Eating at night can cause hunger to wane in the morning and exacerbate the cycle. However, you need that morning fuel to last through the day and keep hunger at bay until your next meal. Starting out your day with a nutritional deficit will most definitely lead to hunger later on.

Assess your reasons for eating: Is your stomach truly grumbling for food? Or are you bored or stressed out and don't know how else to placate yourself? If you really are hungry, have a light snack, such as air-popped popcorn, yogurt, oatmeal or peanut butter and apple slices. These will fill you up without a lot of fat and calories. If you're not hungry, think of an activity that will calm you or distract you, such as a

Did you know?

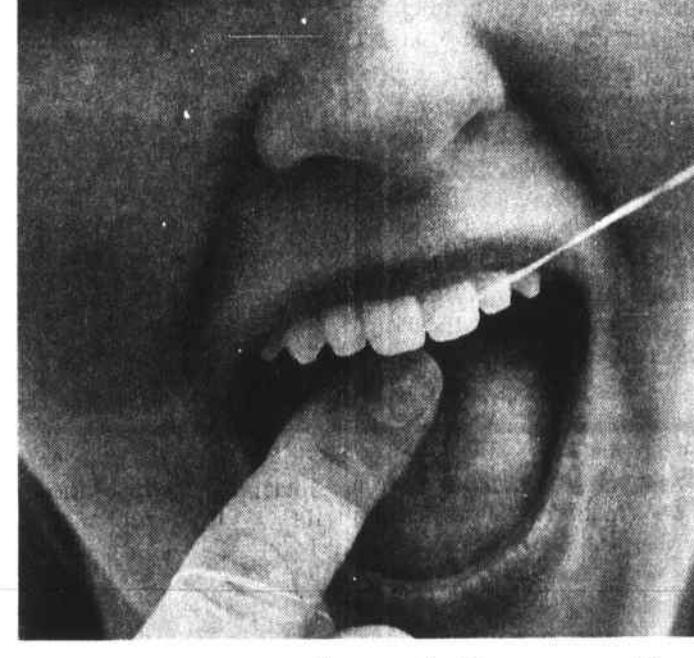
(MS) - The liver is the only organ in the body that can repair and re-grow itself after damage. The largest gland in the body, the liver is also the busiest, responsible for performing in the neighborhood of 500 functions. Among the more important functions of the liver is helping the body to fight infections by removing harmful poisons, such as alcohol. The liver also produces bile, which allows the body to digest fats. A common side effect of liver damage is a lack of energy. That's because another of the liver's responsibilities is to store carbohydrates, allowing

walk or reading a book.

Fill up during the day: If you restrict your food intake too much during the day it could end up haunting you in the end. Fuel your body with fiber and protein and make sure you eat enough so you don't binge at night. Also, drink plenty of water, which will also lend to a

feeling of fullness.

Send a signal that the kitchen is closed: Turn off the lights in the kitchen and hide any munchy materials away from sight. This gives the message that the 24-hour diner is actually closed. You can also brush and floss your teeth as a deterrent to eating more.



Beating bad breath

(MS) - Why do some people seem to have chronic bad breath while others don't? And what can you do to make your breath more pleasant? The American Dental Association (ADA) offers the following explanations and tips to combat bad breath.

Diet: What you eat plays a big role in how your breath smells. Once food is absorbed into the bloodstream, it is then transferred

to the lungs. That food is then expelled through your breath until that food is eliminated from the body.

Another way in which diet can affect a person's breath is through bacteria. People who don't brush or floss regularly allow particles of food to remain in the mouth and collect bacteria, resulting in bad breath. Also, when teeth aren't brushed or flossed, food that remains can rot and lead to bad breath.

Smoking: While yellow teeth are the first thing people associate with smoking, the same principles that apply to diet apply to smoking as well. When cigarette smoke is inhaled into the lungs, the lungs eventually need to expel that smoke. Once expelled, the odor isn't pretty. Bad breath might not be at the top of the list for reasons to quit smoking, but it's certainly on that list.

Health: Bad breath isn't always the result of lifestyle choices such as diet or smoking. Sometimes, bad breath can be an indicator of something bigger. Gastrointestinal problems and diabetes can result in bad breath, as can chronic sinusitis or postnasal drip. In addition, sometimes liver or kidney ailments result in bad breath. If you have chronic bad breath but don't eat anything associated with bad breath and you don't smoke, consult a physician as to the possible cause. Your bad breath could be a warning sign of a much more serious problem.

To learn more about dental care, visit the ADA Web site at www.ada.org.

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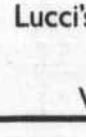
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MIDDLESEX EAST • 10 TOWNS

Back to School!!

Why kids ask why

Understanding why kids ask "why" helps parents connect with their children and experts say that inquisitiveness - which can include questions about the physical world, feelings and relationships, and even about change and loss - help children to learn and grow.

"Parents should actively encourage their youngsters' curiosity," says educational consultant Dr. Renee O'Leary. "Asking questions indicates that your child is noticing the world around them. They are listening to others speak and developing language skills to formulate their own understanding of the world."

"It's important," she adds, "for parents to respond to questions and answer them appropriately when they are asked."

But what if you don't actu-

ally know why the sky is blue or why puppies have tails?

Parents and children can have fun seeking out the answers to questions at the library or even online, but not every question has to have an answer and children need to learn this at an early age.

Children can be encouraged to answer their own question (as in, "that's a great question! What do you think makes the sky blue?") And parents can also use informal learning opportunities at places like puppet shows, museums, parks and other places to help stimulate a child's thinking process.

Research shows that certain television shows may help too - but the key is to encourage your child to "actively watch" by questioning and learning about what they see.

For instance, a new chil-

dren's program from PBS Kid Sprout called *The Let's Go Show* encourages children ages two to five to ask questions that help Miles and Banjo navigate their way through various adventures.

The characters help kids learn about science as they wander through "Wonder Why Valley," encourage nutrition in the "Sprout Diner Field," and inspire kids to make creative crafts at home with their parents and caregivers.

The Association of Children's Museums, a professional service organization representing more than 350 children's museums around the world, provides child-friendly and scientifically accurate explanations for *The Let's Go Show* experiments on SproutOnline.com

"The show creates a unique opportunity for preschool-age children to invite their families into their world to share meaningful and playful moments together," says Andrew Beecham, senior vice president of programming for PBS Kids Sprout.

The program airs from 3:00 p.m. to 6:00 p.m. between episodes of Sprout's other curriculum-based programs.

For more information, visit SproutOnline.com

Protect your face

The new face of skin protection may be blue.

A new addition to the dermatologist-recommended line of Blue Lizard Australian Sunscreens achieves a high SPF and uses free-radical-quenching antioxidants and vitamins, including caffeine, green tea and vitamin E to reduce signs of premature aging and Z-Cote Max to block dangerous UVA and UVB rays, which are responsible for aging skin and causing skin cancer.

The cream, known as Blue Lizard Face SPF30+, has a long-lasting and highly effective natural moisturizing agent, hyaluronic acid, and it's ideal for everyday wear.

Formulated to combat the planet's most intense UV environment - Australia - the company's sunscreens, which include sport and sensitive skin formulas, come in packages that actually turn blue in UVA light, so users never have to wonder whether sun protection is necessary.

For more information, visit www.bluelizard.net

Lowering cholesterol

Whole grain and healthy hearts

"Lower your cholesterol." If this phrase is one that you've heard from your doctor, then you should know that a healthy diet is the first step toward lowering your cholesterol.

Fortunately, the American Heart Association has tools that can help you quickly and confidently find heart-healthy foods while grocery shopping.

Whole-grain foods that are high in fiber are an important part of a cholesterol-lowering diet. However, shopping for whole-grain foods can be confusing and frustrating, and that's why the association has added the whole-grain category to its Food Certification Program.

"This simple whole-grains certification mark is an easy and reliable tool for consumers who are seeking a healthier diet," said Penny Etherton, R.D., Ph.D.

The heart-check mark is the first third-party symbol that requires a whole-grain products to be at least 51 percent whole grain by weight and they're also required to meet minimum daily dietary fiber content criteria, as well as be low in saturated fat and dietary cholesterol.

You can save time shopping by first visiting the heartcheckmark.org to use the free grocery list builder tool.

Click on "My Grocery List" and browse through approximately 800 foods certified by the American Heart Association.

Products are organized by food manufacturer and food type, such as breads, dairy case, frozen foods, fruits and vegetables, meats, snacks and more.

Heart Healthy Eating Tips

- Emphasize high-fiber foods such as whole wheat, oats and oatmeal, rye, barley and corn. Also include popcorn, brown rice, wild rice, buckwheat, bulgur and millet.
- Choose breads and other foods that list whole grains as the first item on the ingredient list.
- Select foods low in artery-clogging saturated and trans fats, as well as dietary cholesterol.
- Include five to nine servings of fruits and vegetables per day.
- Focus on lean meats, poultry and low-fat or no-fat dairy products.
- Eat fish twice a week.
- Know how many calories are recommended for your body weight and size.

Weight loss tips for teens

According to the American Obesity Association, 30.4 percent of children ages 12 to 19 are considered overweight, 15.5 percent are classified as obese and the prevalence of obesity within this age group has more than doubled over the past 25 years. But there's still hope.

"The good news is that adolescents can achieve a healthy lifestyle and weight by making simple changes," said Lisa Talamini, vice president of research and program innovation for Jenny Craig, Inc. "And if they maintain these positive eating and exercise behaviors as adults, they can avoid developing high blood pressure and other obesity-related

Weight to S-9

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Back to School!

Keeping kids safe Resource kit on concussions this fall sports season

As various sports seasons and extracurricular activities kick into high gear, the Center for Disease Control (CDC) is working to spread awareness when it comes to concussions.

The CDC has developed a new multimedia educational tool kit entitled *Heads Up: Concussions in High School Sports*.

More than 300,000 sports and recreation-related traumatic injuries occur each year in the United States.

Concussions are a form of traumatic brain injury that's caused by a blow or jolt to the head, which can range from mild to severe. This form of injury disrupts the manner in which the brain normally works, and the symptoms manifest physically in an array of different ways.

Those who are most at risk of suffering a concussion are individuals who take part in sports or activities where a sudden jolt could be sustained.

Although concussions are often referred to as "dings" or having one's "bell rung," even the mildest of concussions can pose a serious threat to one's health. A lack of awareness about the effect of concussions could result in allowing an athlete to return to play too soon following the initial injury and this places that person at higher risk of developing a more serious or potentially fatal condition.

The *Heads Up: Concussions in High School Sports* tool kit contains practical, easy-to-use information for coaches, athletic directors, trainers, teens, and parents.

The kit includes a video and DVD featuring a high school athlete who was disabled by a concussion; a coach's guide with information about preventing and managing concussions; a wallet card and clipboard sticker for coaches, posters targeting athletes, fact sheets in English and Spanish for parents and teens, and a CD-ROM featuring downloadable kit materials and other discussion-related resources.

Athletes who show signs or symptoms of a concussion should be kept from play until the appropriate medical per-

sonnel have evaluated the injury and given them the "go ahead" to return to the sport or activity.

The key message to athletes in the tool kit is, "it's better to miss one game than the whole season."

To order the entire kit or to download additional information on concussions, go online and visit www.cdc.gov/ncipc/tbi/Coaches_Tool_Kit.htm

Make mine embellished: join the MIY revolution

Sure, you shop where everyone else does - it's convenient, prices are good, and so is the selection. But you really don't want to look and live like everyone else. You're ready for the MIY - Make It Yours - revolution.

The MIY revolution embraces personal style, rather than a cookie-cutter look. "Embellishment" is the key to this new trend, and purchased goods are the canvas for creativity. People are decorating their clothing, their accessories and their spaces to reflect just who they are.

From tweens to seniors, everyone wants a custom look, and paint is one of the easiest ways to

MIY to S-10

Thinking green in Wilmington and Winchester

Nearly 125,000 students from all grade levels at 30 Massachusetts schools signed up this year to participate in a statewide educational program to reduce pollution and protect the environment," notes the "Wilmington Town Crier."

"The effort, called 'The Green Team,' is part of the Executive Office of Energy and Environmental Affairs (EOEEA), and Department of Environmental Protection's (MassDEP) statewide environmental protection education effort for Massachusetts students.

"Participation in The Green Team more than doubled since last year, with over 700 classes involved.

Participating classes were entered into a drawing for prizes, and 77 classes received grand prizes for their efforts. In addition, 32 Green Team classes completed an energy efficiency lesson for Earth Day and received compact fluorescent light bulbs for each student to bring home.

"Congratulations to all teachers and students who did outstanding work during the past school year to raise environmental awareness in their schools, homes and communities through Green Team activities, such as recycling, vehicle idling reduction

and energy conservation," said Energy and Environmental Affairs Secretary Ian A. Bowles. "These activities cut across all disciplines, from science and mathematics to reading, writing and even art. It has become more important than ever to empower our youngest citizens with tools they can put into practice at home and at school to protect our environment."

"The Green Team educational program gives our youth concrete ways to protect natural resources and reduce our impact on the environment around us," said MassDEP Acting Commissioner Arleen O'Donnell. "Green Team students develop creative approaches to environmental stewardship and make a big difference in their schools and communities with their recycling and pollution prevention efforts...."

Local Green Team grand winners include Winchester High School as well as Winchester's Lynch Elementary and McCall Middle Schools.

Excellent idea in Reading

"Learning, correcting and making the grade," notes the Reading edition of the "Daily Times Chronicle."

"Sounds like a child's recent academic efforts in his or her own Reading school.

"But the same criteria was the subject of a discussion at the School Committee meeting, where board members evaluated the School Department's Teacher Assessment Program (TAP) aimed at strengthening teaching standards. After the talk, committee members voted 6-0 to support the process and include it in the teacher's association contract.

"There's nothing like this,"

said School Committee chairwoman Lisa Gibbs. "I think it's just so great that this has been received so well by the staff."

"The School Department has used the TAP since the 2003-04 school year as a collaborative approach for the continuous improvement of the teaching staff. The main objectives of the TAP include:

1. To identify and implement a collaborative process that

will help teachers continually

improve as educators as compared to the 'Reading's Standards for Effective Teaching.'

2. To provide information for the continuous improvement of performance through an exchange of information between the person being evaluated and the evaluator.

3. To provide a record of the facts and assessment for personnel decisions.

"This is truly quite a document," said Superintendent

Notes to SS-8

Yankee Doodle Cloggers

CLOGGING DANCE CLASSES

(No Partner Required)

Ages 8 to eighty!



Clogging is a type of percussive dance, similar to Tap or Irish Step dancing, but unique in its own way. We dance to all kinds of music - country, bluegrass, oldies, pop, Irish, blues, big band - anything with a good beat.

Required: A love of dance and music, the willingness to try something new and the ability to have fun!

Cost is \$20 per 4-week session. New Beginner class begins Monday, October 1st at 6:30 pm



Classes are held Monday evenings at the Union Congregational Church

148 Haverhill Street in North Reading

For more info: Call Sheila Young 781-944-6342 or email: www.YankeeDoodleCloggersOnline.com

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— Classes start after Labor Day —
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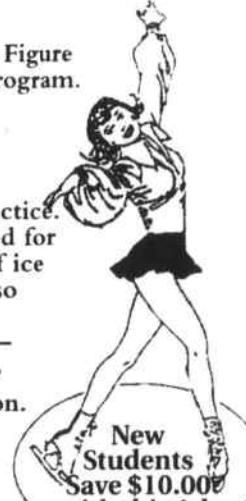
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Back to School!

Notes from S-7

Patrick Schettini.

"Assistant Superintendent John Doherty lauded the teacher volunteers who spent several months reviewing the document."

"We're pretty proud of the collaboration with the Reading Teacher's Association," said Doherty, who told board members much input was gathered from teachers during the process. "The whole (aim) of what we do here in Reading is student focused...."

Reading, writing and Stoneham-

The air was electric at the South Elementary School, notes the "Stoneham Independent."

The annual five week school wide Read-a-thon was finishing and many students had also completed MCAS testing. Friday was here and everyone was ready for a well-deserved weekend break. Students, faculty, PTO members and members of the Stoneham Chamber of Commerce's Business and School Partnership Committee gathered in the cafeteria with excitement as their special guest, author and illustrator Peter H. Reynolds of Dedham, prepared to share his vision and love of reading with them.

As everyone settled in, Peter was busy creating an illustration on the large flipchart at the front of the room. Principal Nick Leonardos welcomed Peter to South School and introduced him to his audience.

The wide-eyed five year olds and the fifth grade 'seniors' of the school were seated in front and back, with all other ages and grades making up the middle of the group. Prior to his visit, the children had become acquainted with Peter through Mr. Leonardos and his team reading the award-winning book *The Dot* and its sequel *Ish* in each class. The message of *The Dot* is to 'Make Your Mark' and *Ish* inspires each of us to make our life a 'Creative Journey.'

"Peter's time with the school assembly was a fun, interactive visit. Peter polled his audience to learn what authors were popular with the different grades and to educate them about his professional collaborations (the older students were fans of the Judy Moody series for which Peter is the illustrator). He told his story of developing his love of cartooning into the career and life purpose he has today. Recognizing his mentors and teachers along the way, he painted a picture of inspiration and support from his parents, school teachers, colleagues, friends and family that allowed everyone in the room to imagine

the possibilities to realize their dreams. Peter stressed the importance of reading as part of life-long learning...."

If you'd like to read about your favorite school, student or teacher in "School Notes," please send school newsletters and other relevant information to Phyllis Nissen, "School Notes," Middlesex East Supplement, Box 240, Reading, MA 01867 or to schooltowns@comcast.net. We welcome student writing.

Kids take charge of their health

According to the Mayo Clinic, in just two decades, the prevalence of childhood obesity has doubled for U.S. children ages six to eleven, and tripled for American teenagers.

It's an epidemic that can have serious health consequences.

Fortunately, kids are taking initiative and signs are pointing to the beginning of a kids' health movement to improve their health.

One example of this movement involves the Roosevelt Elementary School where the kids are "running across America" by contributing to a collective count of miles with a pedometer. To date, these kids have figuratively crossed the nation twice.

And 26,000 kids have pledged to join Nickelodeon's Let's Just Play Go Healthy Challenge - an on-air and off-air campaign centered on helping kids improve health and wellness in their own lives and communities - and have committed to getting healthy since the program launched in 2006.

Making sure that kids live healthier lifestyles can be "child's play," especially if children get pointers on nutrition and fitness by participating in fun programs like those found at local Boys and Girls Clubs of America or through Nickelodeon's Let's Just Play Go Healthy Challenge.

Let's Just Play Go Healthy Challenge, developed by Nickelodeon in partnership with the Alliance for a Healthier Generation, is helping kids change the outcome of their generation and mea-

suring their pledges to adopt healthier lifestyles.

Part of the network's five-year-old "Let's Just Play" health and wellness campaign includes tools for kids such as a monthly personalized health tracker, which allows kids to keep an online journal that tracks their daily activities and food intake, and an interactive game where kids are encouraged to get up and be active.

Each monthly episode of the Let's Just Play Go Healthy Challenge provides kids with practical tips to help get them started on the road to a healthier lifestyle, such as:

- Drink a glass of water for every other beverage you drink.

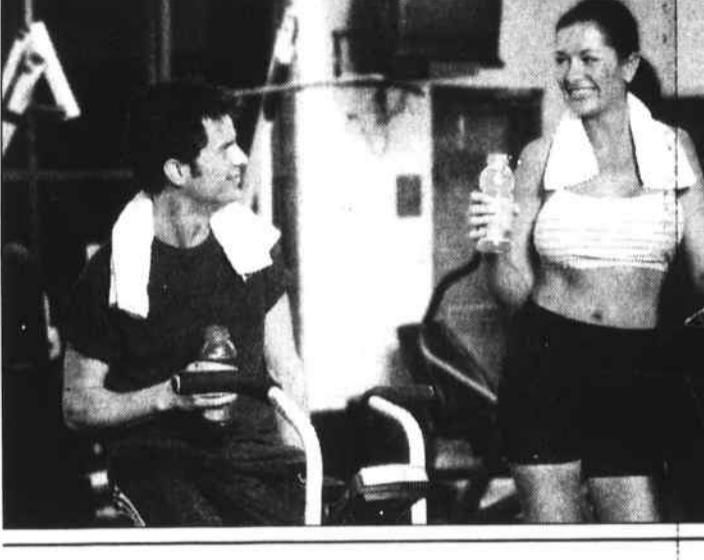
- Walking is a great low-impact exercise, so walk at least thirty minutes a day.

- Pump up your activity level while watching TV and during the commercials, try stretching, sit-ups and jumping-jacks.

- Instead of regular potato chips, try baked chips or whole grain crackers with low-fat cheese. Seek healthier alternatives to unhealthy snacks.

- During lunch, replace an unhealthy side item with fruit or raw vegetables at least three days a week.

Kids and families can log onto www.nick.com/letsjustplay to register for the Let's Just Play Go Healthy Challenge or to learn more.



Texting is the newest driving risk

As technology continues to advance, the opportunities for distractible driving also increase.

In the past attention to the road may have waned when drivers changed radio stations or cassette tapes. Things improved with the advent of multiple-CD changers, satellite radio, and steering-wheel mounted controls. Then mobile phones became headline makers as law-enforcement officials and insurance companies pondered over the increased risk of accidents presented by talking while driving. Today talking on a cell phone without a hands-free device could land you with a traffic ticket.

But there is another technological attention-seeker that is causing trouble on the

roadways. Text-messaging, or "texting," is the latest form of communication causing drivers to take their eyes off of the road, with consequences.

A new poll conducted in August by Harris Interactive found that 91 percent of respondents feel that texting while driving is dangerous - along the lines of driving while intoxicated - more than 57 percent of Americans admit to doing it.

The age group doing the most texting while driving is the 18 to 34 demographic, making up 64 percent of texters, according to research.

Stoplights and stop signs present opportunities to check messages and reply. However, many others are using PDAs and cell phones for texting while in the throes of moving traffic.

Washington was the first state to pass a ban on texting while driving. California, New York and Florida are considering similar legislation to deter texting and accidents.

Texting is already a suspected cause of driving accidents. In July 2007, 17-year-old Bailey Goodman was killed at 10:00 p.m. along with four other friends when her SUV swerved into traffic and slammed into a truck in a Rochester, NY suburb. The SUV burst into flames, killing the passengers, all of whom were recent high-school graduates. Police reports indicate that text messages were sent back and forth from Goodman's phone moments before the accident occurred, but they cannot confirm if she was doing the texting. Routine tests ruled out alcohol as a factor and police don't suspect drug use was involved. It is speculated that distraction from texting may be a contributor to the crash. Goodman held a junior license and she wasn't supposed to be driving at night with so many passengers, according to New York law.

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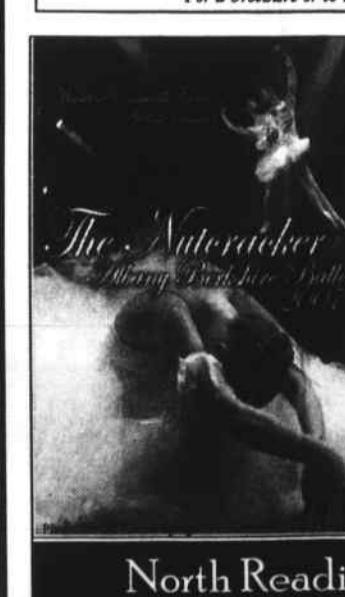
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MIDDLESEX EAST • 10 TOWNS

Back to School!

Avoiding computer viruses

Consumers and companies are being victimized by spam e-mails offering counterfeit software and pharmaceuticals. For the average consumer, your identity could be in danger. And you could even unknowingly fund criminal activity in eastern European countries.

The software industry's biggest problem in internet piracy over the past four years has been caused by internet storefronts that sell pirated software for pennies on the dollar.

The criminal activities of these counterfeit spammers extend beyond software piracy and they include threats to public safety such as counterfeit pharmaceuticals, child pornography and identity theft.

The perpetrators reach consumers via mass spam e-mails, as well as through ads on popular search engines. They lure customers to internet storefronts that appear legitimate, and then deliver unauthorized copies of products via the postal service and through electronic download.

According to the industry estimates, the criminals make more than \$10 million annual for software that sells legitimately for more than \$100 million.

Illegal revenue is generated in two ways: directly from the illegal activity, whether it involves software, pharmaceuticals or pornography; or via identity theft through the unauthorized use of credit card information and the



resale of credit card and customer data to third parties.

Purchasers from these internet storefronts have also reported that viruses and "trojans" have appeared on their computers.

Trojan horse attacks pose one of the most serious threats to computer security.

The result is that buyers of pirated software often unknowingly propagate spam, since their computers are secretly hijacked and turned into spamming robots.

Here are some practical tips to avoid becoming infected:

- Never download blindly from people or sites of which you are not 100-percent sure.

- Even if the file comes from a friend, you must still be sure of what the file con-

tains before opening it.

- Beware of hidden file extensions.

- Never use features in your programs that automatically open or preview files.

- Never blindly type commands that others tell you to type, go to web addresses mentioned by strangers or run prefabricated programs.

- Don't be lulled into a false sense of security just because you run anti-virus programs.

- Don't download an executable program just to "check it out."

- Finally, if the price is too good to be true, it's probably counterfeit.

For free resources or more information on software piracy, visit www.autodesk.com/piracy or call 800-NO COPIES

Custom school supplies

Today's student heading back to school is looking for innovative school supplies that are unique, colorful and coordinated. Now, students have multiple options to customize and organize in a way that works best for them.

After all, the school locker is the first "office" that kids have, and organization is key to setting them up for success in the new school year.

Staples is carrying its widest selection ever of high-tech and organizational products this year in a dozen new, bold colors and 13 exclusive patterns, making it easier than ever for students to customize their back-to-school experience in ways that express their personalities.

From Crayola and Dickies to Mead products, kids are gearing up at staples for the 2007-2008 school year.

- Tools to Succeed: Crayola puts the cool back in school with its new state-of-the-art Total Tools line. They measure, cut, glue and write and they come fully loaded with soft, squishy grips in bold, contrasting colors, making them comfortable to hold and control.

- Keep it Coordinated: Many schools assign specific colors for each subject, like green for math and blue for history.

Students can coordinate their school supplies even more now with new Staples patterns like Hawaiian Board Shorts, Argyle and Exploding Spheres and colors like acid green and power pink. Student can choose coordinated notebooks, binders, planners, portfolios and computer accessories.

- Pack it Up: You can't go to school without a backpack

and this year's collection of Dickies backpacks and bags in various colors and styles are perfect for students heading to the classroom or playing field.

Students can tote their school supplies with coordinating Dickies notebooks,

folders and pencil pouches, available only at Staples.

- Built to Last: Finally, a binder that's easy to open and closed with one touch. The improved ring system has an easy-open button and rings that close tightly so pages won't rip.

Supplies to S-10

Director/Owner
Tracy DellaRusso

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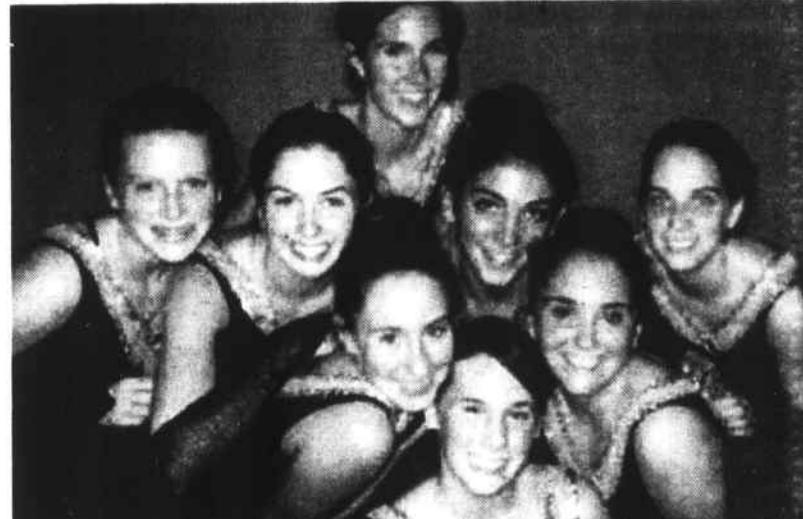
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4 yrs Predance 1 ... Wed., 11:45-12:30
... Sat. 10:00-10:45

5 yrs Predance 2 ... Wed., 1:15-2:00
... Sat. 10:45-11:30

6 yrs Ballet Tap 1 ... Sat. 11:30-12:30

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• PRE-B

MIDDLESEX EAST • 10 TOWNS

Back to School!

CALENDAR

From S-4

CIVIL WAR

ROUNDTABLE

The Civil War Roundtable of the Merrimack will meet at 7:30 p.m. on Wednesday, September 12 at the Hilton Senior Center, 61 Lafayette Road (Route 1), Salisbury.

The topic will be "Civil War Jeopardy" given by Cynthia Brown and Liz Gardell. Admission is free and anyone with an interest in America's Civil war is invited to attend.

For more information call Tom at 978-462-8518.

FREE HUNTER EDUCATION COURSE

A Free Hunter Education Course will be held at the Reading Rifle and Revolver Club, Haverhill St., Reading from September 6 through October 11, six weeks, from 7:00 to 9:30 pm.

The course is free but you must pre-register by calling (978) 632-7648.

Upon completion of the course will receive a a Mass Hunter Education Certificate which allows persons 15 and older to purchase a Mass hunting license.

For additional information call the number above.

FASHION SHOW AND SILENT AUCTION

Come see the latest in fall fashions on Sunday, September 16 at 1 p.m. Fall into Fashion will be held at the North Reading Moose Hall. In conjunction with the fashion show there will also be a silent auction with items and gift certificates from many local merchants, art work from local artists and some surprises.

Enjoy hot and cold hors d'oeuvres before and during the show, desserts and coffee/tea during the auction. There will be clothing for all ages and sizes.

Women's fashions are from Appleseed's of North Andover

Winchester ballet dance program



This June and July, Winchester Ballet Conservatory's summer dance program will have children leaping, stretching and twirling. The sunny dance studio, located in the center of Winchester, is home to the 4-week program, which offers a little something for everyone.

In May, the company danced a full-length version of "Coppelia", choreographed by Ms. Avci, at the McCall Middle School as its annual end of the school year performance.

Winchester Ballet Conservatory's annual full-length "Nutcracker" production has been a community favorite for several years. All children who study at the school will be eligible to participate in this winter's production of "Nutcracker".

If you are interested in learning more about Winchester Ballet Conservatory's Summer Dance Program or the 2007-2008 dance season, please call 781-721-4808 email-winchesterballetconservatory@yahoo.com or pick up information at the studio, located at 9 Mount Vernon Street, second floor, Winchester.

and children's fashions from Rugged Bear of Andover. For ticket information contact Maureen at 978-664-6643 or Eileen at 978-276-0045.

This event is sponsored by the Friends of the North Reading Council on Aging, all proceeds to benefit the Edith A. O'Leary Center. Though to benefit the senior center, the event is open to all.

WOBURN H.S. CLASS OF 47 REUNION

The Woburn High School Class of 1947 will hold its 60th Reunion on Saturday, September 22 at the Crestview on Montvale Avenue in Woburn.

Anyone who did not receive an invitation and would like to attend should contact: Edward Devaney 781-933-2955 or Ruth Turner at 781-933-2604.

WINTER'S production of "Nutcracker".

Winchester Ballet Conservatory is currently accepting enrollment for its 2007-2008 dance season that resumes in September. All children who study at the conservatory will be eligible to participate in this winter's annual, full-length production of "Nutcracker", a community favorite for several years.

If you are interested in learning more about Winchester Ballet Conservatory's Summer Dance Program or the 2007-2008 dance season, please call 781-721-4808 email-winchesterballetconservatory@yahoo.com or pick up information at the studio, located at 9 Mount Vernon Street, second floor, Winchester.

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Back to School!!

Internet not a safe haven for kids

As schools around the country prepare to reopen their doors, parents and kids alike are preparing to return to normalcy. Back to school means many kids will be going back to work, hitting the books and, more than likely, hitting the computer as well. As technology continues to advance, education expands beyond the physical classroom at school and into the virtual classroom at home on the Internet.

Spending more time using the computer often means spending more time online for students. As any parent knows, this can prove dangerous if kids aren't properly supervised. By now, many parents have either seen or are familiar with the NBC program "Dateline: To Catch a Predator." On the show, online sexual predators are coaxed out of the anonymity of the Internet and into what they think is a child's home. These online predators often have plans to sexually assault the children they contact. For parents, the show is an eye-opening nightmare, as the program routinely changes communities, only to reveal dozens of online predators at each stop along the way.

While the Dateline show can make it appear as those parents are helpless against these online predators, thankfully that's not the case. Instead, parents can take the following steps and be vigi-

lant in enforcing them to keep their children safer online.

Keep younger kids out of chat rooms entirely: Children of a certain age have no business being in chat rooms. Child-safety advocates suggest keeping children 8 years old or younger out of chat rooms entirely. If a child says their homework requires going into a chat room, verify that with the child's teacher and then discuss other options. Recognizing the potential dangers, most educators likely will not assign any work involving chat rooms to younger students.

If kids must enter chat rooms, make sure the rooms are monitored: Chat rooms are monitored in different ways. Some are monitored live, by adults who have passed a screening process. Others are only monitored by software programs that solely remove members based on the use of foul or inappropriate language. Even if kids enter the most vigilantly monitored chat room the Internet has to offer, parents need to remember that a predator can and will claim to be something he or she is not (such as a fellow child), so parents should monitor all online discussions themselves.

Let kids know what could be out there and how to keep certain information to themselves: Kids are often vic-

timized by predators because of their innocent and accepting nature. Parents should let their kids know that not everyone online is who they seem. Also, teach kids how to mask their identities online. Gender-neutral user names will make it harder for predators to find what they're looking for. Parents also need to hammer home the idea that personal information, such as real name, age, home address, and telephone number, should never be shared in a chat room. Chat rooms frequently make discussions available for the world to see online, so any information, even if shared with a friend, may eventually become available to anyone who goes online.

Prohibit private chat rooms: Once a child enters a chat room, he or she may be asked to enter a private chat room where messages cannot be monitored. Such rooms should be strictly prohibited. Remind kids whenever they go online that only public chat rooms are permitted.

Instruct children to share any uncomfortable chat room experiences: Should anyone make any comments in a chat room that make a child feel uncomfortable, children should be instructed to report them immediately. If children are aware of the potential dangers of some online users, they may be more inclined to report such comments.

Apples for teachers, but why?

Through the years, the image of apples and classrooms have become synonymous, as has the idea of giving a teacher an apple as a gift. There is debate as to the origins of this tradition, but many sources have traced this practice back to the 19th century. School teachers in little farm towns were often paid in kind: sacks of potatoes, apples and so forth. Some think the practice originated as a simple gift of food for poorly paid teachers. Apples still remain a popular treat for teachers in the United States, Denmark and Sweden.



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Back to school and Fido

Over the summer months, families often enjoy a more relaxed schedule. Kids are on break from school, and most families either head off on vacation or spend more time at home. As a result, family pets often receive constant attention. As families prepare for the "back to school" season, few are prepared for how changes in the family's schedule will affect their pet.

"Despite their best intentions, many pet parents don't realize that changes in the family's daily routine can greatly affect their pets," said Kellyann Conway, PetsIncredible animal trainer and 2006 Comfort Zone Dog Trainer of the Year. "When kids go back to school, pets lose a devoted playmate and experience a profound change that can sometimes lead to unwanted behaviors in your pooch."

The stress of suddenly being left alone can lead to destructive or anxiety-related behaviors in dogs. In fact, most unwanted behaviors will occur within the first 30 minutes of being left alone. Some of these behaviors include: digging and scratching at doors; howling and excessive barking; and house soiling, even in cases where a dog is already house trained.

Destructive behaviors can occur for a variety of reasons, and to ensure that they are a result of changes to schedules and loss of companionship rather than a medical issue, Conway recommends that pet parents ask themselves the following five questions:

7 steps to choosing a culinary school

Television chefs make cooking look so easy. They have all of the ingredients within reach. They fit cooking segments carefully between commercials, and the finished product is always a culinary masterpiece and ready in a mere 30 minutes.

This Hollywood-crafted illusion entices many people into a career in the culinary arts. However, it's important to realize that life in the kitchen or restaurant business is far different from the images crafted for reality television. As with most careers, becoming a chef, restaurant owner or catering company requires a solid education and some sweat equity. Still, the end result can be a very satisfying career.

According to reports, there are more than 500 vocational, college, and university programs across the country offering a culinary arts education. Becoming part of the culinary world typically involves attending an accredited culinary program, which is very much on the order of going to college. Many people who have an undergraduate degree from a college or university actually decide to change gears and enroll in a culinary program.

In order to make the most of your education, you should consider the following:

Area of specialization: Do you want to bake wedding cakes, cater parties or open your own restaurant? Once you know what you want to do, you can search for schools that specialize in that area of

study.

Location: As with any school, location should be a factor. Is it close to home or will you have to find a residence near by?

Cost: Cost can be a large determining factor. Some culinary programs cost \$20,000 or more. You'll need to investigate if financial aid will cover the expenses of the program.

Class size and facility offerings: Does the school have a good reputation and can it provide you with networking contacts? Will the school find you an entry-level position upon graduation? How many students are in each class? These are all questions to consider.

Narrow down prospects: Make a list of the schools that best fit your requirements. If you need more options, do an Internet search for your hometown and the keywords "culinary school." The classified section of your newspaper can also be a good place to research schools, or the library. Contact the schools you like best for more information, having a list of questions you would like to ask the school recruiter handy.

Arrange to tour the schools: Visit a few schools to get a feel for the environment, campus and classes. Find out if you can sit in on a lesson to gauge instructor knowledge and style.

Apply to your top three picks: See which schools accept you and make your final decision from those.

Does the behavior occur exclusively when the pet is left alone?

Does your pet display frantic greetings upon the family's arrival back home?

Does your pet react with excitement or depression as the family prepares to depart?

Does your pet dislike spending time outside alone when the family is home?

Does your pet follow members of the family from room to room when home?

If the answer is "yes" to any of these questions, the dog may be exhibiting these behaviors as a result of the family's new back-to-school schedule. Once this has been determined, Conway rec-

ommends a few techniques that pet owners can utilize to condition their dogs to be alone.

To help reassure dogs during their separation from the family, many veterinarians recommend the use of pheromone therapy 30 days in advance of any anticipated schedule change. Pheromone therapy products such as Comfort Zone® with D.A.P.®

(Dog Appeasing Pheromone) are available in an electric diffuser for the home and a spray that can be applied directly to the dog's bedding for immediate reassurance while the family is away. Clinical studies have shown that the use of pheromone therapy can reduce destructive behavior in dogs by as much as 91 percent.

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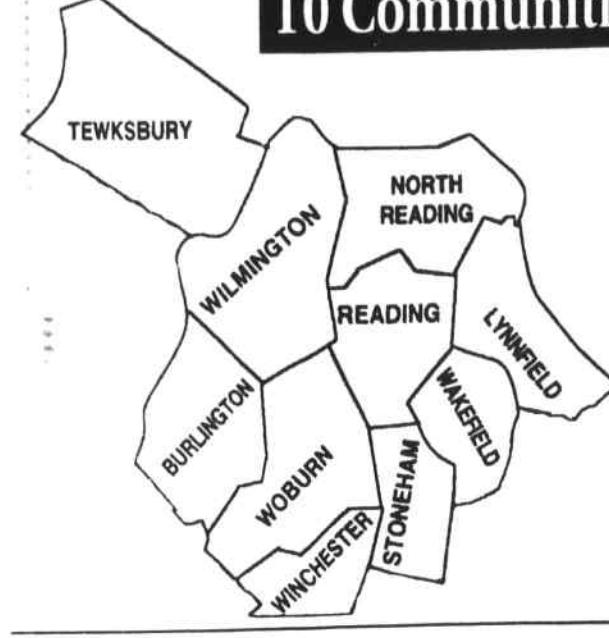
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Technical experience with self propelled aerial lifts a++, but will train the right person with mechanical, hydraulics, computers, electrical repairs or electrical engineering background.

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Ideal candidate should have a good work ethic, be assertive, inquisitive, willing to multitask and travel continent US and Canada, including occasional travel to factory in Germany.

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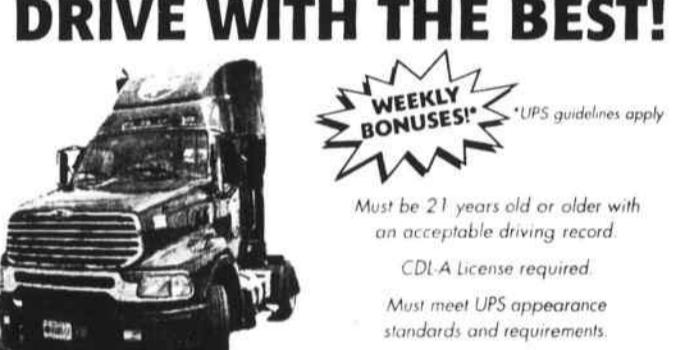


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605 SUMMER AVENUE #159 was sold to John Saczynski by Kathleen Farelli for \$250,000.

10 SWEETSER AVENUE was sold to Patrick and Shanna Atwell by George Doucette and Mary Decroteau for \$250,000.

25 UNION STREET was sold to Maria and Gaetano Fodera by Diana and Matthew Vallis for \$575,000.

155 WAKEFIELD STREET was sold to Gary and Annmarie Goodspeed by Alan and Deborah Slobodnick for \$480,000.

48 WINSLOW ROAD was sold to Dulari Pancholi and Imran Bora by Barbara Lievens and Barbara Sherman for \$411,700.

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1 BRACKETT AVENUE was sold to Amanda Huling and John Reiss by Brian and Karen Cann for \$409,000.

1 FERDINAND STREET was sold to Kevin Buckley by John and Dora Carroll for \$390,000.

133 FRANKLIN STREET #201 was sold to Mercyanne Andes by Ellard Eleanor M Est for \$117,500.

133 FRANKLIN STREET #201 was sold to Mercyanne Andes by Geraldine Dakin for \$117,500.

65 HIGH STREET was sold to Charles and Sharone Barone by Kristina and Richard McCarthy for \$610,000.

28 HILLSIDE AVENUE was sold to Charles Merrill and Kelly Rose by John and Christine Gallagher for \$450,000.

5 KIRKES ROAD was sold to Erica and Rodrigo Illanes by Ginger Allen and Ginger Whithouse-Allen for \$476,500.

20 PARK STREET was sold to Hao Quach and Joanne Nguyen by Carol Gill and Janet Ryan for \$341,000.

125 POND STREET was sold to Sheryl O'Donnell by Kevin and Marcia Haigis for \$330,000.

5 REBECCA LANE was sold to Cristina Mazzon Palumbro and Michael Palumbro by Dominic Parillo for \$645,000.

111 SPRING STREET was sold to Kathleen and Lawrence Farelli by Barbara Glover for \$361,000.

16 VALLEY ROAD was sold to Brian and Karen Cann by Lynn Stead for \$565,000.

295 W WYOMING AVENUE #4B was sold to Najeeb Badar by Hafeez Mirza for \$270,000.

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133 APACHE WAY #133 was sold to Deborah Dimare by Robin Slocomb-Handy for \$265,000.

140 APACHE WAY #140 was sold to Simon Nelson by Timothy Edmond for \$255,000.

222 APACHE WAY #222 was sold to Dawna Dombroski by Eleanor Domina for \$255,000.

260 APACHE WAY #260 was sold to Brian Hash and Jocelyn Gregory by Robert Magaldi for \$263,000.

14 CHESTER CIRCLE was sold to Eric and Heather Whynot by Paul Donath and Sharon Charest for \$310,000.

30 CLEVER DRIVE was sold to Kelly and Richard Constantino by Sachin and Sangeeta Pinnanath for \$456,250.

28 FOREST ROAD was sold to William Mcmillan by Darren and Sherry Weisse for \$7,751.

13 HERITAGE DRIVE #113 was sold to Patricia Powers by Barry Holt for \$276,500.

16 JILLS WAY #16 was sold to Mark and Susan Mastenbrook by A&M Land Corp for \$419,900.

44 JILLS WAY #44 was sold to Dianne Downes by A&M Land Corp for \$455,000.

170 MAPLE STREET was sold to Kirk and Toni Ann Zervas

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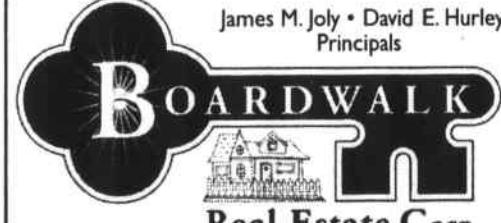
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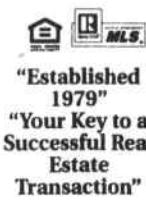
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WAKEFIELD \$469,900



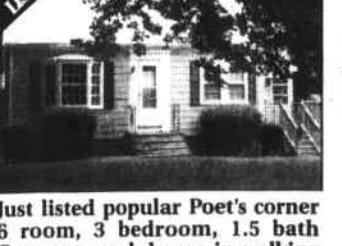
Westside Ranch style Duplex 4/4, hardwood floors, decks off kitchens, separate electric, great storage, 2 car garages under, newly painted inside and out.

BURLINGTON \$499,900



Quiet yet convenient to highways. Fabulous space in this 3 level Maple Ridge Townhouse with 1st fl master bdrm suite. All the amenities from hardwood, gas fireplaces, 1st fl laundry & den, to steam shower, C/A & vac. Garage, 3.5 baths. Best Value!

READING \$399,900



Just listed popular Poet's corner 6 room, 3 bedroom, 1.5 bath Cape on a cul de sac in walking distance to Birch Meadow. Living room with fireplace, formal dining room, hardwood floors. Enclosed porch.

READING \$389,900



High ceiling & beautiful wood floors in this 7 room, 3 bedroom Colonial with a private fenced back yard with a patio. Enclosed front porch. Walk to Birch Meadow.

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LOOKING FOR A CAREER IN REAL ESTATE?

In all 4 of our Boardwalk Offices

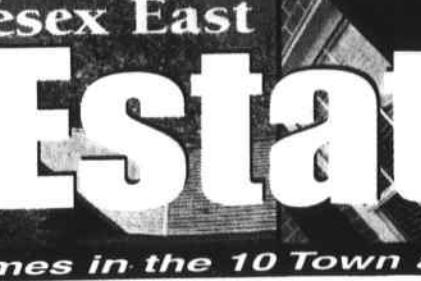
NOT LICENSED? No problem! Call Jim Joly or Dave Hurley about our Pre-License Tuition Reimbursement Program & we'll help pay to get your career in Real Estate Sales started by sending you off to school right away. Enroll now for Classes Starting in Sept. & Oct.

RECENTLY LICENSED? Begin our New Agent Real Estate Training Program in Sept. & Oct. and we will pay you back your tuition for pre-license school with our Tuition Reimbursement Program.

IF YOU WANT TO WORK for a Market Leader in a truly Independent Real Estate firm with Great Market Share, Large Listing Inventory (above Ads are just a fraction of our inventory) and Excellent Market Exposure, call today Jim at 781-944-7100 ext. 248 and Dave at 781-944-7820 ext. 246.

LIST YOUR HOME WITH BOARDWALK! LIST YOUR HOME WITH BOARDWALK!







Middlesex East Real Estate

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781-944-2200

Montana in Wakefield

Reminiscent of a Montana log home! You will be amazed at the quality craftsmanship and use of Ponderosa pine and rustic maple flooring in this fabulous Raised Ranch home. Open concept "great" room features 18ft ceiling, cultured river rock fireplace, 9ft pall-

dian window and unique and fabulous chandelier. The free standing kitchen featuring hickory cabinets and granite counters blends perfectly into the combination dining room.

The focal point of this outstanding home is the beautiful, solid oak spiral staircase that

leads to a unique "tree top" style loft. This truly one of a kind home also boasts three bedrooms, two baths and a lower level family room with easy access to the in-ground pool and spacious backyard. Located in a desirable Wakefield neighborhood.

5 Kathleen Drive in Wakefield is being offered at \$509,000. Call today you're your private showing. Century21 Commonwealth, Wakefield, MA 781-245-4151. Visit us on line @ Commonmoves.com

SUNSET FINANCIAL

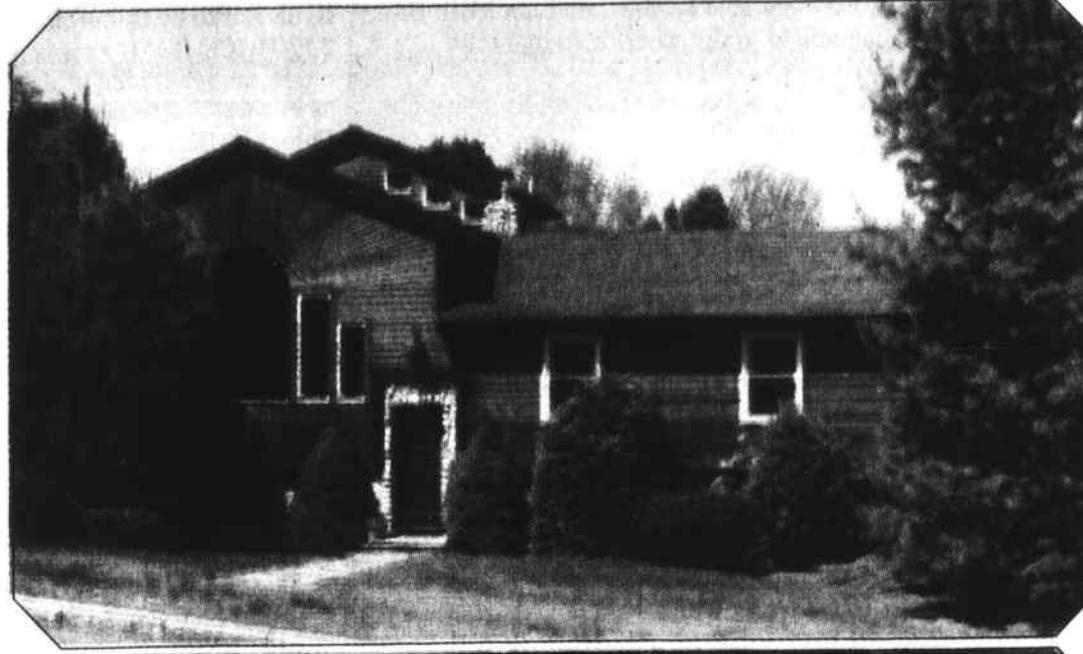
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Please call for more details. We have courteous representatives standing by.

Call Toll Free 1-866-803-9785

THIS GORGEOUS HOME IN WAKEFIELD brings the outdoors in with a great log cabin interior. The artistic chandelier and curving staircase fit perfectly in this home.



FUDGE PROPERTIES

474 MAIN STREET, WILMINGTON, MA 01887

(978) 658-7300

www.fudgeproperties.com

TEWKSBURY \$239,900



Great 2 BR unit at Carter Green. Vacant & ready for immediate occupancy! Nothing to do but move in!

BILLERICA \$359,900



BIG 9 rm, 3-4 bdrm, 1.5 bath updated Colonial complete w/fenced yard, gazebo & above ground pool.

TEWKSBURY \$349,900



Truly magnificent home w/numerous extras incl. hdwd flrs, clv, clv, 2 custom mantels w/elec. fpl. Abuts Tewksbury Golf Course. Hurry!

READING \$479,900



Don't miss this one! Witness the "WOW" factor upon entering this 5 bdrm, 1.5 bath Cape in Joshua Eaton School district. Awesome!

TEWKSBURY \$349,900



PRICE REDUCED! Work from home in this "New Englander" with 7 rooms, 3 bedrms, 1.5 baths, 1-car garage and more!

WILMINGTON \$299,900



OPEN HOUSE SUNDAY 1-3 21 WEST STREET NEW LISTING! 6 rm, 3 bdrm Ranch w/some tons of updates incl. clv, windows, roof, furnace and more. Hurry!

WE'RE LOOKING FOR MORE AGENTS! CALL NOW FOR YOUR CONFIDENTIAL INTERVIEW! (978) 658-7300

55 Haven Street
Reading, MA

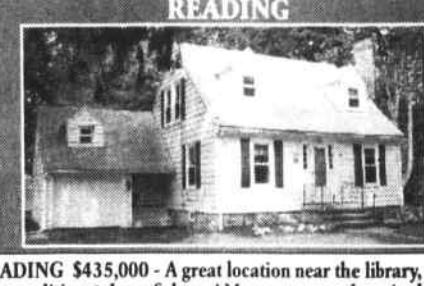
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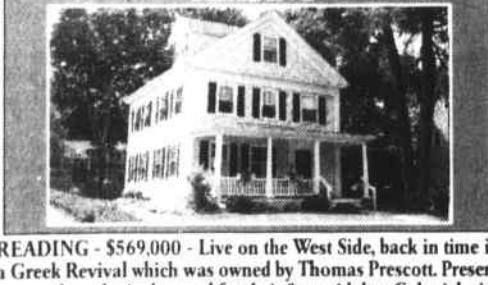
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WILMINGTON - \$399,900 - BEST BUY IN MARKET! Skylights, recessed lighting & open concept give another dimension of space to this home. Many recent upscale improvements incl. Corian counters, new appliances, heating sys & cen A/C. Double tier decks along w/a screened sitting area give this property additional outdoor living space. It's a great home situated in a private & convenient location.



READING \$435,000 - A great location near the library, excellent condition & lots of charm! Many recent updates incl a new granite/stainless kitchen, all new windows, new bath & exterior paint. Living rm fireplace has built-ins, hdwd flrs throughout, heated bonus rm over garage is ideal for an office or study. Close to train & town center - A commuters dream!



READING - \$569,000 - Live on the West Side, back in time in a Greek Revival which was owned by Thomas Prescott. Present owners have lovingly cared for their 8 rm, 4 bdrm Colonial with spacious rooms, many original hdwd flrs & period detail. Located on a desirable street, convenient to town & transportation. Spacious yard for outdoor activities.



WAKEFIELD \$489,900 - Designer owned, Craftsman Style Colonial in desirable West Side. Foyer features slate mosaic tile. Updated kitchen w/Silestone countertop, bead board, new flr & paint. Silestone topped portable work station stays as gift to new owner! Replacement windows thru-out. Gorgeous millwork, staircase & landing window. Dining rm features lighted built-in hutch w/bead board. Large, newly painted deck overlooks back yard w/plenty of room for outdoor barbecue.



STONEHAM - \$539,000 - Sparkling customized Cape in Robinhood area! Much love & attention has been given to this home. Ten year old fam rm addition w/2 car garage under is a terrific upgrade to this property. Gleaming hdwd flrs greet you as you enter this open concept home. Sizable private fenced yard equipped w/gunite pool, patio, pool house & deck still leaves enough rm for other recreational use.



READING \$399,900 - Convenient location to town, library and transportation. Many updates with 2 full baths, spacious eat-in kitchen and lovely living room with attractive wood stove. Enjoy the landscaped fenced in yard this Summer. Just move in.

Ask for GMAC Mortgage Services

How to pay for home improvement

Home improvements can be necessities or luxuries, adding value to a home or simply making it more habitable. One thing that all improvements have in common is that they cost money.

In a perfect world everyone would have the proverbial money tree growing in their yard that could finance renovations. However, in reality, this isn't the case. Therefore, if one doesn't have the up-front funds necessary to finance a project, some sort of financing from an outside lender will be necessary. Be warned that there are smart and not-so-smart ways to pay for improvements. Here's a look at both.

Before taking out any loans or financing, it's best to examine your overall financial picture. How does this improvement fit in with your current situation? If it's already tough to make ends meet, renovation expenses are probably not the best idea. Ideally, you should have a three-month cushion of savings in the bank, already be contributing to a retirement or education plan, and not have renovations interfere with these obligations.

SMARTTEST OPTIONS
The smartest ways to finance improvements are through methods where you'll receive tax deductions or pay as little interest as possible. Borrowing against the equity in your home is one of the best ways to achieve this. Here's a look at your choices:

Home-equity loan: This is good for a one-time remodeling project. The amount you borrow and the interest rate are fixed at the start of the loan. These loans typically last 5 to 30 years and may have closing costs ranging around \$1000.

Home-equity line of credit (HELOC): HELOCs operate similar to a credit card. You borrow only the amount you need to finance against the equity in your home. The downside is that HELOCs usually feature a variable rate, so you have to be prepared to be able to continue making payments even if the interest rate rises sharply. Interest payments are tax-deductible, and closing cost fees are very low, typically around \$50.

-BURLINGTON-

3 BATES STREET was sold to Debra Clasby and Doris Johansson by Janet Mills-Knudsen and Robert Knudsen for \$460,000.

22 COUNTY ROAD was sold to Maureen Lynch by Constance and James Duggan for \$410,000.

8 EDGEWATER AVENUE was sold to Stan Drozdetski and Susan Doan by Wilson FT and Janet Wilson for \$280,000.

6 HALLMARK GARDENS #6 was sold to David Abramo by Jeannette Blake for \$172,500.

19 JULIA CONNORS DRIVE was sold to Salvatore Mirabella by James and Susan Franey for \$600,000.

18 PHILLIP AVENUE was sold to Julie Sinden Delaney by Albert and Dolores Toland for \$645,000.

26 SPARHAWK DRIVE was sold to Patricia Grzendra and Jonathan Gautier by Elaine Sbraccia for \$452,500.

3 THEODORE CIRCLE was sold to Mahmuda Nasrin Rahman and Anisur Rahman by Gonzalez Raymond E Est and Katherine Atwater for \$445,000.

-LYNNFIELD-

110 SALEM STREET #92 was sold to John and Janis Delgazio by Adam Feldberg and Nichole Connors for \$305,000.

10 STAGECOACH LANE was sold to Nga Vole by Maria Mancini and Stephen Amato for \$875,000.

11 TAPPAN WAY was sold to Todd Rogers by Tappan Way RT and D. Bruce Wheeler for \$1,195,000.

7 WITHAM STREET was sold to Judy Barry by Baggeroer NT and William Baggeroer for \$388,000.

-NORTH READING-

63 CENTRAL STREET #207 was sold to Diego Giacalone FT and Elaine Winsor by Central Pl Senior Liv for \$405,000.

14 COUNTRY CLUB ROAD was sold to Kristine and Scot Martel by Sage Dev Corp for \$725,000.

6 EAMES STREET was sold to Gregory and Priscilla Arsenault by Denise and Andrew Schille for \$463,000.

120 ELM STREET was sold to Kristen Nuttall and Michael Swartz by Michael and Patricia Gregory for \$345,000.

3 ELVIRA ROAD was sold to Ann Clegg-George by Claire and David Schecki for \$400,000.

9 HICKORY LANE was sold to Jennifer and Scott Berkley by Kathleen and Lawrence Sullivan for \$530,000.

1 LEANDER ROAD was sold to E&G RT and Edward Melanson by North Shore N Read Hold for \$632,000.

24 NORTHRIDGE DRIVE #24 was sold to Kathleen and Lawrence Sullivan by Lucille and Robert Hammond for \$390,000.

15 PARKER DRIVE was sold to Brian Fitzgerald by O'Connor FT and Gerald Fitzgerald for \$360,000.

37 SPRUCE ROAD was sold to Andrew and Karen Campagna by Howard Solomon for \$625,000.

24 STRAWBERRY LANE was sold to Patrick Bratton by Darlene Baldwin for \$565,000.

3 WILLIAMS ROAD was sold to Callahan FT and Marianna Callahan by Sheryl Sarkis for \$395,000.

-READING-

35 AVALON ROAD was sold to Jennifer and Scott Hardin by Sharon and Sumner Burr for \$535,000.

43 BANCROFT AVENUE was sold to Julie and Charles Pizzano by Priscilla Poehler for \$475,000.

23 CHARLES STREET was sold to Rachel Levy and Shawn Ciotti by Richard Rullie for \$375,500.

10 EATON STREET was sold to Michael Doherty by Jennifer and Scott Berkley for \$365,000.

75 HANCOCK STREET was sold to Saula and Christopher Huntington by Old Mill RE Corp and David Hurley for \$392,000.

16 LAFAYETTE ROAD was sold to Christy and Oshedi Gunesekera by Bevin Philip and Rebekah Ghosh for \$355,000.

295 MAIN STREET #22 was sold to Aaron Verno by Jennifer Kane for \$205,500.

831 MAIN STREET was sold to US Bank NA by Jefferson

Transfers to S-15